

MATRIX V: The Gold Edition
Quest of the Spirit – The Ultimate Frontier

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Observations: The Wiz

I've just finished watching my dvd of *The Wiz* (1978). In Matrix 5, I wrote about the 1939 version of *The Wizard of Oz* and interpreted sections of it to the Game. Frank Baum wrote his child's story, *The Wizard of Oz*, over 100 years ago. It's amazing that that book would spin into several versions and visual interpretations. What is behind *The Wizard of Oz*? More than one Higher Self as it evolved into these 2 major films. There is so much hidden in this story that even the Dark polarity has used and warped it to serve them with the sex slavery based in the US (read Cathy O'Brien's book *Trance Formation of America*. The keys and examples, primarily woven in the 1939 and 1978 versions, are waiting for Very Advanced and Final Incarnations to discover.

In my 1939 interpretation (partial) was to set those incarnate interested to uncover more, if so moved. Now to give you some observations from the 1978 version as well. *The Wiz* is more sophisticated with its lessons.

Ease on down the road - The road is your individual Path. Yellow bricks are chosen as yellow is the color of the mind and mental activity. Using your 'yellow brick road' is when you start going within to find your way. Along the way, Dorothy (the Unawakened Final Incarnation) meets her 3 Dominant incarnations: Scarecrow, Tin Man & Lion. They all are parts of Dorothy. Note that in the early part of the film, Glinda (reflecting Balance in the 1939 version) is representative of a Higher Self in this version. Glinda caught Dorothy in the snow tornado and took her WITHIN herself (OZ) to discover her Path and reach Awakened status. Note: the 2 versions present some different and some similar lessons, but you must discover them.

Going down the yellow brick road, besides Dorothy meeting her 3 Dominant Incarnations, she also meets her other incarnations in the form of the Munchkins, Winkies and Emerald City inhabitants. The Emerald City inhabitants are pure mid levels. Everything centers around their deity, the Wiz (the Game). Whatever the Wiz dictates, the sheep follow. Colors of the moment are used in this film for whims of deity and conforming to society.

The Winkies, at first, are slaves to the Wicked Witch (another facet of the Game) and work in her 'sweat shop'. Eventually Dorothy, while beginning to Awaken is not yet fully so, frees these incarnations by flushing Evillene down the toilet. This refers to eliminating the Game's controls over your life. Once the witch is dead, *A Brand New Day* is the peppy song of freedom. What are they free of? The Game. Once they realize they're free, they remove their ugly exteriors (incarnational bodies), they see their true selves and rejoice in who they really are - "Can you feel a brand new day?!"

Dorothy and the 3 Dominants wind up back in Oz, catch the wizard sleeping and discover the *Wiz* is a phony. A significant departure from the 1939 version, the 1978 version does not have the *Wiz* giving anything to anyone but is rather a totally pathetic character. Dorothy is the one who gives the Scarecrow, Tin Man and Lion what they search for *by teaching them to go within themselves*. Now as the Awakened Final example, she's able to surpass her 3 Dominants and assist them. Dorothy says 'what you seek is within you' and 'you never needed someone else to give to you what you already have'.

The *Wiz* asks if Dorothy can help him too. Her advice to him (and to all those who are playing the Game and want to escape) is 'you'll never find out what's within yourself as long as you stay within the safety of this room'. In other words, you'll never find out what is

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within yourself, your Real You, if you stay within the illusionary comforts that conforming to the Game brings. Believe in yourself is the main theme at this point.

Glinda, who has been watching all along and is described by the Wiz as having 'great powers' finally makes herself known to Dorothy thus completing the Awakening process. Dorothy want to return 'home'. Home is actually WITHIN your Higher Self. Lena Horne sings Believe In Yourself as a reprise to Dorothy after she sang it to the 3 Dominants. "Believe in yourself as *I believe in you*" sings Glinda. *The Higher Self KNOWS Dorothy AND her incarnations will succeed, BUT she concentrates on Dorothy since she is the Final Incarnation and is telling her that she has to find this out and prove it to herself.*

I would change this slightly. Belief in yourself is the *first* step, but KNOWING who you are is your goal as *knowing requires proof*. "Know yourself as I know you" is the next step, for once you KNOW, you are only a step away from BEING your Higher Self.

"Think of home" Glinda says. "Think of me, your Higher Self" is implied for *I AM* you. Glinda asks Dorothy what she's learned. Dorothy responds, "I've learned that I must look inside myself to find love". As I've said before, English is a piss poor language to describe what she calls 'love' here. It is a woefully inadequate word to describe the awesome sensation that you receive from your Higher Self. I KNOW. I've felt it several times. When I was in the Forbidden City in China, I had to steady myself since it was SO powerful. 'Love' just is not the right word. You'll find out what I mean when it happens to YOU.

By the time Dorothy is ready to return to 3rd density Earth, she's Awakened and is far from her Unawakened state of when the Higher Self, Glinda, decided it was time for shim's Final to Awaken. What a film! I encourage you to watch BOTH versions of *The Wizard of Oz* and see what YOU can see. This is one event that contains several keys very useful to a Very Advanced and Final Incarnations.

Suppression of Individuality

While I was getting up this morning, the radio talk show had an army sergeant on the line. The army guy said he saw a recruit with hair too long (cutting away individuality) and proceeded to lecture him. The recruit held up a card and the sergeant had to stop bitching. Why? The sergeant said recruits are given a card that they just have to hold up when being lectured. It's a card that says the holder has being stressed and the stressor must stop! Can you believe that!?

Next the radio took some calls from teachers saying they cannot praise students who do well, nor encourage competition among students for fear of inhibiting the slower ones. The kids can no longer play dodge ball or regular 'touch' football. Now they can only 'touch' someone with a ball of yarn in their hands! The radio moderator went into a speech on how people's individuality is being done away with it and everyone is supposed to be identical.

THIS IS TRUE. This is part of the plan for readying Earthers for overt alien control. If you've read any of Wendell Stevens' books, such as Ummo, Iarga, Acart or other alien cultures, you'll find these cultures VERY uniform. Everyone is pretty much the same. Variety is almost non-distinguishable. They dress similar. Their homes are similar. They are BORING.

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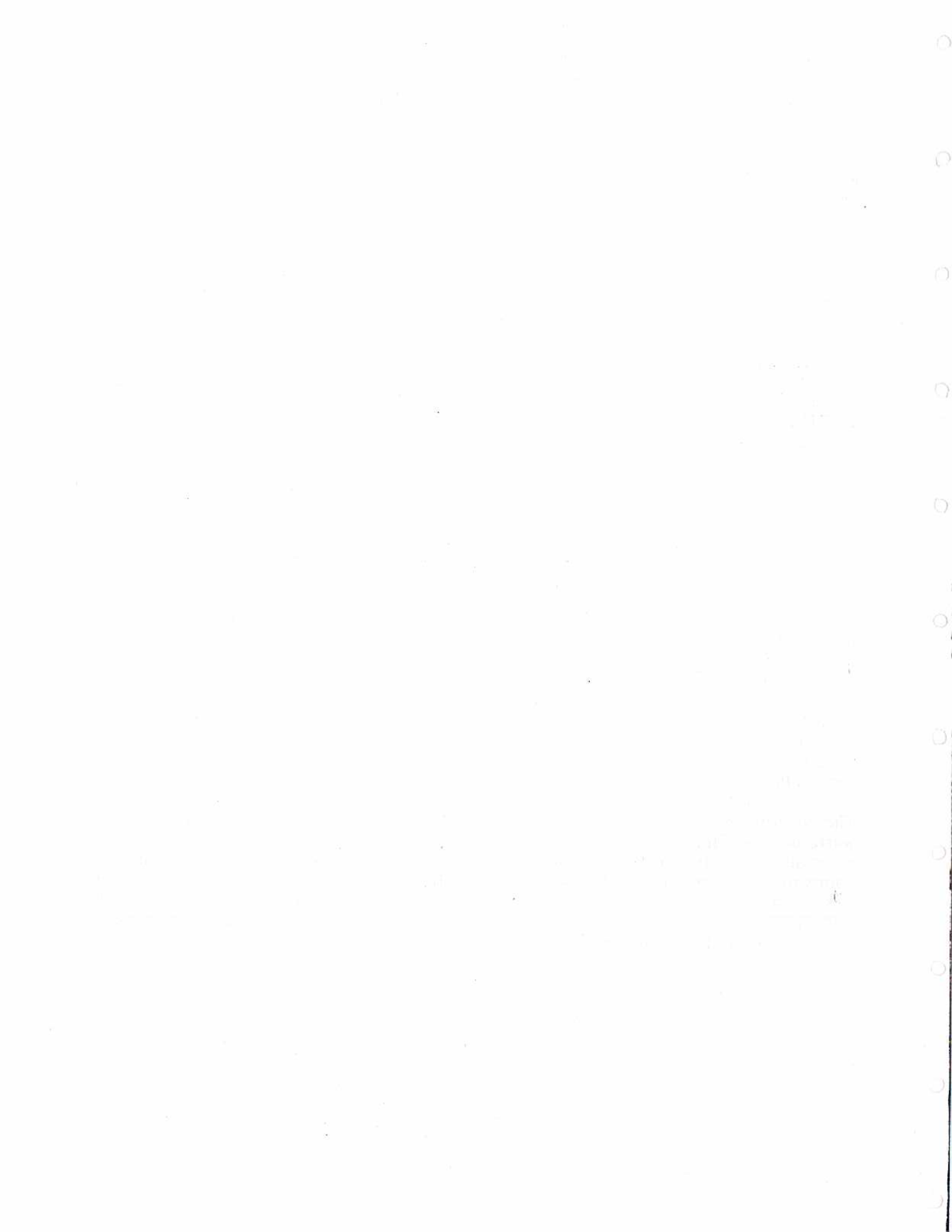
Earth has been very unique with the wide range of emotions and major differences in cultures/peoples. These have given those Higher Selves, who chose the Earther challenge, a great leap on those who chose the safer route of sequential incarnations. Also, the constant feed of information to the Higher Self from all shim's incarnations in a wide variety of time periods is tremendous.

The U.S. is rapidly increasing the lists of "You can't say" and "You can't do" while maintaining the false statement of 'freedom'. True freedom, as stated in the Bill of Rights, no longer exists in this country, but most people refuse to admit this. This is due to if they did admit it, they would have to do something about it. Then, take into account the majority of people on Earth are minion incarnations who will do NOTHING as long as they're fed.

One reason Earthers have been quarantined is because of the nature of the Higher Self-incarnated Earther. OTHER PLANETS FEAR WHAT EXPOSURE TO EARTHERS WILL DO TO THEIR POPULATIONS. Earthers take their unique perspectives and try to spread them. True, poisons such as Earther religions (primarily one god religions) and arrogance are negatives, but there are those who have advanced beyond religions and do respect those different than themselves. These Advanced incarnations would do quite well with alien cultures because they would not try to change them, but appreciate them for their own uniqueness. Even so, these Advanced Earthers are STILL considered threatening to many alien planets. The independent natures and non-conformist attitudes of the Advanced Incarnations pose a different kind of perceived threat that might spread undesirable ideas among the locals.

So, in order to try and get Earthers to fit into *alien ideals*, a suppression of individuality has been under way for some time. THIS IS ON PURPOSE. Knowing this, what can you do? Really nothing. As Monroe correctly said, you will *not* be able to change the direction that the planetary leaders are dragging Earthers (barring a major, planetary uprising). With all the minions, this is not possible. What you can do is continue to improve yourself, LEARN/READ/OBSERVE. It is much easier to beat the masses into conforming than to stifle individual thought, at least as of yet. They DO have plans to get into your thoughts as well. The true ONLY thing that will end the horrors of this Dark plan are Wild Cards such as Earth's Planetary Spirit and the 2012 time line ending.

The government is trying to seriously zap the Earth Planetary Spirit by burying nuclear waste deep within. This is like a cancer to Earth. The governments and their Dark alien allies also, according to Bruce Cathie's books, are placing energy into Earth's major grid points to contain reactions of the planet. The last time such a control of the Planetary Spirit was attempted was in the last days of Atlantis, and we all know what happened when Earth said, "NO!". Atlantis was gone in one day, so is the power of a pissed planetary spirit! It's time for Earth to take charge again.



Beyond the Third Density EndGame

Incarnational Images Within The Higher Self (Special Gold Edition Segment)

A simultaneously incarnating Higher Self has on the inner wall hundreds and hundreds of images of their incarnations that are ongoing in 3rd density Earth. That the images of that incarnation's head is on the inner Higher Self means that incarnation is still active in whatever time period (Earth or astral planes) that Higher Self chose for shim. This is controlled by the Nexus of Time within the Higher Self.

You will not see any alien incarnations created on the inner Higher Self because, once that Higher Self chose to take on the simultaneous path, all alien incarnations will have been ended. You cannot have an alien incarnation at the same time as you are on the simultaneous path. These incarnational images, via the Nexus of Time, are the sources of massive amounts of information going to your Higher Self. After the Game, ALL of this information plus everything you knew before joining the Game, will be available to you.

We have all kinds of incarnations. Some die very old, some die very young and most die in every age in-between. Now this will be a mind numbing concept if you are not ready to grasp it, but because we are on the simultaneous path, even the incarnation whose body dies shortly after birth is not inactive until it is no longer on the astral. Some can remain on the astral for a long period. You could have an incarnation that died in 24 C.E. which is about 2000 years ago, still not dead in the frequency of 2003. That image is STILL on your Higher Self's wall due to the fact that 'time' does not exist and certain incarnations can be suspended/time slowed down to accommodate the simultaneous path. This is difficult to understand. Don't get weary over it. Push it aside if you cannot yet handle the concepts.

It isn't until the Final Incarnation is complete that the Final will access the Nexus of Time and summon all the incarnations back to that Higher Self, that the images are no longer present. As each incarnational stream is pulled back within the Higher Self, that image fades from the wall. This will happen *very* quickly when the Final Incarnation performs this action. The orb on the Nexus of Time will revert to a smooth globe. The Nexus of Time itself will be reintegrated into the Higher Self as it will no longer be needed. The Nexus of Time is not an external device, but *a creation of the Higher Self for use by that Higher Self*. The Game is over for shim. It's time to move on.

This material is very, VERY Advanced. It may not help the incarnation reading it, but it definitely will help your Final Incarnation wherever shim may be.

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Higher Self & Incarnational Stream Data

(Special Gold Edition Segment)

In other Matrix 5 segments, I've discussed both the inner and outer Higher Self from the perspective of a Final Incarnation. In this brief segment, I want to focus on the connection between the Higher Self and shim's hundreds and hundreds of incarnational streams. A look at the cover illustration shows a few of these streams connecting to various incarnations. There are well over 1,000 such streams for *each* simultaneous path Higher Self.

The Higher Self is aware of each of these streams and shim's concentration on each of them is constant. If you look at your Higher Self, you could see the enormous amounts of information/experiences streaming into the Higher Self via the Nexus of Time connections and the images of the incarnations on the inner Higher Self wall. The data processing is blindingly rapid and not one bit of information is ever lost. You would find it amazing to watch.

When it is necessary, the Higher Self sends a pulse of information to various incarnations. The pulse can be anything from an idea/thought to direct intervention in the incarnation's life to prevent a rupture of the experiential path for that incarnation. Dreams and visions are two of the methods that the Higher Self can also use to communicate to shim's incarnation.

It is interesting to see the pulse move down the stream. It is gold tinged and distinct from the rush of energy streaming into the Higher Self. If you ever get a Higher Self pulse, there is no comparison to the sensation. I have had many of them since Awakening. They can come at any time, I've discovered, and they have reached me no matter what I am doing at the time. This includes driving. I've had a few very interesting pulses when doing that. The Higher Self pulse is truly unique and extremely powerful. It contains an emotion that would the word 'love' is totally inaccurate to describe. There are no words to accurately describe this sensation, but the experience is beyond breathtaking.

Of course, with certain incarnations, there is more activity, such as Dominant incarnations. Activity is unprecedented with the Final Incarnation, especially during the Awakening process of that incarnation. Once Awakened fully, the Final becomes more and more the Higher Self. This culminates in the Final Act and the summoning back of all the incarnational streams. Refer to that segment for more information on that topic.

Once the Higher Self is reconstituted into shim's complete form (minus Game adaptations), the total of all experiences (pre-Game *and* Game) is now part of the whole you and assists you with everything you will do in following stages of your progression. You have completed the 3rd density Game moving on. Meanwhile, back in the Game, the sequential Higher Selves will be slowly moving on and the Orion queen will still be looking for the non-existent physical immortality. Aren't you glad you chose the simultaneous path?!

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Latter Incarnational Stages of the 3rd Density Game
(Special Gold Edition Segment)

In the latter incarnational stages of your 3rd density Game experience, your Higher Self is breaking numerous experiential loops. The experiences have been sufficiently gained and the spirit has matured, in each of these incarnations, so that the loop breaking is self-motivated. By 'latter incarnational stages of the Game', I am referring to a Higher Self's Very Advanced and Final incarnations and *not* the 'time line'. While all simultaneously incarnating Higher Selves are having experiences in EndGame (for at least part of it), the latter stages can and do incarnate in *almost* any time period. This is dependent on the experiential needs of each Higher Self as to *when* shim wants to experience *what*.

An Awakening Final Incarnation may discover various anomalies that shim has no conscious memory of being instructed about. *Matrix V Gold Edition* gives you the keys you need to proceed and embolden you to be adventurous. I have discovered several in my experience and I have discovered that some of them are not limited to Final Incarnations, but seem to be found in certain Very Advanced. One of these that I will mention is the *silver cord*.

The *silver cord* I saw around me is not the same thing as the incarnational extension from the Higher Self. A few years ago, while doing an out of body journey, I noticed a *silver wire* in my bedroom. It was not attached to me but just there. I grabbed the cord and was rapidly transported somewhere else where I had a major personal event that I cannot discuss. The reason I am mentioning this is that you may well run into strange or unplanned experiences. If you are still fear bound, you will cringe at the unknown. If you are Higher Self/spirit in control, you will have the wisdom to know what you should do even if you don't know the outcome.

I have seen the same type of *silver wire* near a few other people in the current time period. Although I have informed them of it, it will be up to them to get out of their bodies and decide what to do about it. That may or may not happen in their current incarnations, but this cord will be a phenomena that will be nearby until they have the ability to see it on their own and decide what they want to do. It may be that the *silver wire* cannot be utilized by any *except* the Awakened Final Incarnation. However the fact that the *silver wire* is there suggests to me that they are a Very Advanced and close to their Final. You cannot force these exotic experiences. You must be ready to handle them properly.

If you are still fear bound and lack the adventurous spirit needed to be successful beyond the 3rd density, you will not be able to have these types of experiences. Fear is your greatest enemy in any and all densities. Yet a reckless nature can be just as bad. This is why the 3rd density Game adds much needed wisdom to your Higher Self. Without this wisdom, you could not function well in much higher densities.

There are other beings, in higher densities, who have an interest in the Game in so far as they will ensure that the Game does not exceed its limits. There are those IN the Game who seek to force it to continue into densities of Balance. This just will NOT happen, no matter what they do. The Orion Empire is one of those who look for a technological means to expand the Game. They will have to learn the limits of the Game. The Game itself will eventually conclude, but that is FAR in the future and LONG after the simultaneously incarnating Higher Selves have departed. There is no rush. We have eternity, after all!

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Observations: Polarities - Your Factions Are No Longer Significant

When you have reached the levels of either Dominant, Very Advanced or Final Incarnations, you are leaving the matters that the polarities THRIVE on or have left most of them behind as you spiral upward. We are warned of the dangers of those STILL playing the Game who try and drag those spiraling out BACK into the Game. "Be like us", "Believe like us", "Don't do/say things that make US uncomfortable" and so on are all spewed forth by those in the polarities, especially the Light-siders.

This is why M5 is often under attack from Light-sider groups because they can't stand independence of thought/ action especially when the source of it DOESN'T try to force it on them. They are SO use to mob rule/mentality that TRUE individuality has no place among them when it upsets the group. One of the dangers of being in the low-mid Advanced levels is that they cling to mid-level tactics, not having spiritually advanced enough to embrace the Law of Allowance. They FEAR what is different. If they were what they'd like everyone to believe, they would ignore what doesn't work for them and move on. Instead they wail and moan (savior complexes - pure mid-level and pure Light-side). They also work with a mob mentality (notice the over use of the words 'we' and 'us').

These types will exist right up to the end of 3rd density Earth BUT when you spiral sufficiently away from these gnats of the lower spirituality, you can say, "Your faction is no longer significant" and close your input channels to their ravings. They are part of the rocks on the Rocky Road that you must overcome IF you choose the faster path. It's interesting to that most of these types have alien sponsors. Hmmm, remember what I wrote in the Second Edition new materials about that.

More on the Earth Quarantine

This writing will further explore the Earth 'quarantine' imposed by the aliens. As I said earlier, the quarantine is to keep Earthers away from the general populace of alien planets. There are some flimsy excuses for it given by aliens, but the core reason is due to the massive difference between simultaneous Higher Self incarnations on Earth vs. sequential Higher Self incarnations on other worlds. Push the minion incarnations aside and you'll find Earthers with Higher Selves to be processing HUGE amounts of data from all incarnations in many 'time' periods. Meanwhile, sequential Higher Selves are processing the information available to one incarnation at a time.

Beside the experiences being processed, Earther Higher Selves also have a total range of emotional expression. This lacks the control aliens have on their planets where they view emotional independence as contrary to stability. The genetic alterations, that have become Earther humans, are responsible for what we are today. We tend to have radical ideas, express all forms of emotions and can be extremely independent. These are viewed as threatening to the status quo of alien systems, hence the quarantine. Now, I can see aliens not wanting those obnoxious christian/muslim religions being spread beyond Earth as they cause nothing but problems and false dependencies. The aliens tip-toe far more around Very Advanced and, definitely, Final Incarnations due to their awareness, especially in a Final, of the Game and what is going on.

You notice that all types of aliens come and go from Earth? If it were a true quarantine, NO aliens would be here. Not only do they come and go, but they also live among us in various disguises.

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Notice how few people are chosen as contactees? Do you also see the type of people they chose as contactees? Edward Meier in Switzerland, contactee of the Erran Pleadians, is VERY uneducated and continually debases Earth humans (calls Earthers 'worms') in his materials. The Errans do nothing to discourage this. Another contactee, Alex Collier, is very Mid-level oriented, reveals himself as dependent on his Andromedan Zenetae contacts and fears for family and self so much so that he uses a mouthpiece to talk for him now and is very reclusive. Do you ever hear of an alien group contacting an Advanced incarnational Earther? Nope, and you probably will not. They love Lightsiders because Lightsiders love to give their power away and the aliens are held in awe by these contactees who never find fault with them or ask the hard questions.

The Higher Selves in sequential incarnations are very aware of the Game of 3rd density and know well what is going on with the relatively small group of Higher Selves who have chosen the far more difficult Earther Path. They are really the group ultimately behind the quarantine. These Higher Selves, working through their incarnations, are trying to contain and even thwart those who have chosen the Earther Path. This is why the aliens and their Earther allies who control the planet are engaged in suppressing individuality.

So-called 'political correctness' is a mask for trying to force Earthers (focused in the U.S.) to suppress individuality and embrace conformity. The 'you can't say/do' lists are growing in leaps and bounds partially to divide the population but more so to suppress the Earther Higher Selves in an attempt to delay their advancement. It's all part of the Game. It should not be looked at as vindictive by the sequential group, which is easier to say than agree with. The Game is far more intense than you can imagine, but understanding the Game will assist those Finals and Very Advanced Incarnations in being aware and knowing options open to them. Due to the nearness of the end of the world as we know it (2012), the Game players are rushing to forestall the inevitable. Hang in there, fellow simultaneous team. We are nearing the finish line!

Body ID & Extinctions of Species

The news last night had a segment about pandas and how there are only about 1000 of them left in the world. As usual, with a guilt/panic piece like that, there's lots of hand wringing and finger pointing. Actually the extinction of species has been part of the cycle since the creation of 3rd density Earth. Change is constant and a part of the Way things are. Due to immature/not mature enough and minion incarnations who revere physical life more than anything else (covered elsewhere in Matrix 5 materials), we have had this constant whining about species whose time has passed or is passing. Part of the passing is due to the Planetary Spirit no longer requiring incarnations in a particular plant or animal. The Planetary Spirit has no problem with shim's progression and has all the experiences, of being whatever species, stored within shim's Higher Self.

This does not mean that people should be reckless in dealing with Earth's plant/animal life. As with other polarity issues on this planet, you have two sides on this topic as well. There is the one with take/kill the resources at will and without regard, such as hunting for 'sport' when food is plentiful or damaging trees/forests for greed. The opposite is to submit yourself to nature and allow the resources to control you, such as not eating cows when people are starving or operating under the false belief that the nature realm is superior to the Earther Higher Self realm.

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Both are imbalance. You will have to spend time in both mindsets as part of your progression for understanding.

The clinging to life as 'sacred' is a feature of 3rd density that you will have to come to terms with. It isn't physical life that is sacred. The experiences GAINED through physical life are sacred. And by 'sacred', I DON'T mean bow/scrape/worship as that is power giveaway. These experiences are stored ETERNALLY within YOUR Higher Self. THAT is what is important as well as the Advancement gained by having these vast amount of experiences and what you've learned/how you've grown by having them. The physical is ONLY the vehicle to learning.

The Universal Laws, primarily Allowance, says that people have to Advance on their own levels and in their own times due to their individual paths and without coercion from those who have "been there/done that". The purpose of this segment, as well as Matrix 5's materials, is NOT to MAKE you act ANY way. What I continue to do is give you glimpse of true realities for your consideration.

ALL species will eventually become *extinct*. It's a *3rd density hallmark*. Earther (Higher Self incarnated) *humans will eventually become extinct as well*. This is VERY good as that shows that those Higher Selves have all completed the Game successfully. Clinging to life at the denial of experiences is what the Game wants you to do. Deny your spirit since, they say, your physical life is everything. It is not. That is a lie which is the *core word* in the word beLIEve. You will have to come to your own realizations of this. Remember what I've said here and in Matrix 5.

What the Higher Densities are NOT

The Light polarity followers, the Lightsiders, would have everyone believe that it is necessary to conform to their restrictive standards of speech and mannerisms 'in order to pass into higher densities'. As with the Dark polarity, a prime feature of polarities is setting fences of 'you can/can't do/say'. The polarities are behind the current limiting society present in the U.S. today.

Lightsiders are notorious for trying to force everyone to 'behave', to get along, to be 'nice' with each other and to 'conform'. Doesn't this sound like the alien interference to stifle individuality? Yes, it does as the aliens continue to interfere on Earth.

Throw in some colorful words like 'fuck', 'cunt' or 'shit' and watch them roll their eyes and shudder in pious revulsion. (Read my Matrix 5 writings on so-called 'dirty' words.) No, they say, you can't say that for they are offended. GOOD! Let them be offended. They may wake up if offended enough. Lightsiders would have everyone believe that the higher densities are like christian 'heaven'. This is FAR from true.

If you want christian 'heaven' you can go to Monroe focus level 25. That this is BELOW the Park/Library level 27 should tell you something. The higher densities do not get hung up on words and mannerisms as INDIVIDUALITY is not only respected but is necessary to succeed and interact on those levels and individuality is encouraged and unrestricted.

Lightsiders have made themselves the priesthood of language and manners. Priesthoods take power away from the people. Reclaim your power and stop worrying what others think. Everyone is at different levels of advancement and Lightsiders HATE being told they have

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far to go to reach it. Lightsiders will try phrases of shame, fear and disapproval to get rebels to conform to THEIR standards. This is another hurdle, another rock (boulder) in the rocky road for us to overcome. Take courage, for you WILL overcome the polarities.

Another comment Lightsiders like to use is that they are in 'balance'. They also like to say that balance is everyone loving and, basically, like being in christian 'heaven'. Hell, it IS the christian heaven with New Age clothing! These Lightsiders haven't a clue what Balance is. To reach Balance you have to overcome this love & light bullshit! Love, from the Balance perspective, is vastly different than the 'love' of the Lightsider polarity. Balance 'love' is far more intense and very genuine. Lightsider 'love' is plastic and lip service. All this will become clearer to you as you advance. It will unfold for you and you will eventually say 'Now I know what he was talking about'. Hang in there.

Observations: Matrix V - Guide or "bible"?

When I wrote my material in Matrix 5, it was intended to serve as a guide by giving my experiences and discoveries. Many readers DO see it as intended, but there are those who are trying to make it their New Age religion and, therefore, a bible. When these people make M5 a source for their religion, it indicates they are still experiencing mid-Advanced levels which still require some type of external control device(s).

I bounced a person, from the Matrix V Forum (when it existed), who was "trying to convince" others to "follow" M5 and then he gets upset because I won't be his 'master'. It is SO easy for Earthers to corrupt anything they get their hands on due to DNA command structures and their current level of spiritual progression. TRUE individuality scares them. You cannot progress to higher than 4th densities unless you can function as an individual. This occurs, guaranteed, in your Final Incarnation.

Another bounced person was just one in a steady line of people who want to give their power away to me and I DON'T want it! There are plenty of people out there who would be more than happy to take your power. Earthers are SO use to giving away their power to externals that they don't know how to react when someone DOESN'T want it. They have tried various victim/victimizer modes to attempt to make me their teacher/'master'. It will NOT work with me. This is why I say Matrix 5 is for VERY Advanced and Final Incarnations. Low through mid-Advanced, while able to glean varying amounts of very useful information from M5, ALWAYS want to bow before some power-taking 'master' (too much fluoride/aspartame in their systems combined with a not-Advanced-enough spirit).

These types slither into the Group (not difficult), but when their agenda blooms, out the door they go. I will not allow the Group to be polluted by those who have less than Very Advanced spiritual mindsets. When they get bounced, the victim/ victimizer mode REALLY shows in their sobbing 'why did you bounce me' emails.

Everyone's Path is unique to their Higher Self. My experiences are mine and you may well NOT have many that I have had. That's up to your Higher Self. Some things written in M5 are other density realities that are fixed, such as the Library on Monroe focus level 27 (even though that will have a limited existence as Monroe knew). The appearance of the Higher Selves is also another fixed reality, as shown on the cover of M5. As I've continually said, you MUST go within to find YOUR Path and YOUR experiences.

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Matrix 5 is not a bible. It's a guide. Use it as such and you will progress further and faster. Also, don't try to force what you are not, at this time, able to accomplish. Finally don't compare where I am to where you are. Enjoy YOUR incarnation. Your Higher Self is benefiting from the information you've read in M5 and it IS of use to your Very Advanced and Final incarnations elsewhere in 'time'.

Everyone remember that we are all at different stages of our Higher Selves' Path, so perspectives can be widely different, and what works for YOU now, at your stage, may not work for someone else at THEIR stage. I suggest people can give advice from their perspective, but NO orders or you'll be like others from low, mid and up to mid-Advanced levels who want conformity. Each individual must discover their individual Path. Other than advice, you have to let people be where they are. Revel in variety and not conformity.

Library On 27 & Past Events
(Special Gold Edition Segment)

The Library on Monroe focus level 27 has been referred to in the earliest Matrix 5 materials. There is an artist's rendering of a small section of the Library in the M5 materials. You can find basically whatever you want to learn of about 3rd density events and more. At the Library, you can receive assistance in your search. Robert Monroe, in his must read trilogy, states that the Library is a temporary feature since it is no longer there in a future vibration. This is because the simultaneously incarnating Higher Selves have departed the Game and the Library, which was created for Higher Self incarnations, no longer serves a purpose.

You will have several incarnations that access this structure. For one, ALL Awakened Final Incarnations *do* use it and what they learn there forms the basis of many 'ideas' that seem to pop into their minds while incarnate. If that Awakened Final has conscious astral travel ability, shim can go there any time shim desires in the pursuit of information necessary for that incarnation.

When you create your own residence on level 27, as per training at The Monroe Institute, you can also install direct access to the Library. Here's a revelation for you: The Library was constructed by all the Higher Selves engaged in simultaneous incarnations and contains information gathered by these incarnations. The reason why the Library will cease is that these Higher Selves will it to cease and stop inputting energy into it upon leaving to higher densities. If any Higher Self moves on before the others, the Library will remain. It only takes one Higher Self to keep it in existence. So, basically, when the last Higher Selves move up from simultaneous 3rd density paths, they will figuratively 'close the light' on that project.

In the Library, you can locate VERY interesting information on *any* historical event you may wish to find the truth on. Atlantis...yep, easy - what were they involved with when it sank and what aliens were also involved? The Pyramids of Egypt - discover who built them and the myth of slave labor to construct them. What hand did the Orion/Sirian Empires have in Egypt? Roman Empire - what really went on in private and how the Vatican is a remnant of the empire. Ancient Earthers - the circumstances surrounding the split from uni-gender to 2 separate genders and the heavy alien hand. Formation of the USA and George Washington - loads of myths about that exist today. Slave owner Washington was not the saintly person they'd like you to believe. Abraham Lincoln, traitor to his office as President for scraping the Constitution in 1860 and who was pushing his buttons. His

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actions ended 'freedoms' in the US. Slaves were never included since those who ran the country, all Masonic leaders, knew of the creation/purpose of that race from the aliens who did the creating and the destiny of the Game at that stage. Franklin Roosevelt who allowed the bombing of Pearl Harbor at the demand of who controlled his buttons at the time. Actually you can read about the string of oath breakers who have always been in control in the US and other supposedly 'free' countries. You can read the real histories without the deceptive illusions called 'history' today. Which aliens was Hitler dancing too and what his American backers hoped would never see the light of day?

Actually, there is no event you couldn't find in the Library and *the information is pure*. Of course when you can consciously go there and see for yourself, you don't go snatching records and reprinting what you know for anyone who wants to read on 3rd density. There's a *maturity* aspect involved to those with conscious access. If you seek information to use *against* the Game, your Higher Self will not permit that from the incarnation. That is part of the Game rules your Higher Self agreed to. You can use the information to instruct yourself for personal knowledge, but not to crusade and seek to undo the Game. What I tell you in Matrix 5 is for *personal enhancement* and *deception-removing* ONLY. YOUR Higher Selves know that as well. Several of our Higher Selves are doing a lot of extra to assist our fellow simultaneous incarnating beings. When you reach that final stage and recall your incarnations, you will learn A LOT more information that will take you considerable time to process. It is worth the wait.

The Library on 27 - Part II
(Special Gold Edition Segment)

A comment was made to me that isn't the Library on Monroe focus level 27 "man made". This requires a double answer. For one, "man made" shows a lack of understanding about the incarnation. "Man made" refers to a body creation. 3rd density bodies cannot create anything other than 3rd density objects. Astral objects are Higher Self made or Higher Self incarnation made.

The second part of that comment is that although incarnations on the astral do create objects/homes, etc and they can alter the Library building shape, the information itself is generated by the Higher Selves engaged in simultaneously incarnating. All this information can also be found within your own Higher Self. This information will remain as long as a single simultaneously incarnating Higher Self is participating in the Game.

The Library is NOT available to sequential incarnations. While that group has conscious memories of their 'past lives', a bonus for the *far* slower progression of sequential incarnation, the Library is a bonus for the rapid path simultaneous group. *Before* the Game had begun, those Higher Selves, who agreed to participate, agreed to the rules of the Game. Just as when you play chess or any other rule-bound game, you don't change the rules once the game has started. Your Higher Self is conscious of all Game rules even though the incarnations of that Higher Self do not. Your Higher Self will ensure that the rules shim agreed to are maintained in the Game. Robert Monroe is to thank for bringing conscious awareness of level 27 and the features of that level.

When/if you create a residence on level 27, you can have a link to the Library. It can be a computer-like device or even books on shelves. I have a book for each year of my current incarnation's life, for example. When I open any of them, I can read what I was doing. If I open the current year, the latest entry is "Then I opened my book on the astral". The

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updates are automatic. The connection is via my Higher Self. The only limitations you may experience are those you believe exist.

Besides reading any historical truths about Earth, untainted by the polarities, you can read other 3rd density histories as well. Information on the reptilians, the oldest race in the galaxy, is abundant. Also how they *began* as male-dominated society at first before the far more vicious females ruthlessly seized power. You can read about alien alignments, polarities and wars. Sequential aliens have exceedingly LONG histories due to the nature of their incarnational path. Much of the alien histories comes from sequential incarnates who decide to switch to the simultaneous path. It is not common, but it does happen that an alien living among Earthers becomes enamored with the simultaneous path and that Higher Self changes path. This is allowed by Game rules. This is one of the reasons for Earth's quarantine by aliens, as discussed in earlier Matrix V materials.

I have never been to the Library when it is crowded. People are always coming and going from it, but no mobs. If an incarnation is not mentally oriented on Earth, that incarnation will not be on the astral. Those drawn to the Library are those who were mentally oriented. If an incarnation is not sufficiently Advanced, there is a fear of what the incarnation may learn in the Library. Icons are smashed. Deceptions are shredded away when you access the Library's materials. Are you able to handle that? If so, you will welcome the knowledge. If not, you will avoid it. However, a more Advanced incarnation of your Higher Self will definitely embrace the Library and your Awakened Final Incarnation will spend a great deal of time there while *shim's* physical, Earther body sleeps.

The Library is the most fascinating feature on level 27, in my opinion, due to the immense amount of information available to those who know what to search for. We have our Higher Selves (which, as you know by now, are the REAL we) for deciding to incorporate this into the Game.

The Game & Galaxies
(Special Gold Edition Segment)

In the Matrix 5 materials, I have continually referred to The Game and how it applies to Higher Selves involved with both the simultaneous and the sequential paths. Earth is the center of the Game *in this galaxy* due to this being the planet for simultaneously incarnating Higher Selves. The information that I have given in Matrix 5 refers to *THIS* Game in 3rd density Earth. This Game is strictly taking place in the Milky Way galaxy.

In one of my weeks at the Monroe Institute, we had an exercise that took us far beyond our galaxy. From the blackness beyond, I looked to the left and to the right. I saw different galaxies in both directions. What is going on in each of those galaxies are *THEIR* versions of The Game and each is being played by other Higher Selves on either simultaneous or sequential paths.

A simpler way to explain this is to say, if you are playing a game of Monopoly on one table, others are playing Clue on another table and still others play something else on another table (and so on), you have various games going on at once. Think of each table as a galaxy. The Games are different BUT the each Game has the same basic goals: to gain experiences and escape (end) the Game. If you are playing Game A, you cannot go to Game C and barge in. You (your Higher Self) chose which, of all the Games available, to play.

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In each galaxy, there is a type of Earth or central planet/system for the simultaneously incarnating Higher Selves to progress on. The basic experiences are the same, but the settings can be VASTLY different. We can all have access to information from all the galaxies when necessary, but after you have had your Awakened Final Incarnation here. Your concentration and focus belong here, not in the other galaxies.

There is A LOT of variety and outstandingly interesting things going on 'out there'. In order to appreciate them fully, you must complete your Advancement cycles here. You need that wisdom and maturity to handle that information properly. As we progress in EndGame on the 3rd density, the Game here is rapidly drawing to its conclusion. It won't be long now before it is time for us to move onward.

The First Experiential Loop
(Special Gold Edition Segment)

In Robert Monroe's trilogy, he mentions the desire to return "home". He persisted in this desire until he was taken back to his first known "home". In this location, the spirit beings found there had the ultimate in naive attitudes. Monroe said that the music and colors were amazing. The simple games that the beings were playing caused them much joy. At first he couldn't figure why he chose to leave that location. Then he noticed that the music became repetitive as were the games. Those engaged in these activities were not interested in anything he had to say that was contrary to the music and their games.

What Bob saw was a very spiritually primitive experiential loop involving music and lights. He had Advanced so far that it didn't take long for him to see this. He now knew why he left this location in search of more. When one of these beings breaks this experiential loop, they move away from here in search of new experiences and, yes, what turns out to be new experiential loops.

After this primitive music/lights loop is broken, the being moves elsewhere until they discover one of the Games being played in the 3rd density. The maturing being looks at each of the Games and decides which one shim would like to play, knowing that they will only choose to play one Game to get the experiences shim needs. Each galaxy is another Game where polarities rage, although the settings are different in each one. In our galaxy, the reptilians are the oldest race. In other galaxies, other beings are the oldest race there, for example.

The Game-searching being discovers the rules and the sides that can be taken in each Game, the advantages and the disadvantages of all. The being notes that no matter which Game is chosen, if shim decides to enter a Game, that the end results are the same. The being realizes that if shim wants to Advance, a Game must eventually be chosen, but the decision is shim's own and no coercion is ever used.

The being that Monroe met on a higher density who demanded that Bob worship shim because "I am your god" was a being who has become familiar with the various versions of the Game and attempted to use what shim knew about our galaxy's Game to influence Bob. The being had no genuine power over Bob and knew it. So when Bob refused, the being went off in a fit of frustration. A Game involved simultaneously incarnating Higher Self has tremendously more abilities than one of these pre-Game beings.

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Experiential loops, from the original "home", that Monroe mentions in his books, all the way through the huge number of loops that we experience in the Game are all part of our learning experiences. Successfully breaking/overcoming these loops is similar to taking another step in a board game bringing you one place closer to winning. Think about this segment. Remember who you REALLY are and get ready for where you are going! [Ed.- See last page of book for Part II – a post-production segment!]

Galactic Endgame
(Special Gold Edition Segment)

EndGame on 3rd density Earth has been discussed in the Matrix 5 materials. Now I will tell you a bit more about Galactic EndGame. Read the Gold Edition segment entitled *Incarnating Paths and Higher Self Individuality* first to get a reference point.

The group that handles physical EndGame is the Nature Spirit Higher Selves. The simultaneously incarnating Higher Selves are the first to complete the Game. MUCH later, the sequentially incarnating Higher Selves, according to their group Advancement, complete the Game, at different stages, with the reptilians finishing last. The reptilians are the most resistant to spiritual Advancement. They prefer technological experiences. The more technological the sequential race is, the longer it takes to develop spirituality. Nevertheless, the reptilians will eventually complete their cycle and move on.

Meanwhile, the Nature Spirit path develops their own experiences/growth. When a Nature Spirit Higher Self complete a cycle, the planet they inhabit becomes dead. This does not mean that all "dead" planets are former Nature Spirit occupied worlds. There are many planets created just as mineral deposits by the Nature realm. These are not dead planets, just because plant/animal life does not exist. These are used by the Nature realm for mineral experiences. What these are will be made known to you when it is necessary. A true dead planet has no minerals and will not grow any plant life. Mars, for example, is not a dead planet, although it has been severely battered by the Orion Empire in the distant past.

Moving on, when a solar system has completed its cycle, the sun goes nova and explodes. The solar system Higher Self (Nature spirit inhabiting the sun) moves to the next level of shim's progression. The exploding sun signals the end in that system. As Galactic EndGame arrives, exploding suns will become more and more common. That is still quite a way off using linear time as a reference.

Black holes are another cleanup device. They draw into them whole systems that are broken down to their basic matters/energies. Black holes will become more and more common as galactic EndGame approaches. By then, we simultaneously incarnating Higher Selves will be LONG gone. It is not necessary for us to dwell on Galactic EndGame. This information is given just to give you a preview feel for what this final EndGame event will be like in our galaxy.

Post Game: Review, Compare & Share
(Special Gold Edition Segment)

We have all heard about how one's life 'flashes before your eyes' when death comes knocking at your body's incarnational door. This is the disruption of one of the DNA filters in your physical body and allows you to briefly tap into your Higher Self's memory stream *for that particular incarnation* in a genuine death situation. This is a rapid review of that incarnation's experiences stored within YOUR Higher Self.

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When your Final Incarnation has concluded and that incarnation summons, via the Nexus of Time, all of that Higher Self's incarnations to return to that Higher Self, that Higher Self spends a brief (relatively speaking) amount of time reviewing ALL of shim's incarnations and experiences. This is a look-back and sorting of a tremendous amount of invaluable information.

This self-review has been warped by religions to become a 'judgment'. This is an outright LIE! The lie exists to attempt to keep you in fear. When in fear, you are so easy to control. When you are out of fear, you cannot be controlled. No other Higher Self (that has participated in the Game) will find anything but fascination to view your experiences and visa-versa. One Higher Self may say, "you really had some time in the Game pillaging those villages" or "interesting that you chose so many lives as a prostitute" or "what were the most important experiences you had as a member of the SS in World War II?" or "you really learned a lot during that phase of your Advanced incarnational series" and so on. The questions/observations can last a *very* long time if you used Earth 'time' as a gauge. Remember, time does not exist and you have eternity to do whatever you choose.

Higher Selves will choose situations where they are the *central character* in some experiences, others where they are a *support character* in some experiences; some where they are the *oppressor* and some where they are *the oppressed*. Certain Higher Selves will choose to experience many incarnations with their Higher Self friends while in the Game. Roles will have been switched and interchanged many times over. Experiences galore will have been gained. Just think how much you have to discuss with a friend who you participate in activities with on the limited scale of a single incarnation. Try to imagine that on a scale of thousands times thousands times thousands! Not only that, but each Higher Self has the ability to share via rote which is the ideal form of communication. Rote communications bring multi-sensorials into play: sound, light, color, texture, 3D, and more.

The materials that I have been releasing under the Matrix 5 umbrella would not have been possible without assistance from other Higher Selves and their incarnations. For example, without Val's assistance, the M5 materials would not have been bound and published so anyone could obtain them. Yes, I would have written them and shared them with a very few, close friends, but this material is FAR too important to have such a limited exposure. Hence this time period of mass, global communications and the internet were necessary. There are some Higher Selves acting in a seemingly minor, but important (to me) roles of support. I will not go into that here, but just know they exist. This information dissemination was planned for EndGame a *long* time ago. *You now have the reality in your hands*. Wait until YOUR Higher Self sees the reviews that *you* are interested in.

Consider the Game and The Players
(Special Gold Edition Segment)

When you are playing a board or similar type of game with your friends, each of you takes on a different role during the game and during game activity. You become adversaries in the sense that you work within the rules of that game to win. This can include harming the other players' characters as in Dungeons and Dragons style games which can be quite elaborate. This can involve penalizing someone's game piece or even giving your best friend the queen of spades in the card game of Hearts. You can also play games where you have game level friends and work together to succeed.

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These examples are all minor versions of the 3rd dimensional Game we are in. Higher Selves *love* games. The numerous Higher Selves that are playing the Game are not adversaries away from the Game although they can be IN the Game. The sequentially incarnating aliens are playing against the simultaneously incarnating Earther humans. Just as in D&D, they may (and do) perform actions that are harming your pieces (incarnations). In the Game, you DO have some other Higher Selves who are your allies and you have many incarnational interactions with them. You assist each other in varied ways depending on the incarnation involved. This is mirrored by you and your best friend playing a board game as a team. You can still play the same game with other friends, but they choose pieces that try and keep you from winning. In the 3rd density Game, the reptilians and their allies are some of the major pieces working to keep us from completing. BUT this does not mean that their Higher Selves are 'enemies' outside the Game. They are not!

As I've said in other segments, the Game is multi-faceted and far more complex than the simple, non-existent 'good vs evil' that many would like to think it is. The Game is operating on several levels with different benefits on each one of them. Eventually the Game will end, first for simultaneous incarnates then for sequential. After the Game ends, all the players will spend much 'time' reviewing and comparing notes about the playing of the Game. This is discussed in another segment.

This past weekend, I attended a science fiction convention. There was an actor from *Star Trek: Deep Space Nine* (my favorite Trek series) who asked the rhetorical question, "why are the aliens always portrayed as bad guys". Those familiar with *Matrix 5* will know the answer to that BUT those incarnates who cannot see the forest for the trees can only still see 'good vs evil'. What the actor refers to as 'bad guys' is a comment on the sequential incarnates' playing pieces in the Game, but not the players who control the pieces.

You won't fully be able to appreciate the Game for what it is until you have completed the Game and had your full memory restored. Your Awakened Final Incarnation will learn A LOT about it (you have NO idea how much), but there is far more that will be apparent after the Final Incarnation has summoned all shim's simultaneous streams back via the Nexus of Time. Bear this segment in mind when you observe the 3rd density Game in motion.

Higher Self Departure - Game Graduate
(Special Gold Edition Segment)

When a Higher Self's Final Incarnation's physical has died *and* after that incarnation has finished shim's last tasks on the astral, the Final Incarnation returns to within shim's Higher Self to summon back all the existing simultaneous streams of that Higher Self. Something to keep in mind when considering this segment - I have written that when the Higher Self chooses to take on the simultaneous path that all alien/sequential incarnations have been absorbed by that Higher Self, hence there are no sequential incarnation images to be found on the Higher Self inner wall. They are already processed by you. When I state that each simultaneously incarnating Higher Self has over 1000 incarnations (hundreds and hundreds), this figure does *not* include sequential incarnations that have occurred before choosing the simultaneous path. How many total incarnations you experience in the 3rd density Game would astound you. You will discover YOUR answers to this when you have graduated from the Game and review all of your experiences.

The Final Incarnation moves to operate the Nexus of Time when ready to spiral away from the Game. The orb of the Nexus of Time is multi-faceted. The top, center facet is circular.

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All other facets are of all different kinds of shapes - triangles, squares, pentagon, rectangles, etc. Each one is unique to one of your simultaneous incarnations. The Final Incarnation knows how to use this orb to recall the energy streams. "Time" ceases to exist for these energies as they are reabsorbed into the Higher Self. The last facet, the top circular one is the facet of the Final Incarnation. The Final Incarnation does not travel within the Higher Self like a figure within a glass snow ball. When all incarnations are reabsorbed, the Higher Self reintegrates the Final Incarnation as well, discarding the Earther image which is no longer necessary.

The images are no longer on the walls of the Higher Self. The Nexus of Time has served its purpose and is no longer needed by the Higher Self. The energy, that the Higher Self used to create the Nexus of Time, returns to that Higher Self. The former Final Incarnation is no longer only a composite of 3-4 Dominant Incarnations, but, instead has become the newest version of the Higher Self. The new Higher Self is shed of all images/deceptions of the Game and is rich with fantastic amounts of experiences, sensations, emotions, etc from ALL incarnations in the Game, both simultaneous AND sequential. Now you move on to new experiences that you could not have appreciated at all or be capable to handle without having been a player in the Game of Third Density.

The Real Wonders: Beyond Earth

In *Ultimate Journey*, Monroe correctly states that the real problem, for explorers in the higher densities, is in attempting to translate what one finds into Earther languages. Many times I've told Val on the phone of wonders I've witnessed and beings conversed with, but that the English language is way too inferior to translate the information into. For example, English has 1 word (love) with many interpretations. Better that there were many words for the various expressions of love and each had its own connotation. When the wonders beyond 3rd density Earth are *seen* and *interacted with*, your life can never be the same again. Your vision looks beyond humdrum, every day Earth life to what lies ahead. True, you have no interest in these matters *before* your incarnational progress moves into Advanced levels and the ability to travel thusly will not likely arrive before VERY Advanced levels due to the maturity needed to interact with these vastly different events and beings.

Not only have you experienced, but you no longer rely on belief. Belief is for those who have not seen nor experienced. Once you have seen and experienced, even if no one believes you, it doesn't matter. Experiences are confirmations to you and that is what counts. Your life changes...YOU change! In this series of articles, I have told you SOME of my experiences and wonders seen...such as the Higher Self, the appearance both inner and outer of the Higher Self, the Ancient Earth humans, alien genetic scientists, and much more. THERE ARE MUCH, MUCH GREATER WONDERS TO BE SEEN AND EXPERIENCED. There are many beings in the upper astral, but more far interesting ones beyond 4th density. If you went beyond the level where the Higher Selves reside, having 3rd density Earther experiences, you would appear as a dwarf among giants. This is because you are only one incarnation interacting among completed Higher Self expressions (giants). Once your Final Incarnation is over and shim has pulled all incarnations within that individual Higher Self, you are complete and move to the next level of experiences. You are THEN as the seeming giants you talked to as a dwarf. Not only that, existences on these levels are NOTHING like Earth.

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For 3rd density visuals, go to the Orion star, Mintaka, and see the reptilian queen's home world or go see underground Earth alien bases, but be VERY careful. There are astral alarms to let them know when someone is poking around. Unless you are VERY Advanced, I wouldn't even try it. Go beyond our galaxy (not solar system, but galaxy) and see what you see. What I've seen would be breath-taking if we had to breathe out of body, which we don't.

Yes, you can time travel. Go to 2200 and see what there ISN'T to see on Earth. Go to 1600 and see what was. Go to Atlantis and even earlier. These are wonders too, but nothing like what is to come. For when you are ready for these events, all the Earther stuff seems so minor.

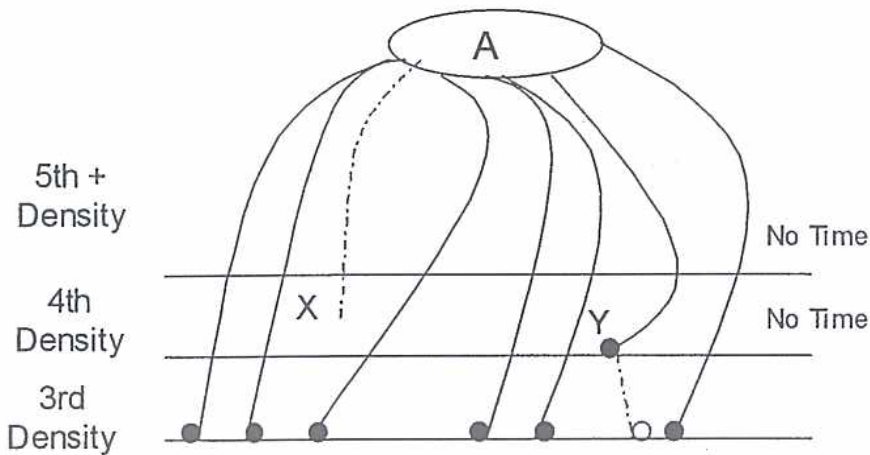
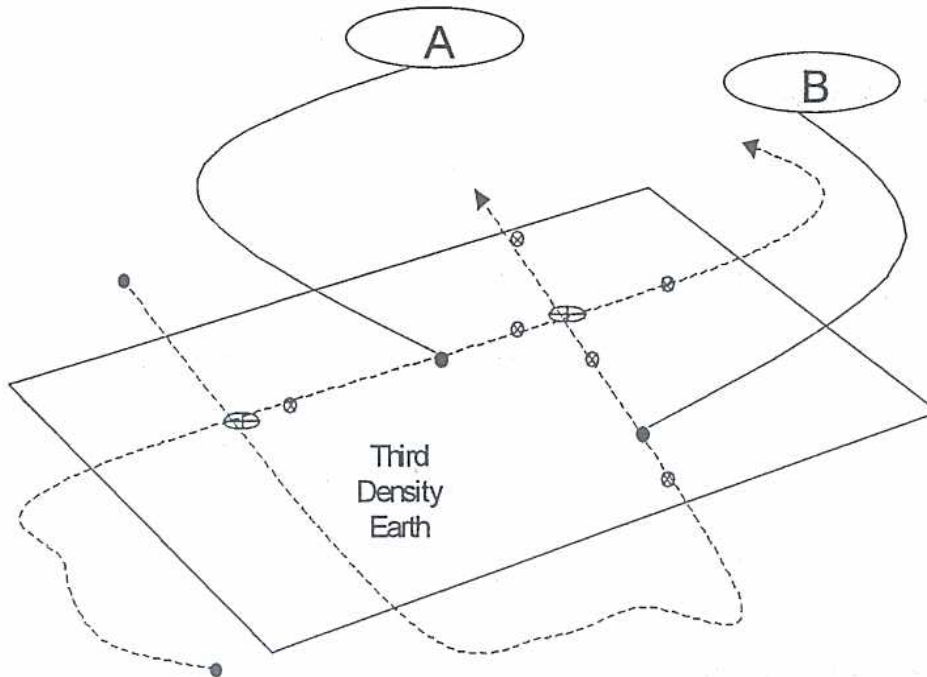
ALL of this will come to each Higher Self in time and on their individual Path. Words just cannot do justice to what is. Monroe knew this and I know this. You will, too, when it's your turn.

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**Figure 1:** Two separate Higher Self incarnations, each having two separate life paths, both experience prime experiences for which they incarnated (small x's), but also a meeting with each other (large X's) twice during their use of a body on third density:



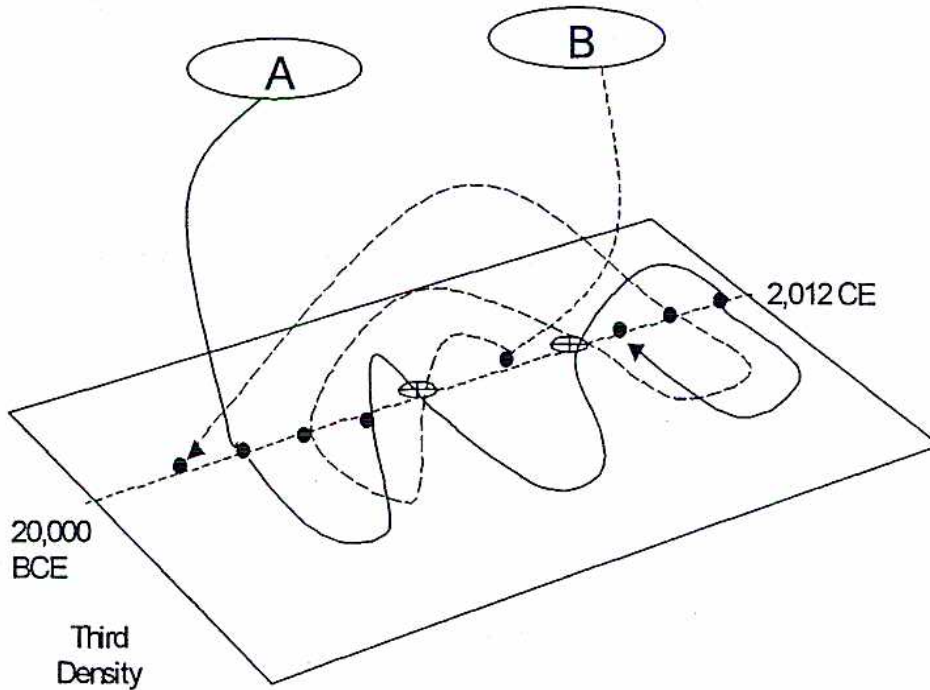
Example: Earth timeline 2000 BCE to 2012 CE  
 Linear Sequential Time Perception in Bodies  
 for incarnations (dots) for one Higher Self

**Figure 2:** Higher Self with simultaneous multiple incarnations on 3<sup>rd</sup> density, one on 4<sup>th</sup> density that just completed a lifetime on 3<sup>rd</sup> density experiencing 4<sup>th</sup> density (Y) , and one incarnational thread just having been withdrawn from 4<sup>th</sup> density (X).

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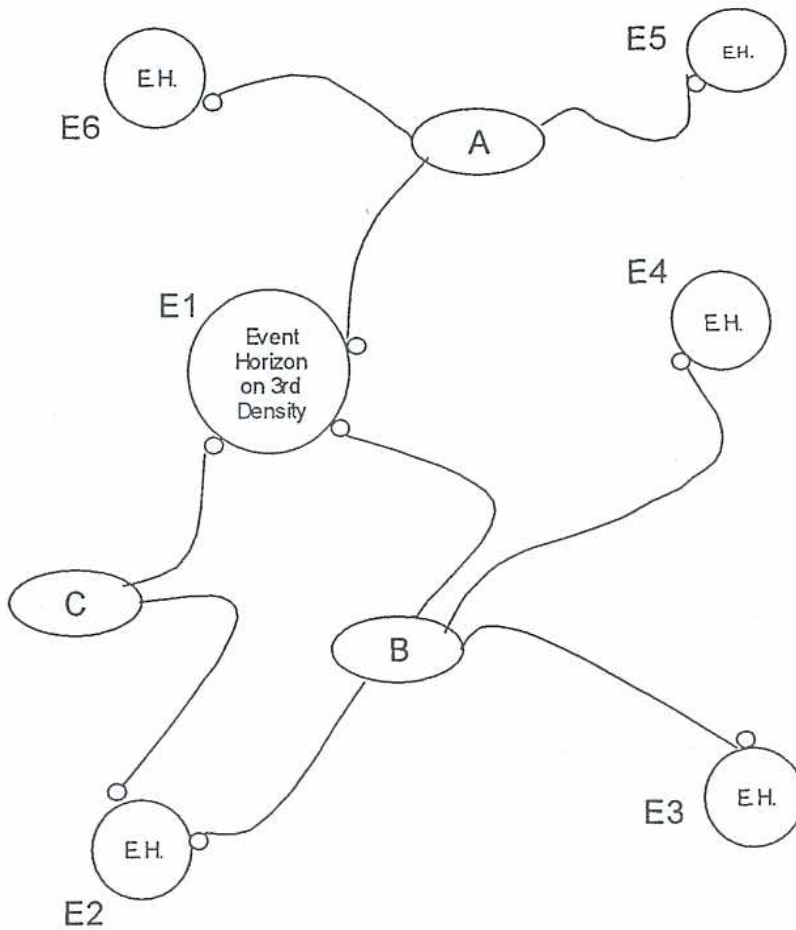
**Figure 3:** Two Higher Selves each have a series of incarnations between 20,000 BCE and 2,012 CE, each ending in a Final 3<sup>rd</sup> density incarnation (pointed to by arrow). The two HS streams come together in terms of incarnations in two instances where they share significant time together. Timeline as shown is artificial. Each dot represents a different incarnation point for the stream from the Higher Self connected to it. Since there are many hundreds of incarnations, this illustration is a partial representation.



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**Figure 4:** In this illustration, events are represented by spherical bubbles, which include every person involved in that event, on the timeline in which it occurs. Higher Selves A, B and C with incarnations experiencing 6 events (E), some in the same 3<sup>rd</sup> Density timeline. A,B and C all share an experience together (E1) in one timeline; B and C share an experience together (E2) during a different 3<sup>rd</sup> density timeline. All have some solitary experiences, A (E5,E6) , B (E3,E4). C is shown sharing experiences on two timelines.



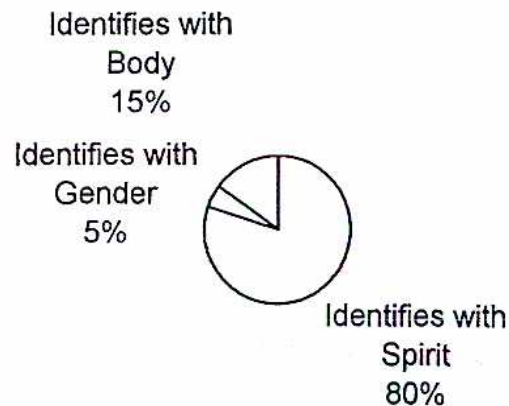
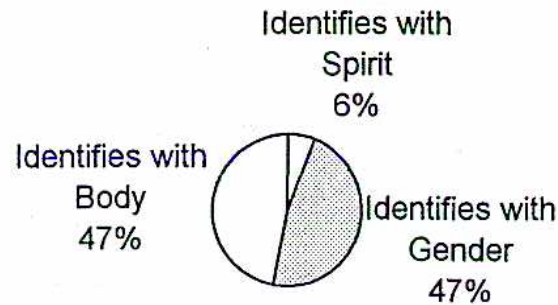
- E1: 1923, New York, New York, Traffic accident
- E2: 1812, Paris, France, love affair
- E3: 1300, Borneo, First hunting experience
- E4: 1989, San Diego, California, Sky Diving
- E5: 12,000 BCE, Mid Pacific, raft sinking
- E6: 1500, Solomon Islands, tribal council

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**Figure 6: Example - Progression of Incarnational Sense of Self-Identity**

**From "1982" (top) to "2003" (bottom)**



A real hair splitter here. Most will probably not understand the difference, but there definitely IS a difference. Top figure is pretty overwhelmed by DNA commands. "I am only human/I am a male(or female)" are typical responses from this type. This is a good very late mid-level or very early Advanced incarnation. The second one knows "I'm not human, but having a human experience". This type, if genuine, will not only parrot the statement, but be living it. At this level, the person would not participate in standard sexual orientation role playing nor would breeding be an issue. Yes, you are occupying a male or female body, but it's looked at as just a form of clothing for the spirit. One recognizes the genders for what they are, NOT what you are supposed to see. This one connects with the spirit of the other person, not the physical. This one is in the very advanced stages. The time period for any progression, forward or backward, varies.



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### **The Main Players: A Review**

Higher Selves on the simultaneous evolutionary path have more than 1000 incarnations going on simultaneously on the 3rd density. Most of a Higher Self's incarnations have a basic through mid-level perspective. Many are quite advanced, including 3-4 dominant incarnations (circles) and one 3rd density Final Incarnation (solid circle) for that Higher Self. All these incarnations are YOU having experience on 3rd density Earth. Through these 3rd density Earth incarnations, you experience every gender, every race, every sexual orientation and hundreds of variations and combinations of experience, including more than 1000 variations on the physical death experience. All this experience is funneled to your Higher Self (YOU) and specifically chosen by YOU. From a 3rd density perspective, if we were to give each incarnational life an average lifetime of 50 years, we could say that we would be experiencing 50,000 to 80,000 years on Earth at once! There are also Higher that choose not to participate in the 3rd density experience, preferring experience on other levels that are 'less challenging'. These matters, and more, are discussed in this book.

In contrast, other evolutionary paths also exist on the 3rd density. The predominant evolutionary pathway is the sequential path, typified by humanoid life forms alien to Earth humans. Higher Selves on the sequential pathway experience one incarnation at a time, in a linear sense, retaining full memory from incarnation to incarnation - and also retaining all the baggage with it. The sequential path is a far slower method of evolution than the simultaneous path. Alien races that have been on their path for billions of years are less spiritually advanced than those on the simultaneous path, yet they represent themselves as otherwise to those lightside polarity mid-level perspectives who defer to everything outside themselves and also equate technology with spiritual advancement. Sequential incarnational lives are typically long, some extending as long as several thousand years at a time. That's a lot of baggage. The greatest fear among sequential incarnations is the prospect of losing memory of previous incarnations. Only sequential path 'reincarnates' into a body on 3rd density. In this incarnational path, the sequential Higher Self extends into the 3rd density, over and over.

With the simultaneous path, the Higher Self remains on higher densities and project more than a thousand simultaneous extensions into 3rd density, once. The perspective of most of your 3rd density incarnations is linear, although many of your incarnations have the ability to see outside the box when they progress to a more advanced perspective and the accompanying experience that goes with it.

Earth is the 'island' in this 'galaxy of sequentials' for those with simultaneous incarnational paths, because of the intense concentration of polarities and diversity of experience. Other galaxies have similar dynamics. Since the operative path dynamic in this galaxy is sequential, they don't want the unique individualism of advanced simultaneous incarnations 'polluting' their 'everyone is the same' sequential philosophy and control systems out there with individualism brought from Earth. This is why Earth humans were not allowed to develop a real space program.

Societies composed of sequential incarnations evolve as 'whole races', rather than as individual members. A slow way to progress, but 'safe' from their point of view. They cannot comprehend what it's like to experience a lifetime without immediate memory of all other lifetimes. For us, it's all retained in the Higher Self, but is accessible by advanced simultaneous incarnations.

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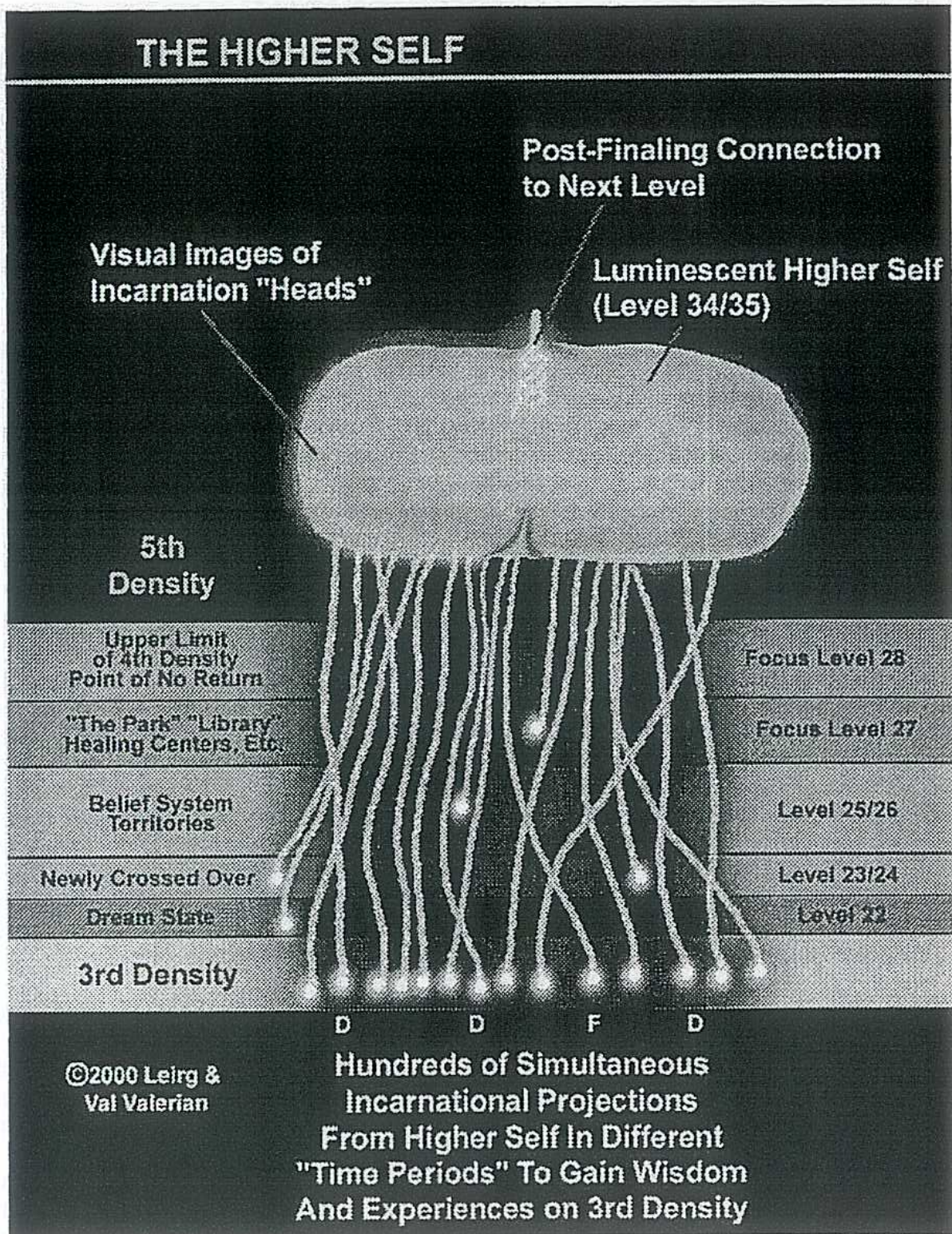
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**Figure 7: Multi-Density Experiential Pathways and Earth Incarnation**

|                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|-------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 6 <sup>th</sup> Density, etc. | Advanced Experiential Patterns                                                                                                                                                                                                                                                                                                                                                                                                                                |
| 5 <sup>th</sup> Density       | Higher Selves choosing Individual Progression Paths (FAST)<br>(With Simultaneous 3 <sup>rd</sup> density incarnations).<br>Higher Selves choosing Group Progression Paths (SLOW)<br>(With Sequential 3 <sup>rd</sup> density incarnations)                                                                                                                                                                                                                    |
| 4 <sup>th</sup> Density upper | Independent Activity Focus 27 No religious belief systems                                                                                                                                                                                                                                                                                                                                                                                                     |
| 4 <sup>th</sup> Density lower | Belief System Realities based on Earth experience on 4 <sup>th</sup> density in proximity to the planet. These will eventually be disused and fade.                                                                                                                                                                                                                                                                                                           |
| 3 <sup>rd</sup> Density       | HS experience in 3 <sup>rd</sup> Density Universe populated predominantly by sequential incarnations, hive/group/race progressions, and more.                                                                                                                                                                                                                                                                                                                 |
| 3 <sup>rd</sup> Density       | <b>Earth Surface Culture</b> + Interpenetration from Sequential Polarities, minions 65% + sequential and simultaneous incarnational interaction, with a culture patterned after sequential (conform, we are all the same, etc) pathways which stifle unique individualism ('not group compatible'), which gives HS with simultaneous incarnational path unique experiential opportunities in "The Game" originally created by Higher Selves in the beginning. |
| 3 <sup>rd</sup> Density       | Minions Animal/ Nature Spirit Expressions of Planetary Spirit Path                                                                                                                                                                                                                                                                                                                                                                                            |
| 3 <sup>rd</sup> Density       | Planet Earth (physical structure of planet and ground)                                                                                                                                                                                                                                                                                                                                                                                                        |
| 3 <sup>rd</sup> Density       | Planetary Spirit HS - Evolutionary Path System Tied to Sun HS                                                                                                                                                                                                                                                                                                                                                                                                 |

**Figure 8: The Players on Earth**

| SIMULTANEOUS<br>Experiential Path                                                                                                                                                                                                     | SEQUENTIAL<br>Experiential Path                                                                                                                                                                                                                                                                                    | PLANETARY<br>Experiential Path                                                                                                                                                                                                                                              |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Individual Fast Track                                                                                                                                                                                                                 | Group Progression                                                                                                                                                                                                                                                                                                  | Unique HS Category                                                                                                                                                                                                                                                          |
| °Multiple incarnations simultaneously                                                                                                                                                                                                 | °Single incarnations one at a time                                                                                                                                                                                                                                                                                 | °Simultaneous Biological Lifeforms cycle on planet.                                                                                                                                                                                                                         |
| °Each incarnation pre-selected by HS for experiential growth.<br>°Expansive Orientation<br>°Memory Regained Post- Incarnation<br>°Blocked Memory in individual incarnations to allow for experience of multiple lives simultaneously. | °Each incarnation pre-selection by HS for experiential growth.<br>°Addiction to 3 <sup>rd</sup> density life<br>° Continuous Memory<br>° Fear of loss of memory of incarnations.<br>° Body Identification<br>°Accumulation of "baggage" from one life to another<br>° If desired, can switch to simultaneous path. | ° <b>Pre-EndGame Minions</b><br>Spirit energy is attracted to all organic neurological structures resonant with multi-density function. If not occupied by extension of HS, then body will be occupied by nature spirit, for a rudimentary 'human' experience not intended. |



One of the Original Pieces of Artwork Put on the Internet  
 D=dominant incarnation F= Final incarnation

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**The Library on Focus 27**

I have made several references to the Library on Monroe level 27 and, in this edition of Matrix 5, we now include this artwork based on what I have seen when visiting this section of the Library. The first view is from the top. The book stack are immense. This section is immediately to your left upon entering the Library. While you can browse the shelves, it is not necessary. A person in the Library told me that all you have to do is think of what you want and it will appear in your hands. I followed his instruction and items appeared amazingly easily. When you are finished with the book, it will return to where it belongs as your thought releases it.

A question was posed to me as to if there are computers and DVD systems in the Library. Since computers have only been in popular use for 10 to 15 years out of the thousands of years of incarnational time on Earth, they have not taken the place of books and scrolls which have been in use for thousands of years. DVD's have even less use in 3rd density Earth time. You could easily create a computer terminal by will alone. I have one in my home on Focus 27 for my own use, created when I was at one of the Monroe Institute weeks. I find I've moved beyond that as there is another section in the Library even more impressive than the stacks of books/scrolls. You can imagine what someone from 354 BCE would say upon seeing computer terminals.

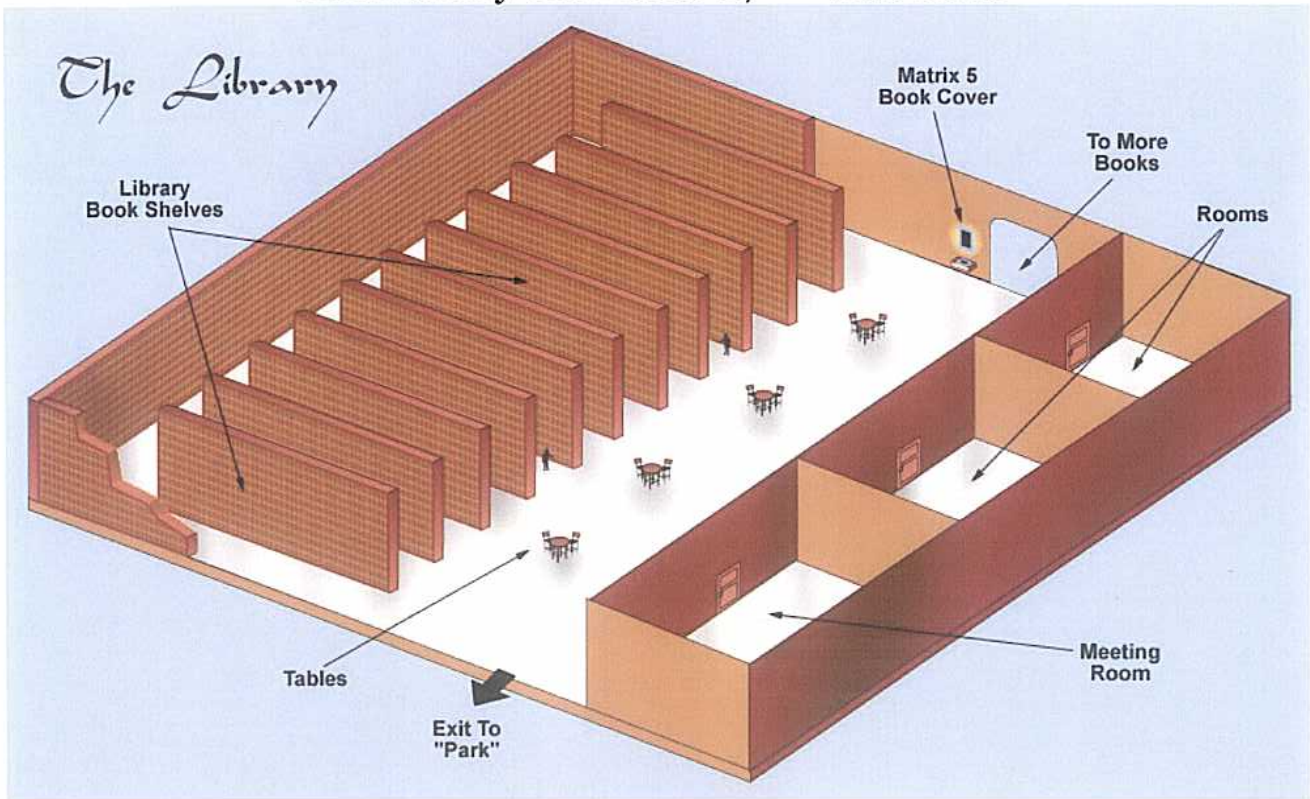
You can receive rote of materials. A rote is a term used by Monroe to refer to an energy bundle of information complete with all facets of the data, both practical, emotional and sensory. This is a far more advanced way of receiving information and is the way of information transfer in the higher densities. You will know, when you visit, if you are ready to receive information this way. This is the preferred way of information receiving by Awakened Final Incarnations, but it doesn't mean they don't scan through the books for variety. The rooms you see on your right, as you enter the Library, are lecture/classrooms. Groups can meet in here to discuss anything they wish. You may also find open lectures on varieties of topics given here. When the cover of Matrix 5 was completed, the artwork appeared on one wall in the Library with a golden glow around it, as shown in the new diagram. I was told certain Higher Selves installed this in the Library due to the importance of the picture and the needed keys many will find there. They are absolutely overjoyed at having that artwork on the third and fourth densities along with the text.

Once Matrix 5 was published, a shelf appeared under the wall picture. On this shelf, a copy of Matrix 5 is always available. If someone takes a copy, another appears. If a copy is replaced, there is only one on the shelf. Always only one copy. This is an interesting phenomena that occurs in the Park area. Books/scrolls are never missing as when one is taken another appears in its place. I have seen this occur outside of the Library as well. The Library is HUGE. Go through the archway to your right, by the Matrix 5 display, and you will come to even more books/scrolls and more. The second visual shows an incarnation walking through the stacks and you get an idea of the immense nature of the Library. Most people on level 27 wear a loose-fitting robe, not as tight as in *Defending Your Life*, but not billowy either. Very Comfortable. These 2 pieces of art will give you a great idea of what the Library looks like and what to expect when YOU arrive there.

Many thanks to the graphic artist:

Arthur J. Saarinen, 7 Forest Court, Lexington, MA 02421.

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The Library On Focus 27 - "The Park"



Inside the Library





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*Questions and Answers on the Matrix V Material*

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Gold Edition 2003 - 122 additional Q&A over 2<sup>nd</sup> Edition

During the last three years this material has been exposed to the population, with tens of thousands of viewers on the world wide internet, there were hundreds of questions asked of the author about the material and the concepts presented. The author chose to take questions and provide answers on the material from readers, and they are presented here for further enhancement. (Val) The Q&A's are for *further clarification of the material, not for personal interpretations.*

**Suggestion:** For maximum benefit, it's vital that you read **all** of these , and then go back and re-read all segments. You'll understand it in an *even more expanded context*. If you choose not to do this, it's your choice and your loss of additional enhancement.

(The ~~~~~ divider separates Q&A pairs from *different* individuals)

**Question 1:** "I'm curious about the topic of ET-manipulated near-death experiences. It's been mentioned by CRG & others that those "New Age" phenomena have been artificially or technologically induced in some cases. The previously mentioned article in the latest LEIRJ mentions that the "light" is a deception to keep souls from leaving the Earth planes. Does this mean that when people are headed to the light or guided to the light, that the scenario is necessarily being created by the controlling entities?"

**Answer:** "This is the first comment to recognize that *no value judgment is intended in the material*, and I'm VERY glad to see someone get it. What is...is. This is why, when one reaches their Final Incarnation, they can see the Game for what it is. They won't be coming back and it IS necessary to understand what has been going on. If a person is guided by another being after death, they should go with them if it feels right. On the other hand, if confronted by the light tunnel where figures in the distance wave you in, that's the trap and you should avoid walking in at all costs. The figure(s) in the light trap do not come up to you and converse. They try to wave you in. They look like people you were most comfortable with. This is an illusion. This is being created by the Markab (see *Matrix II*)."

**Question 2:** "I would think that this phenomenon would also occur naturally for those with a certain "dependency" for the light and Earth-life entities. If souls are being deceived, then it is important for this information to be revealed - this awareness would be a part of the soul's evolution toward moving beyond the Earth experiences. Thus, both the deceivers and the revealers are playing a useful role in the development of Spirit (Spirit experiencing via soul incarnations)."

**Answer:** It IS important that souls be aware of the light trap. This is *why* it was placed by Val in *Matrix II* a decade ago. That it needed to be addressed again shows the need to understand this device and avoid it. The Dark side intends to do no favors for any developing spirit. Their purpose is that Earthers (not Earthlings - an alien term regarding Earthers as children who need their watching and control) breed, have internal conflicts, produce, be a food source and more to the Empire. That Higher Selves have turned this great disadvantage into a learning experience and an accelerated growth for spirits

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choosing to accept the challenges, gives ultimate success to the Higher Selves. This doesn't prevent Dark from trying to undo that, hence the light trap. If they can keep souls from returning to the higher astral, they will have succeeded, at least for a time, in delaying the inevitable.

~~~~~

Question 3: The use of the word "Game" brings up curiosity about its particulars. Any links or other info describing The Game in resonance with the context of Thought Patterns?

Answer: The use of the word 'Game' originates with the Higher Selves. The Empire and the Dark do NOT consider it a game in any way and do not appreciate the reference. Game is used because of the challenges and object: to overcome all the Empire's best technology and manipulation to regain your identity (Final Incarnation), gather huge amounts of sensory experiences/emotional experiences and develop wisdom. It is a challenge in that you begin with no memory of who you are and have to regain it by means your own Higher Self decides.

There is no single path to this enlightenment but there are many false paths put there by the Empire and the Dark to keep you from finding yourself (religion, for example). Every Higher Self will succeed, some faster and some slower, but all will eventually succeed. To find out what you need to do, you must access your Higher Self. Robert Monroe developed the key to this. It is to access a level of consciousness that Monroe called Focus 12. That's how I learned and I know no other way. It's a matter of going within instead of without. When Monroe told the one group I was in how to do it, no one, except me, was interested in doing so. This is something a Final Incarnation really wants to do (access the Higher Self). It cannot be done by someone for you as only you (as your Dominant and Final Incarnations) can have this access and Dominants may not consciously realize they've been there (during sleep) unless psychic oriented. The material I've been releasing (Val had most of it on his site) has not been released publicly for thousands of years. You can find threads of it in Credo Mutwa's material and Robert Monroe's books, for example. This material is highly suppressed and you can see why.

Val is to be honored for putting it out for access to anyone. Even if they aren't ready to handle it, it will have an effect on their spirit, which will assist in their 'future'. This material, which was on Val's site and is now here in Matrix V, is unique and the vast majority of the information has never appeared elsewhere. It is not in the interest of the Empire that you know these things for it is spirit, not body oriented. That this information is out now should tell you something about Earth's immediate future. Think on that.

~~~~~

**Question 4:** First, I'd like to acknowledge the time & careful thought that went into these essays. I'm just curious why it sounds a lot like Old Testament God v. Satan in new clothing? Also, why these alien nations battling for us Earthers as slave labor & food sources haven't made themselves a little more obvious in doing so?

**Answer:** It may sound like the OT to you because it's all a matter of perception. If it sounds like that to you, examine your background since it doesn't read that way to anyone else. The old testament god and sub-god (Satan) are both Orion/Sirian Empire personalities who are



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part of the intra-empire struggles. The Empire considers Earth theirs as of its ancient claim. It's similar to Europeans claiming American lands from the natives. History does repeat itself. They were very obvious and open in Earth's past (Pre-Atlantis, Atlantis and early post-Atlantis). Then infighting took them elsewhere while surrogates were left in charge (royalty). Get into David Icke's material for more of that. They also have considered it more effective to run Earth from behind the scenes in the past. This is planned to be changed to overt.

**Question 5:** Perhaps you could explain exactly how we are food sources, and in what manner we are to be slave labor?

**Answer:** The wording is quite plain...they eat humans as humans eat cows, fish, plants, etc. The whole concept of money is Orion Empire. It does not exist outside of the Empire. Humans were genetic-engineered to be laborers for the Empire. Whether it be manual or mental, you serve the Empire either covertly or overtly. Perhaps you are not ready to handle that at this time.

**Question 6:** I would think, with the undertone of their superiority and technology, that it might be a minor matter for them to swoop in and do their deeds, rather than be the sublime, unseen forces of conspiracy to trick us into some dubious, cow-like submission or trick us into foolishly falling into an Evil trap, a la Satan of old.

**Answer:** That is the way of the Sirians. Since they allied, under duress, with the Orion Empire who is into subterfuge as a preference for taking over low tech planets. The grey aliens (Sheti, in their language) are the surrogates for control on Earth and why they've been seen so much. Your way of conquest is Sirian, the overt falls to the far more clever Orion model. This doesn't mean military force isn't used by the Orion as they needed this to subdue Sirius. Something to keep in mind with the material I've released, it is for Dominant and Final Incarnations. Unless, and only you would know, that you are one of these, you will not be able to grasp the extent and full implications of the material. Hence you speak in biblical terms, which is comfortable with your level. Nevertheless, your Higher Self will be able to filter the material better than your conscious self. If you can't handle something, many things or everything, no problem. Just push it to the side and go on with your life.

~~~~~

Question 7: Wow! Thank you so much! I was struggling with the question of if I'm not a female and I'm not a male, what am I?

Answer: Your spirit is now talking. It is NOT a male nor a female, but both male and female. Unfortunately in spoken word there is no PRONOUN for both. We have male-he, female-she and neither-it. That's because the Empire and the Dark never want you to discover who you really are. You are beating the Game when you realize you are neither gender. If you are your gender, that's your body speaking, not your spirit.

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Question 8: I'm a female. I'm not straight, gay or bi. If I had sex I'd prefer it to be a man, I think.

Answer: If you want to have sex and want it to be with the opposite gender (except for procreation), that's your *body* talking, *not* your spirit. Spirit is doesn't care one iota about the physical as a limitation.

Question 9: Being in a female body, I'd have to say that the information you've provided that I'm absorbing, processing and assimilating about females makes me sad. And I wonder, if the percentage of women hip to this is so low, how can I be one of them?

Answer: It's cold water in the face to see reality once you've been convinced that up is down, dark is light and so on. Many illusions have been exposed in what I've written. If the spirit is mature enough, it'll run with the info and begin (or continue) to dominate the body and its DNA commands to obey. If the spirit is mature enough, it will succeed and then it won't matter which gender one is in. Women enjoy the power, control and illusion they have in regard to men. It's Orion in nature and increasing. Power is a potent lure and Dark knows it. *BUT in order to spiritually progress, one must give up the external power to dominate/control/transform others.*

Question 10: I'm working on those low self-esteem issues. I've always wondered why I couldn't get the goddess stuff to stick.

Answer: That's because your spirit has matured enough to convey the fallacy of deities to your consciousness. Keep moving forward. As with all the information I've given, use it or push it aside. There are no commands here. The New Age religions are one of the latest tools of Dark and it's easier to be controlled if the controller is sugar coated. Also most New Age religions play up to the very false superiority complex of females; but that's the Orion way. Thanks for being the second female who has written in and comprehended the material.

~~~~~

**Question 11:** "In practical application of extending my awareness out past physical, I experienced a connection to what I perceived as other sentient beings (multiple incarnations?) which resolved to something like an energy grid. My impression of this grid was that it mirrored/shadowed my thought form kind of like a parallel shape, and that it had a pleasant "lifting" and energizing effect which stayed with me until some time after returning to the body. (This was a bit different than the word/ picture/thought-touching type of contact that I've encountered as a psychic experience.) Am I generating this or attracting it?"

**Answer:** You are connected to all your incarnations as they are all you. Once you've reached a high enough spiritual maturity, you can have these other incarnations bleed through. Deja-vu is one indication of other incarnations. What you refer to as a grid sounds like you've touched your Higher Self which is the repository of ALL your incarnational experiences. Very good! You are neither generating or attracting it but rather accessing it.

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**Question 12:** "I found your section on Minions all too accurate. I believe that I routinely experience genuine communication psychically with my animal companions (i.e. cats, birds, squirrels, etc.) in their animal forms than with these animal/human mutants you call minions. I didn't notice that you mentioned the role of the Orion/Sirian ETs in the other animals or plants on this planet."

**Answer:** Earth, once discovered by the Empire, was used as a massive genetic experimentation lab. Many of the creatures today were thus created and serve no apparent purpose other than to cause misery for life forms, such as the mosquito. Some were brought from other planets and introduced to Earth. Many are native to Earth as well.

**Question 13:** "How does the gender polarity apply to these other earth residents, like the animals, fish and birds?"

**Answer:** Good questions. Gender polarity among animals/insects/fish is very 3rd density and meant to give the Ancient Earth humans a chance to observe both male and female aspects. Don't forget that the animal group soul is on a different path than those of us with a Higher Self. They are to experience things quite differently and serve another purpose.

~~~~~

Question 14: "Hi. I'm still hazy about how we provide food for Them. If I heard about a constant and huge disappearance of people, that would clear things up (or do they use dead people like in the movie *Phantasm*?)"

Answer: The reptilians eat people as people eat fish, cattle and plants. It was no coincidence when, in the Reagan administration, that people were turned out and the homeless stuff began. This way people could disappear without anyone caring. Notice the missing people flier stuffed in your mail. Over 1000 people disappear in the US alone EACH WEEK. Some have met bad ends by Earth nuts, but most have met other ends including uses by the government (Montauk type, for one) and by the Empire.

Question 15: "I thought the male-female thing reflected the actual structures/unfolding of the cosmos?"

Answer: "That is what the Empire and the Dark would have you believe, but in actuality, to be drawn into the gender Game, you are moving away from the spirit. The concentration here is to be Earth alone and incarnations here, and less concerned, at this time, of everyone else's. The development of Earth humans is unique and not the 'keeping up with the Joneses' of other systems.

Question 16: "... other than these queries I can relate to a lot of what is mentioned.....from a strange kind of withdrawal from society, to synchronicities....increased magickal ability (manifestation of visualizations).....animals that seem damn human....the psi-connection with certain people, etc."

Answer: Just don't forget, Higher Selves do NOT incarnate into animals (the big lie of Hindu reincarnation which is alien sponsored). You are much more likely to run into humans that seem damned animal!

~~~~~

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**Question 17:** "I'm simply wondering where is the evidence for the "female domination" that is talked about in this material?"

**Answer:** "That you are unable to see this evidence shows your body controls your spirit in this matter. That you are unable to see this is too basic to be addressed here. This material is for Dominant and Final incarnations. It is not debatable, as you seek to do, but is very plain for those advanced incarnations to see. You will be able to understand when you gain more control over the physical.

**Question 18:** "Backing those claims up with "it's the Orion Queen model" is rather empty in my opinion. Especially when this alleged Queen is still to be proven to exist, which doesn't make it very useful when making a point about this - better stick to observable facts for the majority of people."

**Answer:** Now, who died and made you spokesman for 'the majority of people'? Again, I state this material is NOT for the majority of people for they are their body or are more than 50% controlled by their body. Your comments are pure of the body and of less than advanced spiritual development, which is OK, but is not addressed by this material which has plenty of caution and warning to those it is NOT meant for.

**Question 19:** "Also, concerning "heterosexuality seen as a perversion of spirit." Wouldn't simply physical SEXUALITY be viewed as a perversion of the SPIRIT? Physical sexuality is of the body (whether you breed or not), so whether you are homosexual, heterosexual or bisexual you are still in the same frame of mind which is body oriented, and subject to much manipulation?"

**Answer:** Physical sexuality is spiritual expression in the physical. There is definite purpose in sex. The flaws and commands of body controlled sex have been covered elsewhere here. The incompatibility of the male/female genders have been touched on. Whether sex is body or spirit oriented depends on the maturity and control of the spirit. You will realize this in time when your spirit matures more. Meanwhile, deal with what you can here although you really aren't ready for most of it. Push to the side those things you can't handle at this time.

~~~~~

Question 20: "I've read most of the books you've recommended, i.e., all of Monroe's works and David Icke's "The Robot's Rebellion", as well as many other materials over the years (Richard Bach, Barbara Hand Clow, Barbara Marciniac, Robert Moody, James Redfield, etc.) some of a channeled nature, which feels right to me and wondered if your material is channeled (the above-referenced subject being the first I've read so far on this particular website) and, if not, where is this information originating?"

Answer: I recommend you also read David Icke's *The Biggest Secret* and watch Credo Mutwa's video (Vol 1 is best) where he's interviewed by David. My material is not channeled. Channeling is relying on external sources which has many problems. For one, even if the person is honest and real, how do you know the other spirit is what it says it is. Many reptilian 4th density beings love to play in channeling. My material can be found by anyone in the Library on Monroe level 27 (by anyone who can access the level) or within their Higher Self IF you are a Final Incarnation. Only a Final Incarnation has this complete access.

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Question 21: "Secondly, I would like to ask where you see the Pleiadians fitting in to the scheme of things?"

Answer: There are MANY Pleiadians both good and bad and in-between. Some Pleiadians are responsible for some of the problems on Earth, having assisted the Empire. There is much written on the Pleiadians but it's all love & light stuff. This is polarity and not Balance. If you resonate to this, you are of the Light polarity. They are having their own experiences, but they are significantly different from those incarnating on Earth. Looking without will keep you from looking within.

Question 22: "My Spirit resonates more to these Beings than to anything else I've found, (with the exception of the 'elementals' which I've always believed existed albeit in another, close-by realm) but my mind still seeks answers and is concerned about being tricked ."

Answer: That's your Higher Self warning you not to be so enthralled by this realm. They have their own purpose and different path, by far. Enjoy them, but concentrate on your own growth. Don't give away your 'power' to them or to anyone else even the Pleiadians who you have on your personal altar. ALL deities have clay feet.

Question 23: "I have studied Ascension materials and pondered what my free Will choice would be; to go 'home' if, indeed, I come from the Pleiadies or elsewhere, or stay and fight the battle with the alien forces of Darkness and the New World Order to assist the Earth and the Spirits in reaching the 5th Density."

Answer: Darkness hopes you battle them. They love battle. You will eventually move beyond polarity, but right now you're in the thick of it. Once you go within, instead of surrendering to without, you'll understand.

Question 24: "And what of the Anunnaki/Nephlim of Clow and Sitchin's works? Where do they fit in, if at all, in your estimation?"

Answer: Definitely NOT the 'good guys'.

Question 25: "You seem to indicate a Creator Spirit, aside from each individual's Higher Self. What is your concept of this Being?"

Answer: Everyone with a Higher Self IS the creator! It is a complex thought pattern, but one you will be better able to handle as your spirit advances.

Question 26: "Last, do you adhere to the concept that the Empire (Orion and/or Sirian beings) feed off of our fear, as well as our bodies?"

Answer: "Those who feed off fear, hate and the negative emotions are 4th density reptilians. The Empire wants fear to feed it's kin on the 4th density and because fear stimulates a substance in your physical body that makes humans more tasty to them. They try and generate as much of this as possible before they eat them. You can read some of this in Icke's *The Biggest Secret*.

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**Question 27:** "What is the best way that one, who is not sure of what point they are at incarnation-wise, but definitely desires to advance towards balance, if not make the trip home altogether, can help themselves? I definitely agree that time is short and do desire to make the most of my experience here, what is left of it. I have availed myself of as much written and other published material as I can possibly find the time to digest. I am taking the recommendations and am in the middle of Monroe's three books. I have been a self-styled seeker for many years now starting with an interest in metaphysics and yogic practice and am now here at the web site absorbing the 'crash' material as I call it."

**Answer:** That you really desire to progress is very positive. Reading Monroe's trilogy and David Icke's *The Biggest Secret* (which I also recommend) will give you much information. As there is no one way of discovering who you really are, you need to trust in your Higher Self to bring the information you need to your attention. This could be through a physical teacher, books, videos, lectures, etc but it can also be through heightened intuition. One has to do away with external 'saviors' of all types: religion, aliens, polarity both Dark AND Light. You MUST look within. Open yourself to your Higher Self. Connect through your crown chakra. I suggest doing this every night before sleep. Think "Connect to my Higher Self". In most cases, it starts slowly, but you need to trust in you. You will get information that is just for you, for your experiences are what your Higher Self requires (which is the REAL you). Adapt what you learn to fit you. You wind up taking a bit from here and a bit from there and come up with something pretty unique FOR YOU. It may not work for anyone else or they may pick bits and pieces. Don't worry about not getting things right by comparing yourself to others. If it's right for you, it doesn't matter what anyone else thinks/does. Your desire to connect with your Higher Self is commendable. Continue the readings and go within trusting your Higher Self which can never lead you astray.

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Question 28: "This material has affected me pretty strongly. I can now see the Game for what it is. In the past I felt like I didn't have "any game" (powers of seduction) or that something was wrong with me. Combine that with being a Scorpio, and you get a very confused person. My only committed relationship ended in an ugly divorce, but under it all I felt that sex was a trap. I have been very wary of repeating this experience. I assumed it was because of some kind of fear of intimacy (psychobabble). I feel liberated but very sad at the same time. I feel no attraction for men, so close friendships are about as intimate as I get. It has been extremely difficult in the past coping with the social stigma of not being one of the "beautiful people". All part of being a final incarnation. I feel like I released all "bad relationship" karma when I divorced my wife. The planet has too many people on it as it is, so I am glad I have no children. My question is, "Why the promotion of homosexuality by the mainstream media? Are gay people really outside of the Game?"

Answer: Gays are definitely NOT outside of the Game and they play it well. Gay and lesbian bodies simply mean the DNA command to force one to be with the opposite gender is shorted out. Other than the sexual orientation, gays are pretty much like anyone else. The media primarily, and before recently, has promoted heterosexuality. You can't turn on a tv or go to a movie where hets are not pushed as 'the accepted way'. The increasing failure of the DNA command to be with the opposite gender is a concern to the alien masters. This is one of the reasons they are considering wiping out the planet and re-engineering Earth humans with a better DNA command structure. One can have a gay/lesbian incarnation as a first incarnation or as a Final Incarnation or any number of times in-between. However it is

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the SPIRIT that is what counts, not the physical. An immature spirit in a gay body can be a real "sex pig", just as an *immature spirit* in a het body can be. An upper advanced spirit in *whatever kind of body* is not. It's always the physical trying to exert itself over the spiritual. Until the spirit is mature enough, the body will rule. Body rules include getting married, breeding, disdain of homosexuality, concern over others' opinions, and so on. Even so, this is something ALL of us must progress through to get to the Final Incarnation. Bisexuality is the spirit struggling with the body for dominance.

A Final Incarnation ONCE AWAKENED TO SHIMSELF (SHIM being the proper pronoun for both male and female in one being), will not marry nor have sex with the opposite sex. SHIM may choose not to have sex with anyone but self. Sex, at this stage, is something of the body UNLESS it is between very advanced spirits who wish to exchange energies. Back to media exposure of gays today. The aliens wish to divide the planet's population. They have succeeded with religion, race, politics and now are doing well with homosexuality. Forcing anyone to accept someone will strengthen the resolve NOT to accept.

The bans against homosexuality are rooted in Orion and Sirian based religions - christianity, muslim, etc. You have the POTENTIAL to discover your true spirit self in a gay body easier than in a het body. For the most part, old religion is a dinosaur slowly sinking into a tar pit. Hence the emergence of New Age religions. Remember, as per my writings, it is heterosexuality which is abnormal to spirit. The 1st Law of Creation - Like attracts Like. There is no gender in the spirit world, so that makes gender the illusion, the lie. Think on that.

Question 29: "I have a new admiration for the bravery of gay people who stand in their truth, but it's not me. The body still has a say in what happens with its intense sexual desire, but I can control it. Self-control is one of the things I Am proud of about myself."

Answer: As a Scorpio, you have tremendous control and tremendous passions. Since you are able to control it, your spirit has advanced beyond much of the body. You should be proud of your achievement. Don't conform. Don't worry about what others are doing. They are playing the Game.

Question 30: "I'd like to read more if it is available. There seems to be so much about the human experience that horrifies me when the information is processed. I get SO MAD sometimes. I want sex to be a form of divine union, but I AM alone in that, so I will be alone for the foreseeable future. This makes me sad, but I have the strength to carry on."

Answer: That you can process any of the information I've written has unlocked several keys in discovering who YOU really are. Your Higher Self is pulling you to a higher purpose beyond the Game. Go within and see where you're lead and to whom you will meet. This doesn't mean the body or the Game has given up on you. They will come after you with a vengeance for daring to try and break away. Until they see you are really in control of the body, they will try and drag you back. Sex can be an exchange of energies between two advanced spirits who are aware, but with all the flaws purposely built into the physical bodies, it is counter productive to have sex with the opposite gender except to breed. Marriage in any form is not of the spirit, it's of the Empire. Two advanced spirits would live together, not breed and not get married. Unless/until you are an advanced enough or Final Incarnation, you will have trouble with that. Dominant Incarnations may choose to get married, however, as they have a different purpose. One can also be married when awakened to who they really are. If this happens, the marriage eventually ends because the

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awakened one knows marriage is a trap and must progress. As I said in the beginning of my material, if you aren't a Dominant or Final Incarnation, you probably won't get it. Keep up your progress. You're on the right track.

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**Question 31:** "The development of Earth humans is unique and not the 'keeping up with the Joneses' of other systems." Is Earth human's "unique" path of development one of enabling a much faster evolution of Spirit/Consciousness/Wisdom or is it something else you are referring to?"

**Answer:** Yes, Earth humans' path of development is unique. Robert Monroe first discovered that. Due to the extreme variety of experiences on Earth and the full range of emotions, those who accept the Game's challenge will advance FAR more rapidly than those who choose not to.

**Question 32:** You said, "Looking without will keep you from looking within." "Darkness hopes you battle them. They love battle. You will eventually move beyond polarity, but right now you're in the thick of it. Once you go within, instead of surrendering to without, you'll understand." From your perspective, what are efficient steps for accessing/going within?"

**Answer:** You must connect with your Higher Self. This is done through the Crown chakra. I recommend using the word 'connect' and visualizing a golden energy connecting you to your Higher Self. Always thank your Higher Self for information you've received and request more. Request you be exposed to what you need. Request the strength you need to control the body's pull to the Empire's commands. As long as your requests are to your Higher Self, you will do well. The information you get will apply to you, not necessarily to anyone else. Many paths for many Higher Selves, but there is the one for you.

**Question 33:** "Where does the Galactic Federation, the Blue Lodge of Sirius, Lord Surea, Lady Assyria and the Nine from the Blue Light of Creation (via Sheldon Nidle) fit in all of this?"

**Answer:** All the above exist to control those who would believe in external salvation. All of these will keep you from knowing who you really are. So, based on that, who do you think is behind them?

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Question 34: "Hello--- Loved your writings. Thank you for the information. A few thoughts--feel free to edit or delete before posting questions. I definitely feel this is a final incarnation--have most of my life. I have a male body. My sexual encounters would be considered bisexual by most people (never been an issue to me.) It never mattered that the partner was male or female. I recognized skin friction for what it was. One of the things that I continually remind myself of is the trap of making a personal preference for the molecular arrangement of things, people, etc. Esp. how that molecular arrangement appears visually. Now, here are my questions. We are to take responsibility for our creations. I have created a rather large monetary debt that I am contemplating eliminating through a bankruptcy. I am clouded on the issues of being responsible for my earthly creation. I mean, if my body were to die today, I wouldn't give it another thought and sure wouldn't come back for

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another incarnation to work it out. (I don't buy into karma as a concept.) I also don't want to give the next 10 years of my life paying it off. Or do I? This is the quandary."

Answer: This is easy to answer. ONLY in the Orion Empire does debt and currency exist. It was devised as a trap to make you a slave to the economy. Bankruptcy is a perfectly good way of eliminating debt you cannot afford. What you need to learn from this is not to repeat what got you into this type of debt again. Bankruptcy uses the system to defeat the system. Just don't get caught in the trap again. Using guilt is also part of the Game. Everything is just experience, no more, no less.

Question 35: "How does one deal with this (or any other) aspect of one's life when you know the GAME? What is responsibility? Where does this concept come from? Since it attempts to be guilt-based I have a good clue. Is my only responsibility to connecting to my Higher Self?"

Answer: The Game's purpose is like a maze. To get you so wrapped up in the Game that you pay little or no attention to the spirit. Once you recognize that you are not your body and you are here for experiences, then you know you're spinning out of the Game. Responsibility is to yourself, to mature spiritually and not repeating the same mistake over and over. The MANY traps placed here are alien based. Guilt comes from the controllers. It's like stepping into a bear trap and they complain you got blood all over it. If they didn't place the trap there in the first place.... Guilt is a prime control weapon. The Light polarity LOVES to use it. Guilt is to get you to conform. Now a maturing spirit knows if they caused an error, they apologize for it and refrain from repeating it. A spirit controlled person does not do murder/mayhem. Your prime responsibility is to your Higher Self. Anything that conflicts with this responsibility should be recognized for what it is.

Question 36: " What are you doing with your life other than researching and writing? What do you feel you have a "responsibility" to do, if anything, now that you know this is your final incarnation?"

Answer: I have a 'real' job, for one, but yet very few people want to be around me because I don't conform. You find this to be true as you are ready to depart the Game. A Final Incarnation sees the Game and its participants for what they are. It makes us quite uncomfortable. You'd have to spend time with me to know. My responsibility is to my Higher Self, to learn as much as I can and see what there is to see. Any more than this and I keep it to myself. Thanks for you comments.

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**Question 37:** "I've found that Qabalistic techniques, particularly those taught by Dion Fortune, have been very useful in contacting my Higher Self. I also think that the reptilian Illuminati have tried to contain these techniques for their own, hence the way that "mystery" teachings have always been available only to the priesthood and the "initiated" of their own caste. Were the elements of practical Qabalah appropriated by the reptilians, or did they originate the system?"

**Answer:** That you found techniques that help you connect with your Higher Self is wonderful. There are several mystery schools that have much truth in them. The Qabalah is from the Sirian oriented religion of the Jews, therefore it would be from the wolfish Sirians

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rather than the Orion reptilians. Even so, it doesn't mean it's not valid. The fact that they are 'mysteries' and restricted says something potent is hidden within.

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Question 38: "As I was reading the material I wondered about the applicability of the *Course on Miracles* work which I read many years ago. Is it a path to discovering the spirit within us? From memory, it focused on our individual two selves Ego (physical) and Spirit (creation) and how the physical in this world had swamped and almost obliterated the true "god" connection. The work was about moving past the physical to the essence of being the true spirit again (to me it equates with the essence of your objective of reaching 95% ruled by the non-physical)?"

Answer: I've never read *The Course on Miracles*. However, these concepts sound valid.

Question 39: I was wondering about the tie in between this material and other works such as the Sitchin earth chronicles. My perception is that his works ties in with what you are saying. As Nibiru is in the same solar system as earth it is more than conceivable that it too is/was controlled by Orion considering that our solar system is on the far outreaches of our galaxy. There is evidence that there was a battle between gods (good and bad) on earth, evidence of nuclear wars thousands of years ago and that Enki (from Nibiru or was it Orion?) was victorious. Although Sitchin hasn't said so, others believe that Enki was a reptilian god and perhaps it is not a stretch to say it was an Orion reptilian. I think Sitchin has been fairly persuasive in determining that Enki and his aides were involved in genetically engineering the human species as we know it today. I have read elsewhere that earth's inhabitants have been impacted by many extraterrestrials over the eons and some have impacted on our genes mainly through breeding and perhaps genetic engineering too."

Answer : If you want to read more about the history of this solar system, I suggest reading Robert Morning Sky's *LA Transcript*. You'll get the Orion Empire view of this system and the genetic creating of humans. Just remember, it is the ORION viewpoint. There are errors within, but also much truth. Robert's material is strictly from the Orion standpoint.

Question 40: "It occurs to me rightly or wrongly that Adam and Eve story may signify the time when Adam was the original earth inhabitant who was both male and female and the "making" of Eve signifies the male/female separation."

Answer: This is correct! Good for you.

Question 41: "According to Sitchin, Enki and others considered the existing Earth inhabitants unsuitable for their purposes of mining gold for Nibiru and proceeded to genetically manipulate the species. In order to keep the genetically modified Earth inhabitants under control certain genetic traits were implanted some of which probably relate to the traits you have mentioned as being Orion in females and Sirius in males. Something doesn't sit right in my mind with your comments on the different sexes regarding heterosexual and homosexual relationships. When we go back, humans were both sexes in one until the split and presumably their connection with the creator would have remained the same although influenced by genetic manipulation."

Answer: The new 'creator' was Orion/Sirian genetics. This is part of the Dark plot. The new DNA commands, the chopping up of the DNA strands beyond 2 were all done on

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purpose. Different races for different purposes, all to serve the Empire. There is no deity saying 'you can't do that'. It's all about experiences.

Question 42: "I can see how males and females while they are not aware and being together would make it more difficult for each to awaken (the plan- and maybe what you are saying). But to me if a spirit is awakened and aware and able to override the DNA influences then it should not matter whether it is in a male or female body or whether a heterosexual or homosexual relationship. In other words it is really the evolvment of the spirit rather than the sex which is the determining factor?"

Answer: Because of your points, well known to the genetic scientists, they placed chemical/electrical imbalances in the physical bodies that would reinforce the physical over the spirit in heterosexual couplings. Remember there were no homosexual couplings back then. That started with DNA command deterioration. The opposite gender will always exert a negative effect. Also gender is contrary to the 1st Law of Creation - Like attracts Like. If the spirit is advanced enough, it recognizes this and follows it. Yes to being friends with anyone (even the Orion queen, if she behaves), but, especially in the Final Incarnation, no to intercourse with the opposite gender once awakened to who you are. There is no need to stick your finger in a hot light socket when you know the danger. The danger here is the body will try to re-exert itself over the spirit.

Question 43: "As Sitchin has ably described, the planet Nibiru is in our solar system and, according to his deciphering, Nibiru returns approximately every 3600 years in its passage past earth and the other known planets in our solar system. It seems fairly supportable that each passage past earth has caused significant influences including pole shifts and the stoppage of earth's rotation for a short time with all the associated devastation. There seems to be evidence of such periods where it has been recorded that the sun stayed up for more than a whole day in parts of the world and in other parts the opposite. I am mentioning this because in your material you cover soon to come transformations where some spirits will leave this world (dimension) and other less developed spirits will find another world in which to continue their work. You also mention the possibility of cataclysmic events to happen on earth which may or may not coincide with these dimensional changes. A question which arose in my mind when I read Sitchin's work on the return of Nibiru every 3600 years was- when does it come back again. His writings show evidence of more than one passage (perhaps one was the great flood) and the latest passage seemed to be around 1500 BC. It was somewhat surprising that I was led to the "Zetataalk" web site that actually puts a date on its return (around the middle of 2003) which makes sense give or take a few hundred years. It also talks, and has been for a number of years, about transformations, dimensional changes and the like as well as destruction of civilization as we know it; a theme similar to many others (Hopi's for example) and in your material too. Could this be the harbinger of what is to come?"

Answer: Yes. Nibiru is known as "the Eye of God". It destroyed Maldek and made it the asteroid belt of today. Nibiru is an artificial planet (similar to the Moon) and is basically a warship on LONG patrol. It is similar to the Death Star of Star Wars, but has the outer appearance of a planetoid. The Sirian Empire was the one to develop this type of device and actually tried invading the Orion Empire with it. They did not succeed. Much of the natural phenomena is Earth reacting to the unfavorable goings on on SHIM's surface, especially the mass incarnating of group souls into human bodies. The end of civilization AS WE KNOW IT will be here shortly.

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Question 44: "Already there is evidence of oceans unexplainably warming, weather patterns and earth quakes seemingly beyond normal explanations, is this a sign?"

Answer: It's a major sign that Earth is pissed. Bruce Cathie wrote that alien groups (Orion/Sirian, most likely) were going to Earth grid points and putting containing energy into it. This is making a pressure cooker effect on Earth and SHIM don't like it!

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**Question 45:** "Greetings, I read your work and was impressed. I am trying to ascertain what stage of incarnation I am in. I intend to keep working on this by accessing Val's site and looking into Focus 12 and trying to access the Library on any Monroe level I can get to. I'm also going to get the Matrix series and start reading. Although I may not be completely there, I definitely don't want to "play The Game", and have no interest in breeding. Is it possible I'm in my Dominant or Final Incarnation?"

**Answer:** Yes, but ONLY you can say so. This information comes from your Higher Self and no one else. Good for you!

**Question 46:** "One more piece of info - I'm thirty years old now, and ever since I was about 23, I've experienced hundreds of synchronicities, seen a few visions, and I can feel all kinds of psychic energy in my body and brain, including sensations in all chakras, including 3rd eye and crown chakra. I can control the energy, increase it, decrease it, redirect it, cause and sometimes cure my own headaches or other bodily problems. The sensation is amazing and can be very intense. In fact, I've had experiences where every cell in my body is charged with this sensation, and it seems that my body is being "occupied", which I've attributed to being my sensing of my astral form. All this is great and very interesting, but I don't seem to be able to do anything practical with any of it. I go through days of experiencing 5 or 6 "miraculous", "unexplainable" synchronicities in one day, and then just have to sit and ponder, while still being essentially powerless. So, if you have the time, can you shed light on what you think this energy may be, and what level of evolution or incarnation you think I may be at?"

**Answer:** You are sensing and using your spirit, your true self energy but your 'powerless' comment says you haven't developed enough control as of yet. We can do AMAZING things when aware, mature and controlling of our spirit selves. This is what the Dark/ Light/ Orion/Sirians fear. A planet where mature spirits are in control is able to repel alien ships just by thought alone. Think on that. Only you can determine what level you are. This is through your Higher Self. Your physical will still try to resist and pull you back. Never get overconfident either.

**Question 47:** "Also, any other advice you may have would be most helpful. I'm looking so hard for answers, I'm not in my 4th month off of work, spending all my time on this. I'd really appreciate it!"

**Answer:** My best advice is read Monroe's trilogy, Icke's "The Biggest Secret" and even Morning Sky's "LA Transcript". These give you a great foundation and Morning Sky gives you an Orion perspective (the Orion reptilian queen is goddess incarnate type stuff). With these you can see the Game. With Monroe, you can see much of the Astral/4th density. I would enjoy finding people like some of you who have written in with questions to associate with, but we are scattered all over. Keep up the great work!

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Range of Responsibility to Ones Children

Question 48: "I have been dabbling in different information for years in an attempt to find my true self. I have read some of the things you said about reproducing and I totally understand and agree. I am pregnant (and am due any day now). What are our responsibilities to the children we have already produced? Can these children impede our connection with our higher self?"

Answer: Your responsibilities are to raise them the best you can. You made a choice to have children, so you are responsible to follow up with their development. ANY 3rd density distraction can impede spiritual matters, but in order to defeat the Game, we must all pass through its trials. Breeding is one of them. You are still at that stage. It's not something that can be avoided in most het bodies. You will have to use your free time to connect with your Higher Self, but, at least until the children you chose to breed are adults, your prime responsibility is to them.

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**Question 49:** "Is an example of females tapping into their male spirit exhibited by the documented cases of so called "virgin births"?"

**Answer:** 'Virgin births' are a creation of religion. Some so-called 'virgin births' are because of alien or secret government insemination unaware to the female.

**Question 50:** "During the gestation process, in the first trimester humans have an extended tail/coccyx and gills giving them the appearance of reptilians...in the second trimester they have the proportionately large head, and eyes giving them the appearance of the greys and in the 3rd trimester they have the fur and general appearance of the modern homo-sapien. Do you feel these characteristics exhibit the obvious genetic tampering of humans by multiple species of beings extra to terra (extraterrestrial)?"

**Answer:** Yes, and also an embryo will take on female characteristics before male. Hence the joking comment about 'if a female child is born, put it back in...it's not finished'.

**Question 51:** "What is your opinion on the statement that the Annunaki originally created the Greys?"

**Answer:** What you refer to as Sitchen's "Annunaki" is actually the Orion Empire. They have genetically engineered more than one Grey alien race, called the Sheti. They worked for the Orion Empire, but joined, at least in this solar system, with the rebel elements, the rebel queen. Both elements are equally disdainful of Earth humans.

**Question 52:** " I do thoroughly understand that there has been so much genetic manipulation/mixing etc. of many species both on and off this planet (ex. certain Anunnaki were mixed species like Murdoq/Marduk (Reptilain/Anunnaki-rizqiyian) and Enqi Reptilian Annunaki- Rizqiyian) and that one cannot simply lump a group of beings into one category without knowing all of the details of the genetic history, etc...however I just want some feedback on certain issues."

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**Answer:** Read Robert Morning Sky's LA Transcript for more details on genetic manipulation of Earth.

**Question 53:** "You stated that a person must "control" their emotions. From what I have learned...emotions are simply Energy in motion E-motion...the same force that created the "universe". You do not "control" emotions, you simply identify them for what they are...as you said, emotions are an important part of this existence. However, to control emotions is not what a person should do...one should learn to react according to the intellect of the "higher self" but not "control" the emotions, you simply channel the emotion in a more useful way?"

**Answer:** To be in control of your emotions is NOT to be a Vulcan from Star Trek. It is to control them rather than they control you. What you stated above IS control of emotions. When emotions control you, you're carried away on the whims of the physical. To be in control of emotions is not denial of them, but constructive use of them.

**Question 54:** "On the nature of a being becoming "both" male and female or one. Wouldn't the "next level" be surpassing even the concept of ONE? What I mean is that once a being realized the nature of existence, meaning that existence IS polarity because you 'need duality in order for a being to perceive that something exists', then he would begin to identify as ONE however the next level would be to realize that ONE is an illusion. You cannot trap ONE.

**Answer:** For one, you are thinking 'one' as a third density limitation. It is not. *You are trying to apply 3rd density thinking to beyond 3rd density matters.* This cannot be done. This is too heavily left brain logic/science. You cannot translate everything from the higher levels to 3rd density terms. There are concepts that have no English word to relate, as Val knows from what I've told him. Drop the scientific analysis and just experience. Scientific viewpoints will limit your ability to experience because it narrows your viewpoint and sets artificial limitations. While defining something MAY limit it, we have to work with the communications methods we have. As I've told Val, if you could only interpret the notes that I've received. They come, not only with mental information, but also with the full range of emotional characteristic and more. There are just NO words to accurately describe. What I've written on the site is just a shadow of what I've discovered.

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Question 55: "If a being feels as if they are ready to "wink" out of this 3rd density realm, leaving behind this game and the obvious illusion of this body, does that being have to wait for death at the end of their lifespan or is there a way to mentally open one's connection to the higher self in a way that allows instant "winking out"?"

Answer: Your death was chosen by you before birth. There is no such thing as premature death. You will not leave an incarnation before you have completed everything necessary for that incarnation to learn/experience. Your Higher Self also is not complete until a Final Incarnation. Suicide is an experience normally not connected with a Final Incarnation. For more on this, you must access your Higher Self as each one is different and only yours counts for you.

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**Question 56:** "From the Orion's perspective, what is the historical rationale behind its claims to Earth?"

**Answer:** It's on an 'off ramp' to the main trade lines set up by the Orion Empire. They 'discovered' Earth the way Europeans 'discovered' North America and acted the same way.

**Question 57:** "If Dark workers seek out those who surround themselves with white light what do 'Light' workers seek out?"

**Answer:** Light workers look for causes. Remember the Light polarity is the cheek-turning masochistic. Reread the victimhood section. Light workers also sit around hoping that they can 'save' someone.

**Question 58:** "If it is an illusion, a waste of time, to try to bring "Light" to the "Dark" areas of our current Space/Time reality, then what is the most efficient intent/perspective/objective(s) for Higher Self incarnates to have who are "interested in using Earth existence experience for the purpose of the accumulation of wisdom and knowledge", and helping the evolutionary progress [that] will happen despite the Empire and the Dark."?"

**Answer:** You are not yet at the level needed to understand that part of the material. Remember, this material is based on a Final Incarnation's perspective. We ALL must go through the Game, both polarities included to gain the spiritual maturity to override the physical and break free of the Game. There is NO one path, NO one way. Live your life as you wish. When you get to your Final Incarnation, you'll understand. Before then, you aren't meant to.

**Question 59:** "Is the Mer Ka Ba appropriate to project around the ovoid of Gold Light? What is your view of the Mer Ka Ba?"

**Answer:** I don't use it. If you feel comfortable in doing so, go for it.

**Question 60:** "Why/How is GOLD light any different from White light? Is it not also a "beacon"?"

**Answer:** The vibration of gold is higher than that of white. It is not a beacon for Dark to battle with. They only concern themselves with white light.

**Question 61:** "Are all 'ET' cultures as "negative" and controlling as the Orions and Sirians, or are there ET cultures ready and willing to work with our awakening Higher Selves to help our Selves here on Earth evolve without the Fear and Control paradigm stressing the planet?"

**Answer:** ALL alien cultures are not negative. Some are indeed interested in assisting, but the Empire has its eye out for these groups. Also, those in political control of Earth are under the control of various Dark alien groups who have killed beneficial aliens who they catch on or approaching Earth. Earth is primarily a Dark polarity planet, unfortunately. When certain aliens said they would assist if the majority of the planet asked, enter the minions who made a majority impossible. Also, looking for external salvation keeps you from finding the only valid source FOR YOU, your Higher Self. With the experiences of

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incarnations, you eventually will find this connection. External teachers can be of assistance, but the burden of discovery is yours. The more you concern yourself with external salvations, the longer it'll take you to discover you have the ability within. Like Glinda told Dorothy, "You've always had the power to go home (find your Higher Self), but you had to discover it." Think on that.

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Question 62: "Who or what is exactly your higher self? In the "Handbook" it mentions that you are to ask your soul for guidance, is this correct?"

Answer: Your Higher Self is the source of animating all your incarnations. It is the REAL you. Think of Halloween. You put on a costume. You "become" the costume. Next Halloween you put on a new costume, etc. You keep the memories of all the costumed characters you've been. They aren't you but they are now part of you. This is, in simple terms, how the Higher Self operates. The accumulation of experiences, personalities and emotions of all your incarnations becomes the real you with the Final Incarnation the pilot and combination of all. What the Handbook refers to as your 'soul' is your Higher Self.

Question 63: "What about the group of SHIM that reach immortality--were they final incarnates, or just had the will to do it?"

Answer: SHIM is a pronoun referring to a spirit. It *cannot* be correctly used as a noun. Correct phrase for your question, "What about the group of spirits (or Higher Selves) that" The Final Incarnation, once the Final Incarnation is complete, becomes the Higher Self and moves on to the next level where new and far different experiences are encountered. You need the total experiences of 3rd density existence to enter that area. When you reach Final Incarnation, AND BECOME AWAKENED TO IT, you will understand what I mean. This cannot be forced or induced before it is time. Meanwhile, learn and continue to explore and experience.

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**Question 64:** "I am writing from Italy and I would like to share that to me physical sexual interaction with one's own self or another SHIM (being of the same gender) is very fine and enjoyable, so do you agree that sex can be exciting even if your purpose is to become wholly independent from the body and to increase its vibrational frequency in order to unfold our unlimited potential and "ascend" so to say, or if you prefer, to let our whole spirit "descend" more fully into the body?"

**Answer:** I must correct you on the use of SHIM as a noun. It is a pronoun like he, she & it. SHIM cannot be used on current Earth genders. It could be used as a pronoun for Ancient Earth humans who, like Earth SHIMself, was a spirit in a combination male/female body. As long as you are in a male or female body, you are either he or she, NOT SHIM. Once you leave the body, you are SHIM. Sex, apart for breeding purposes, is only a shadow of what can be when 2 spirits meld. It isn't that you want the spirit to descend more into the body, it can't. What you should try to do is strengthen the connection between you in the body and your Higher Self through the Crown chakra. Connect and strengthen the flow of control to bring the body in line with the objectives of the Higher Self.



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**Question 65:** "Do you agree that, even if you don't know too many things about what is really holding us back, we can just follow our inner joy and instinct which is our spirit talking to us? Is this enough to override the body limitations?"

**Answer:** There is no need to look for a script. Enjoy your incarnation and your experiences. As you mature spiritually, you will be able to know when it is the body talking or the spirit.

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Question 66: "Thank you so much for your answers, I would like to ask: is the Higher Self the part of the Creator or Isness in us, and why do we call it "higher", isn't all of what we are just SELF, part of us? Isn't ALL just ISNESS?"

Answer: 'Isness' is one of the most inappropriate word I've ever heard. It's cumbersome and just doesn't fit. Whoever came up with that one was off the mark. EVERYTHING is part of the whole, the Creator. It is the Higher Self because SHIM resides in a higher vibration. The Higher Self is the repository for ALL your experiences and the vehicle the Final Incarnation uses to advance to even higher vibrations. Concern should not dwell on the mechanics of the universe as this is not the purpose of current incarnations. There will come a time in one's progression where you will learn much more on this.

Question 67: "I guess that each one of us has their own personal path, but is there a common way we could more easily and consciously access our "Higher Self" and the information "SHIM" holds for us?"

Answer: Read the other answers I've given. I have already answered a similar question. Keep up your progress.

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**Question 68:** "I understand that humor is a key to accessing the higher self and that nothing should be taken as too seriously as you stated in your posting, so as a final incarnation moves on to new experiences, how would humor begin to change or express itself?"

**Answer:** By understanding that NOTHING is 'sacred' and that so-called 'sacredness' is of the body. Once you're here, you look at the oh-so-serious, body oriented concerns as illusion and see the humor in it. Topics such as religion, death, body parts and functions are all things the body considers 'sacred'. They are not. Once you realize you are immortal and the body is simply a vehicle for you to experience 3rd density, you really do see the humor in the illusions the body has created. Yes, this is due to input from the Orion and Sirian Empires (note that violence is ok, but using colorful words, such as 'fuck', are not). Let nothing hold you back. Once you've started changing, others' bodies will try and drag you back...'you can't say/do/be that', 'that's sacred', 'don't be blasphemous', etc. Apart from humor with the non-existent body 'sacredness', your humor will be needed in dealing with higher dimension beings. A serious, somber person wouldn't do well on higher dimensions. Higher dimension beings are very enjoyable with excellent senses of humor. This makes your aura shine, rather than the restricted aura of the all business types. Any more information that this on this topic will have to wait until you reach that level and experience it for yourself.

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**Question 69:** "Since HIV/AIDS is an autoimmune disorder (meaning your body's immune system is broken down and aiding bodily demise instead of properly defending the body), and many Earth humans are reflectively an autoimmune disorder to Earth (meaning many Earth humans are attacking this aware planet instead of protecting it), can one prevent HIV/AIDS infection in their physical body simply by connecting with the higher self and also opening up to the reality that this planet is an aware entity to be respected? In other words will a person NOT get AIDS/HIV simply by being in tune with nature or is the only safe thing for people to do is to only have sex with themselves (masturbate)?"

**Answer:** You can find information on Val's site dealing with what AIDS is NOT. It is not caused by HIV, but by the destruction of the immune system and the drugs that assist this destruction. Once someone who believes that HIV causes AIDS is told he or she has it, they begin to die because they believe it. Refer to Val's material or ask him about further on that phase. There are those who chose to experience this event and will. Remember everything's experience. The way of death was chosen just as gender is chosen. You must overcome this fear. Safe sex is the way to go mainly because using condoms can prevent true STDs. Don't be paranoid, but do be cautious. Being in tune with nature will not prevent a chosen destiny, chosen before incarnation. Being in tune with your Higher Self will lead you to where you should go and what you should do.

**Question 70:** "You stated that final incarnations will not have children because it is a drain on their creative energy?"

**Answer:** Not quite right. AWAKENED Final Incarnations will not have children. It is possible to be a Final, not yet awakened, and have children. In this case, one must raise them properly. Once the children become adults, you will then be free to explore. An AWAKENED Final Incarnation will not want more children, in that case.

**Question 71:** "Are there planets consisting of all "final incarnations"?"

**Answer:** I don't know about that. If so, the whole planet's population would vanish at the deaths of the people. I guess it's possible. I just don't know.

**Question 72:** "If so, how would they continue producing bodies for spirits to incarnate into? Is it done through cloning and growing the necessary body in the laboratory?"

**Answer:** Go back to the Ancient Earth human material. They weren't Final Incarnations, but the population was VERY low compared to today. Most didn't reproduce, however they did when they felt it was necessary. The worrying about reproducing is an Orion DNA command, not of the spirit. Spirit controlled bodies do not worry about reproduction. The process of cloning bodies is also Orion in nature. The Orion queen has been cloning herself for millennia. The Sheti (Greys) are also cloned. They fear not being on 3rd density. You'll have to ask them what their fears are, but I doubt they'll tell you. Again, body focus is Orion. There is abundant life without breeding like roaches for all Higher Self spirits who wish to incarnate."

**Question 73:** "As a spirit gains mastery over the physical dna programming, can the forces which hold the atoms of the body together be consciously transformed allowing the spirit to utilize whatever vehicle is necessary (ex...transforming the body into a living, aware matrix

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for interdimensional travel) to transport it to different places/realms or dimensions of existence?"

**Answer:** Yes, this is possible and does happen in other parts of the galaxy. With Earth humans, the Orion genetic scientists destroyed that ability. This destruction is seen by us only having 2 strands of DNA instead of 12. The so-called 'junk DNA' we carry is the remnants of the other 10 strands. For Earth human bodies to do what you say requires the full 12 strands. This is contrary to the Orion will. They don't want us doing that. BUT, you can astral travel which is other dimensions. Identify with the spirit, not the body. Remember, the body is simply the vehicle for the spirit. Thanks for your comments and questions.

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Question 74: "I had a few queries come to mind about minion spirits and the associated traits described in the material. After a minion spirit incarnation ends (the human body dies), will the soul return to the animal group soul, or will it seek additional human incarnation experiences (or is it a toss-up between these options?)"

Answer: Robert Monroe correctly describes, in his book, about what happens to some of the minion spirits after death. It's probably in his first book, *Journeys Out Of Body*, where Robert discovers this ball of people trying to have sex. He pulls one out and tries to talk to him, but notices the blank look on the face. That's an animal group soul spirit. Read Monroe's trilogy. When the minion spirit dies, it does not immediately return to the group soul. The human imprint must fade before the group spirit remembers what it is and returns, which is winking out from that area and returning to where it belongs. It will not seek out additional human experiences as this is not its purpose. That would be like you trying to incarnate as a rock. It's not your purpose.

Question 75: "I agree that the Hindu idea of people reincarnating as animals is non-sense (unless one considers various people as unprepared for human incarnation as you describe), as it is comparable to sending a student who flunks a grade in school back to repeat a previous grade they already successfully completed. More comments?"

Answer: Although with the hindus, it's not flunking and repeating, although that's what they preach. It's returning to the incarnational path the group soul belongs on. Hindus do not accept converts. You are either born one or you are not. That's also a shadow of the animal group soul. Look at hindu deities too and what do you mostly see? Animals, like Ganesh the elephant deity. They know they are not supposed to be where they are, but the breeding like roaches continues.

Question 76: "Although you have singled out certain groups as examples of how minion spirits manifest in society (Police Officers/Military, PETA/Vegetarians), it seems from your statements that MOST people born are now minion soul incarnations, so you would find this situation in any segment of society?"

Answer: You are correct. This is also a Dark plan. Dark can control a minion incarnation, but it cannot control awakened or awakening Higher Selves.

Question 77: "Anyway, I'm curious about how soul memories from incarnations on other planets might affect one's approach to Earth life. For example, if someone had incarnated

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on the planet with Alex Collier's Andromedans, would they be peaceful, freedom-oriented, and inclined to eat simple vegan food?"

Answer: As our concern is to be Earth, 'what might be on other planets' is not the point. It's the spirit that counts and NOT the body. Collier says he was an Andromedan now born on Earth. Well, the Earth body overwhelmed his spirit and he's fallen into the same mess as everyone else. This is why Earth incarnations can propel the Higher Self to far greater levels by succeeding than incarnations elsewhere. Yeah, the Andromedans can be all preachy but they don't have Earth physical bodies. Throw them in one then watch what happens. No, if you want safe incarnations, go Andromedan. If you want rapid progression, go Earth.

Question 78: "If someone had incarnated on Alpha Draconis previously, would they be inclined to be ritualistic and domineering?"

Answer: Remember in my materials, I've said how Orion and Sirius placed DNA commands in the Earth body. This includes the traits you mentioned. We have the reptilian part of the brain. Guess where that came from. The traits you listed are of the body, of minion and lower through mid incarnational levels. It is RARE to find one incarnating from one planet to another where the differences are so radical. They tend to stay where they are. That's why the Andromedans reborn have all their memories and continue in a new body. It's just a vehicle. The Orion reptilians also want to stay where they are.

Question 79: "When doing past-life regressions with minion-soul individuals, will they recall a lifetime as an animal?"

Answer: I don't know. I doubt these people would want past life regressions. That's a concern of Higher Selves.

Question 80: "I've been told that a certain amount of people tend to be unable to regress to past lives, and that these can typically be identified by looking at their eyes (windows to the soul, I presume). Does this mean that these people are minion spirits? If so, the percentage of people who can't be memory-regressed is pretty low compared to the amount of minions you say are incarnated?"

Answer: You can be on a first incarnation and have no past lives. Minion spirits tend to have flat eyes. Trying to distinguish minion incarnations from low level incarnations is not always easy. It gets easier with advancement and is not difficult for a Final Incarnation. But then a Final Incarnation is interested more in the end of the experience than pointing fingers at all the minions. Refer to my last remarks for your last comment.

Question 81: "Could it be that people in the regression therapy sample population are more likely to be higher self incarnations and not representative of the general population?"

Answer: You have answered your own question.

Question 82: "Also, are there certain geographic regions with especially high percentages of minions (such as India, China, Africa)?"

Answer: Yes, all the above, but not restricted to them. America has loads of minion spirits, but of course in immense populations like India, you have even higher percentages.

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Question 83: "I'm also curious about your statement that human bodies are designed for omnivorous eating. I guess the various races that have done genetic tinkering with Earth humanoids have had a variety of appetites! What diet were the original bi-gender Earther bodies designed for?"

Answer: The Ancient Earth humans were big on nuts, berries, etc. They were not meat eaters. That was introduced by the Orion and Sirian genetic scientists. We are what we are physically.

Question 84: "Do you think a mainly vegetarian diet has any benefits for raising one's vibratory rate and maintaining physical health while incarnated on Earth?"

Answer: I know at the Monroe Institute, when I went there several times, it was a no-meat week. However Monroe himself loved eating meat and look what he accomplished. The current physical body does require an omnivore's variety. The problem is that the government has polluted the meat as well as the vegetables and fruits we eat. Organic meats/fruits /veggies are best. A strict vegetarian diet on the current human body can have negative effects in the long run. However do what you feel you must. Everyone's path is their own and very individual.

Question 85: "Also, I'd think that more evolved souls would be less attached to physical appetites, and therefore would be more inclined to reduce or eliminate meat-consumption when recognizing that the suffering resulting from slaughter is an evolutionary experience they no longer need to participate in. In essence, I'm suggesting the possibility that vegetarianism could be associated with various soul groupings, including herbivore minion souls, radical "light-workers", "star seeds," and even final & dominant incarnations. I may also just be seeking additional insight into my own path, which has included vegetarianism throughout this lifetime.

Answer: Advanced incarnations will likely seek to reduce meat consumption. Whether one chooses to eliminate it is strictly an individual choice and not a 'you gotta'. Those who preach vegetarianism, as you are, above fall into the herbivore line of thinking. Coating it as you did falls into a non-existent one path way. If a Final or Dominant Incarnation chose to be vegetarian, it's for their individual experience, not a better way. Those who condemn meat eating do not understand the purpose of the animal group soul, the nature of Earth human bodies and the understanding of experiences. For if you are wrapped up in the physical, you will not gain full understanding of the spiritual. That you have chosen vegetarianism is fine for you, but you alone. Conformity is of the body and also of the Empire.

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**Question 86:** "Information has trickled from Val's site and other avenues into my awareness for a while now, long enough that the puzzle of thousands of pieces has as a function of its intrinsic intelligence begun to correlate itself. Would it be a good fit to summarize that in the beginning was a word, idea, plan, to promulgate a conspiracy to create a paradigm, one at odds with the evolutionary sweep and ascendancy of the nature kingdoms, one which would transfigure every human from a divine life-emanating spark into a black hole?"

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**Answer:** I don't believe this to be true. The origin was for experience, nothing more, nothing less. Conspiracy is a polarity issue, both Dark and Light. Both polarities would like nothing more than for everyone to believe that polarities exist to the highest vibration. This is false.

**Question 87:** "The current cover of Discover magazine asks whether parasites rule the world. So much more is known now about the truer identity and origin of the Oz's Wicked Witch of the West. She would have to be on the in-volutionary sweep. The gender-basis of the Sirians and Orions implies their domain includes the third and fourth but could not extend into the fifth. Wouldn't we have agents from the fifth necessarily acting from within the dominator's area, the pervasive paradigm?"

**Answer:** The polarities are seeking to extend their divisiveness beyond the levels they infest now. This will not be permitted and steps have been taken to prevent this.

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Question 88: "Thank you for the golden light info and the tourmaline info. I think the golden light news is extremely important. I was also wondering about dominant/or final incarnations responsibility to other dom./fin. incarnations that may be stuck. HmMMM. Responsibility may be a bad word."

Answer: Yes, you're getting into the 'can I save someone' area. This is a Light polarity issue. Dominant incarnations have varied experiences and you must access your Higher Self to find out more about YOUR individual Dominant incarnations and where you fit. Final Incarnations are a whole other matter with complete access to the Higher Self. Dominant incarnations do not have this access. Final Incarnations have significant input from Dominants, but then exceed their abilities. You may have agreed to assist another spirit, BUT this is not the same as 'saving' them. If you are more advanced, you can share what you've learned but are cautioned against trying to convince them. It is up to them to take the info and run with it. This is why I answer questions but never debate or justify what I've learned. This is a Balance issue. Only a Final Incarnation has the potential to reach Balance. The balancing of one's Dark and Light polarities is NOT Balance. They are both different, significantly. Which is why Balance is so difficult for those not in it to understand. You 'owe' nothing to anyone, but you may choose to provide some assistance. If they respond, you can provide more. If they reject your assistance, you have to let them go and find themselves.

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**Question 89:** "Do you have knowledge of the events that are supposed to unfold in the next year and beyond until 2012, and if so, are you at liberty to comment on them?"

**Answer:** It's not events that are SUPPOSED to happen, but rather events others are planning on happening. There are many wild cards and it will be interesting to see which one gets played first.

**Question 90:** "Does a final incarnation imply natural psychic abilities or is it just an aspect that is not really relevant to levels of incarnation?"

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**Answer:** You can have far more psychic oriented incarnations than the Final, most likely a Dominant incarnation at the very least. The Final will have a more sophisticated ability rather than the crowd dazzling, look-at-me versions in lesser incarnations. There are some things people will not be able to grasp until the Final incarnation. You'll know what I mean when you arrive there. Final incarnations are very unique to each Higher Self.

**Question 91:** "Finally, where do you get your information from primarily? I'm especially curious about the Sirian/Orion scenario. I'm aware of the reptilian issue mostly through David Icke's work but the Sirius one (origin of the werewolf stories??) is rather new to me. Any idea where I could get more info on this Sirian aspect?"

**Answer:** ALL the 3rd density information can be located in the Library on Focus level 27 (Monroe). You can access this plus more within your Higher Self. To read more on Sirius and Orion, see Robert Morning Sky's LA Transcript. It is full of Orion and Sirian propaganda, but also lots of information. Use discernment when reading. Morning Sky also had a lot of Orion material in his Volume 2, but this is no longer available. Guess it had too much info and was making the lizzies nervous back home in Mintaka. I had to check up on which was fact and which was propaganda. As for other than 3d information, it comes from higher densities available to awakened Final Incarnations. There's nothing I've revealed that everyone with access to their Higher Self can't find out on their own.

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Question 92: "Having read the works of David Icke, I was particularly interested in this material. My question is this: If the reptilians and Sirians were already split into separate genders (the Reptilians have their Queen, the Sirians their King), and the combining of genders is God's perfect form, how did these two groups become split, and wouldn't they have naturally wanted to create a similar type of split entity on earth? Perhaps they viewed the combined gender as very unnatural. Thanks"

Answer: You must first realize that not all life and forms of it are uniform on the 3rd density nor are they expected to be. Conformity is not the way of the spirit but rather the way of the body. Next, the line that 'man was created in the image and likeness of god' is pure genetic tampering. They took Earth human, which was perfect for 3rd density, tampered with it and then created genders in the image and likeness of the alien genetic scientists, both male and female. The current human body is NOT "the image of the Creator" and not even the image of a disincarnate spirit. The natural shape, as seen by looking at the Higher Self from the outside, is oval and a pure energy being. The incarnation into Ancient Human form was for the Higher Self to experience 3rd density life. The creation of the reptilian race (the oldest race in 3rd density by far) is not our concern at this point of our progress. If you seek that knowledge, the true knowledge of it, it will come to you when you're ready. Robert Morning Sky had given the Orion version of the creation of the reptilian race in his no longer available Book II. Concentrating too much on the external will keep you from where you should concentrate, the real you, your own Higher Self. Once you have connected to your Higher Self and discovered *where you are* in your *incarnational line*, then you can branch outward with a totally new perspective. Until you do connect, your perspective is flawed by your body, genetics, DNA programming, etc. What the Orion and Sirian Empires thought of Ancient Earth humans is irrelevant. They are operating under a Dark polarity plan. They tampered with something they shouldn't have. Select Higher Selves took up the challenge and here we are. The abomination comes from the Dark splitting Earth humans into genders. It was an unnatural act that has caused

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tremendous troubles on Earth ever since and you won't be free of it until you reach your Final Incarnation and graduate to beyond the Game.

Question 93: "Would you say that our astrological birth charts are a statement of what we choose to experience in this incarnation? Is there any validity in astrology. Thank you."

Answer: Yes, your individual horoscope includes all the experiences you have chosen plus many you didn't but are wild cards in your incarnations. The key to an accurate horoscope is the time of birth. If the time is off, your horoscope has inaccuracies. The greater the amount of time error, the greater the inaccuracy. Astrology is totally valid and is used on other systems. The Pleiadians of planet Erra have referred to the use of astrology by Semjase who was Edward Meier's long time contact. Astrology is difficult to learn, but invaluable to those who know how to read it.

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**Question 94:** "How do we integrate the "dark"? One more - you have mentioned the light trap and received much interest from many. I couldn't help but think of all the work Danion Brinkley has done to promote "going into the light". Comments?"

**Answer:** Integrating the polarities is something for the Final Incarnation to accomplish. Balancing them in a yin-yang picture is done first and can be achieved by Dominant Incarnations. Your Higher Self will guide you in these. Since all paths are different, the methods used can also be different even though the goal is the same. "Yin-yanging" the polarities is one thing, but integrating them into Balance is something else. It alters your perspectives and has many benefits needed in higher dimensions. For more on this, you must deal with the real you, your Higher Self. As for those who push going into the 'light', many are indeed sincere and well intentioned. But then the road to hell is paved with good intentions. It's where they're at. It's what the Dark masters want you to believe. Robert Monroe was the first one to tell me personally about the false 'light'. Val has it in Matrix II. I've done my own investigations on the astral. Where will your path take you? Only your Higher Self can say.

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Question 95: I have a question as it relates to moving on and the monastic life. In moving on, spiraling out as you (and others) have termed it, one drops the need for male female relationship, relationship period, the need for Sex, and being young, etc.

Answer: The need for sex is something of the physical and it is a necessary part of the physical experience, even if only self-sex. In order to maintain properly working systems, one should not go dormant. While there is no "need" for a relationship once the spirit is in control, and definitely NO marriages - het or gay - someone can meet a kindred spirit to share a life with. This is fine as long as they are growing together. Once one stops or goes to a different path, you can't allow that to side track you, and therefore a parting of the ways is strongly suggested. Definitely the need to appear young is of the body. The dyes, make-ups, glitters and sparkles all conceal who you really are and make one body centered. That's part of the Dark's plan.

Question 96: Where and how does the monastic life fit into this. Is this another kind of relationship (one we perhaps also do not need) but in the form of one with "God" or all that

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is if you want to call source something else. The name really matters not. In many of these sorts of relationships there is as much attachment to doing service and God as in any other earth like relationship.

Answer: There are different types of monastic life. If it is to be a servant of the non-deity 'god', then it's a false life. If it's a life a service to others, it's a Light side polarity existence. One must examine who the master is in this life and the purpose.

Question 97: I am also aware of something more and that is what speaks to me. I suspect that it is from another incarnation living this life in some form, but it continues to call to me, more strongly as I get older. It is not the dedication to a "God" of some sort that I am seeking by living this life but instead a quest, or deep thirst if you will for knowledge, something that is enhanced when one detaches from the "things" of this world and goes inward.

Answer: The call to dump much of the Game is of one's Higher Self. If the person is spiritually mature enough, SHIM can overrule the body, as long as one doesn't deny the body everything, it won't break down.

Question 98: I wonder what your travels in this level 26 reveal to you of this sort of life. I note that you have commented on various lifestyles and relationships but I do not see this one mentioned. Priest, nun, monk or otherwise. Incidentally the monk is the one that calls to me the most. Perhaps knowledge is my addiction.

Answer: All these lives are of the service (in the US) to the never-was christian god. If you are into religious service, especially of one of the one-god religions, you have not advanced enough spiritually. Praying to non-existent deities will get you nowhere. When you realize the lies of religion (read: The Christ Conspiracy by Acharya S.), you will want nothing to do with it or its trappings (religious orders). All these vocations are polarity and counter to advanced spiritual development. Remember, the more spiritual you get, the less religious. That knowledge is your addiction is fine. The pursuit of knowledge is best found when you are free to do so at your speed and level. The life of a monk reeks of religious bounds, but if this is where you are pulled, you will discover that on your own. Do what you feel you must.

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**Question 99:** A couple of times you mentioned that Robert Monroe gave you instructions on how to connect to your higher self. Exactly what are the instructions?

**Answer:** Unless you have taken at least Gateway, in residence at Monroe's Institute, it would not make sense to you. All I can tell you otherwise is go within yourself and seek your Higher Self.

**Question 100:** I know that we are to stay focus on creating the new paradigm--but when 51/2 billion people starts to die off--some of these are going to be your family, friends etc. What to you tell them, "tough shit" your SHIM wants to experience victim hood, see you around?

**Answer:** Pretty much. That you identify with the body indicates you are not yet spirit connected. Those who are "spirit-connected" realize what the body is and that the spirit is immortal. Again, SHIM is a pronoun and NOT a noun. It doesn't matter if the body dies.

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ONLY the body cares and the spirit not yet evolved enough to separate from the body. Some day you WILL understand.

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Question 101: Can the concept of "soul mates" apply to minion incarnations?

Answer: I received a catalog from Salem, MA which has 2 ceramic pins. One has a woman with a cat and the other has a woman with a dog. Beneath the figures are the words "soul mates". This IS a correct illustration of the term WHEN THE FEMALE DEPICTED IS A MINION INCARNATION. As all minions are from the nature spirit group soul, a nature spirit in a human body IS the soul mate of an animal as when the minion spirit incarnations die, the spirit returns to the nature spirit group soul, both the cat or dog and the female (in the illustrated case). Keep this in mind when tossing about, or hearing the all-too-overused phrase "he/she's my soul mate".

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**Question 102:** Is there a method that you personally use to connect to your Higher Self?

**Answer:** If you have been unable to connect with your Higher Self as you would like to, you may like to use these meditation keywords I've developed and use myself. Using your chakras is a good way to stimulate connections with your Higher Self. Always start at the crown chakra and work your way down through all 7.

Crown: CONNECT - 'Increase and expand connection to my Higher Self' is the thought.

3rd Eye: SEE and this refers to seeing clearly.

Throat: HEAR what you need to hear.

Heart: FEEL, this chakra is important for this.

Solar Plex: DEFEND - keep those defenses up!

Genital: CREATE and this doesn't mean, in the current time, wasting it on creating new physical bodies for minions to incarnate in. Of course, if you are not a Final or very advanced incarnation, you'll be body lead and not spirit lead. Create is for ideas, art, etc.

Base: ENERGIZE - With this feel the base chakra energizing all the other chakras in a clockwise motion from base up to the crown.

After this, surround yourself in a golden eggshell of energy to enhance this meditation and assist in protection from polarities. Whereas this works fine for me, don't feel that you have to use this form. Use what works for you. I'm sharing what works for me. The crown chakra CONNECT is most important, though, as you seek to strengthen and increase the connection between incarnated spirit and the Higher Self for direction and assistance. Your Higher Self is the ONLY totally reliable source for you.

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Question 103: A couple of times you mentioned that Robert Monroe gave you instructions on how to connect to your higher self. Exactly what were the instructions?

Answer: Unless you have taken at least Gateway, in residence at Monroe's Institute, it would not make sense to you. All I can tell you otherwise is go within yourself and seek your Higher Self.

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Question 104: I know that we are to stay focus on creating the new paradigm--but when 51/2 billion people starts to die off--some of these are going to be your family, friends etc. What do you tell them? "Tough shit" your SHIM wants to experience victim hood, see you around?

Answer: Pretty much. That you identify with the body indicates you are not yet spirit connected. Those who are spirit-connected realize what the body is and that the spirit is immortal. Again, SHIM is a pronoun and NOT a noun. It doesn't matter if the body dies. ONLY the body cares and the spirit is not yet evolved enough to separate itself as distinct from the body. Some day you WILL understand.

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**Question 105:** In many cultural/philosophical circles (particularly those of the east, to my knowledge), masturbation is viewed as a means toward depletion and dissipation of one's vitality, or vital force/prana which is contained in bodily sexual fluids. Some of these eastern teachings appear to regard retention of bodily sexual fluids (and thus vitality) as essential to evolution and enhancing the physical vehicle so that soul expression can also be enhanced. That's my understanding of it anyway. There are in fact even exercises designed to 'transmute' this vital essence to higher centres/functions. What's your perspective on this?

**Answer:** In order to maintain a healthy male genital system, you must release fluids. Retention will cause blockages and prostate problems. There is a misunderstanding of the relationship between the spirit and the body in Eastern religions. Remember ALL religions are control organizations. Retention of bodily fluids is NOT essential to evolution. It is detrimental to the body. The key to sexual stimulation and to try enhancing spiritually (this is only ONE path) is to channel the energy into the spirit as you are building up in intensity. This should be done when the intent of masturbation is to increase spiritual identity. Also, reach the peak of this event JUST before ejaculation, but ejaculation itself will drive the intent to its conclusion. If you do not ejaculate, you haven't completed the process. You must let go of the thought build-up and that happens at ejaculation. If you hold on to it by stifling ejaculation, the thought does not complete and the energy is bottled up. This method is really only one path, and not the most efficient by far. But you "gotta do" what you "gotta do". These sexual exercises are also most concerned with the lower 3 chakras and not the heart chakra and above. The connection to your Higher Self does not require the use of sexuality this way, not at all.

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Question 106: Well, I'm from Argentina and I read your material. It is not only quite interesting but also it has triggered some things inside of me, spiritually speaking, I have some questions to ask you personally on your material: 1- I know that you say all about sexuality that "like attracts like" and that one final incarnation should not seek out the opposite. Well, I KNOW that I'm not a final incarnation but I know (and this I REALLY know) that I'm a dominant one, my all life depends on my understanding of how things works inside of me and I'm no longer interested in external things such "what people say" or what should I do if someone do this..., etc. it is wrong to stay with my girlfriend if I really FEEL that SHIM is also on the same path as me? and I enjoy SHIM presence and

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communication? I know I DECIDED this way, it is really wrong for my evolution? What do you think on all this?

Answer: There is no “right” or “wrong” in terms of the decisions you make during your development. There are faster and slower paths depending on some of your choices, but no wrong/right. Only you can tell if you are a Final or Dominant incarnation. One of my Dominant incarnations was as a married woman with 3 children.

A Dominant is VERY different from a Final incarnation. The need for the opposite gender is strictly of the body. If 2 spirits wanted to be together in a Final incarnation, they would both be of the SAME gender as this is in harmony with the First Law of the Universe. For anything but the Final Incarnation, it doesn't matter.

An UNAWAKENED Final incarnation may still make the body errors of opposite gender attraction.

An AWAKENED Final incarnation's spirit is more powerful than the DNA command and will override it. This incarnation may not want to be involved with anyone of the opposite gender where sex is an issue or may only want someone of the same gender. The Final incarnation is THE major step in the Earth sequence. AWAKENED Final incarnations do NOT waste time chasing around the opposite gender, and if they are in a gay or lesbian body, do NOT waste time chasing around the same gender.

Final incarnations have no problems with seeing people as who they really are. Dominant incarnations have no homophobic or other gender-based issues and neither do very advanced incarnations.

You have misused the word 'SHIM'. You cannot refer to someone as SHIM when they are in a physical body. It's he or she. SHIM strictly refers to non-incarnates/spirits, which are both male and female. If you were to the point of being ready to embrace the First Law of the Universe, you would not have to ask the questions on male/female relationships the way you do. Live YOUR choices. Do what YOU wish to do. These are your experiences.

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**Question 107:** I was reading and I notice there is a discussion of the Andromedan incarnational cycle VS the earth experience where the Andromedan is a safe and slower evolutionary path and the earth is a place to incarnate if one wants to evolve quickly. Why would a higher self see a faster evolvment as desirable? I don't understand why fast evolvment would be preferable especially since I see earth incarnations as a lot of work.

**Answer:** Since you are in the Earth incarnational cycle, you'll have to ask YOUR Higher Self why SHIM chose this path. I remember Monroe telling me how the majority of the Higher Selves avoid the Earth experience because they will forget who they really are. Why do some accept difficult challenges? Why do most take the easy route? For your answer, you must connect to YOUR Higher Self as I cannot speak for SHIM. I will say the rewards far outweigh the risks for those who choose the Earth route.

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Question 108: Yes, I've read your material and it contains information I've been researching for years from various sources. Your site is the best I've come across. Why is it so hard to connect with one's Higher Self to obtain ancient wisdom? Is it our genetic programming? I know the higher knowledge and remembrance is in my conscious somewhere but there's a block. I've had one OBE experience which explained basically for everything on the Earth there is a reason whether it's war, famine, whatever. After this life on earth, I'm finding another planet that has some intelligence life forms on it. If I had one wish I could fulfill, it would be to be surrounded by such minds as Nikola Tesla, Mozart and other geniuses who were obviously out of place and time during their lifetimes. It is no wonder they felt out of place during their lifetimes. I like forward toward your response.

Answer: See "**On the Blocks Between the Higher Self and Incarnations**" in the main material.

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**Question 109:** Truly fascinating stuff that you've written about your first person experiences. Thank you :-). Separate from Monroe's HemiSync, with which I am familiar and somewhat experienced (Threshold tape series) I plan to employ newly developed Tree of Life Foundation Accutone sequences (a protocol for manipulating (M) field energies of profound import. These Accutones will be employed in conjunction with the CHEC HemiSync as they are complimentary. Then, whatever TMI program is most beneficial for Focus 27 acquisition is next. (I've had many Self-conscious dreams of Being in the biggest library imaginable, but cannot consciously recall what it was that I was learning after awakening and I've often wondered ... Focus 27 preparation?) I believe you tapped into the Library on level 27. The Monroe Institute has their Beyond 27 week that takes participants to the mid-30's levels. This is where the Higher Selves are residing. Is there anything else that you can/will contribute regarding "getting the most" from Gateway?

**Answer:** Gateway, of course, does not take you beyond Focus 21, so to get to 27, you'd have to go to Lifeline, which has a great tour of 27's Library, Healing Center, etc. For someone who has completed Gateway, the key to your Higher Self is in Focus 12. To access your Higher Self, go to 12 and then move within yourself to reach your Higher Self. If you go to Focus mid-30's you can view your Higher Self from without, but you must get within (from level 12) to access the stored data and meet your Dominant Incarnations and find out where you stand with them. Go for it, and thanks for your comments.

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Question 110: I've been feeling a disorientation with 'the world' most of my life. In particular, the last ten years has seen my life take enormous changes as, in following my inner guidance, I've opted out of the 'trap' I had set for myself (marriage). While there are still repercussions of that trap (through the divorce courts), I have (courageously, some have said) followed a calling that often times has been at odds with everyone around me and has in no way been easy. An overriding hunger and thirst after knowledge and truth became my prime motivation. Along the way, I have also digested the books of Robert Monroe, David Icke, 'The Handbook for the New Paradigm', Val Valerian, Alex Collier, Harry Palmer and many others in my quest to gain such clarity. It certainly has been an interesting ride... But, the net result is: I just don't seem to 'fit in' anywhere! I notice subtle and not so subtle indications that I'm indeed, truly ON MY OWN. And this realization is what truly saddens me. The loneliness I've experienced in this life has only

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grown with each new personal change. Paradoxically, as I've sought deeper connections, I've ultimately experienced greater separation -- Socially -- professionally -- personally. It's like my life has been a journey to find my way home in a foreign place. and now this place, where I exist, is turning nightmarish !

Answer: Congratulations for realizing the trap of marriage and having the courage to remove yourself from it. It's never easy when you go against the Game, but that's part of the test of spiritual maturity. Again, you have made the connection and are seeing the Game for what it is, a major control device. Produce for the Empire, breed for the Empire, obey the Empire. The loneliness you feel is also felt by me, but it is a loneliness based on your spiritual maturing vs. those around you in far lower incarnations. The loneliness is also part of the test for your spiritual maturity. To spiral out you have to be able to do it alone to realize the only one you can really count on is yourself, not ANY external support. If (big IF) you can meet someone in your area who is also spiraling out, you can assist each other, but each path is individual and unless you can both progress at the same rate, one will part from the other.

Question 111: My ideals, one by one, have all been shattered. I have no interest in making money beyond that which gives me a measure of autonomy and the illusion of personal freedom, (and I'm very aware that true freedom in this third density is an illusion), games and sports bore me, I have long ago unplugged from TV due to its annoying mind control which became so obvious to me, but not to anyone else around me. The 'passions of everyday life' have one by one left me. Even the pleasures of sex, and my relentless pursuit to find my 'soulmate', has only put me on a path of a series of relationships that underscore the friction and differences between me and the opposite sex and have created pain in my life.

Answer: The "soul-mate" trap is also one of the "look for an external savior/you are not whole in yourself" ploys. This is a lie. You ARE whole in yourself. The lie of 'now you 2 are 1' in the marriage trap is to make you believe there are male/female spirits and you can't progress without the opposite gender. This is to get you to breed for the Empire. That you had a series of relationships that you describe is the loop you were in. You keep repeating the same mistake until you realize the mistake, break the loop and progress onward. Staying in the loop brings repetitive pain.

Question 112: The only thing I get mildly excited about is increasing my freedom (individual sovereignty), reducing my need for 'things', and increasing my knowledge or understanding of where the world is at and how I fit into it. And, I suppose that this is why I write. This information has impacted me and finds me at a peculiar time. Because of what I've just related, I don't know what's down the line for me. I want to have a purpose, I desire clarity, but I'm not laying hold on it. There seem to be.... blocks....

Answer: Blocks are still parts of your Higher Self you are not connecting with areas where your physical self (DNA commands) still controls you.

Question 113: ... it's a difficult place to be in. To be honest, I'm a fairly positive person at heart, but the very thought of 'spiraling outta here' is very appealing to me. I'm ready! If loneliness is all that is left for me, than what is the purpose of my being here?

Answer: That you are still here says there are still things for you to do/learn. I've asked myself that particular 'why' several times. You cannot leave before your time. Hang in there

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and see what comes to you. Each person's 'purpose' is different in some respects, but the basic purpose is to gain experience.

Question 114: There's nothing here that I want to hold on to. American culture has become a nightmare with its corporate conglomerates, talking heads, bad music, shopping malls, fast-food poisons, pharmaceutically controlled populace and emerging, barbaric new world order and minions like Janet Reno and the Clintons sitting in places of power! I mean, who in their right mind, can really enjoy this reality??

Answer: 99% of the planet can enjoy this reality. We all do until reaching Advanced incarnations when we get the desire for something more/better.

Questioner 115: So, any suggestions to a fellow life traveler beyond what I can predict would be the obvious -- (to continue seeking connection with my higher self?) I figure I'm probably not a final incarnation because it is pretty hard to even conceive of me being sexually attracted to another man. I just don't see that happening. I'm not 'wired' that way.

Answer: You are obeying your Orion DNA commands and that is the body talking. The spirit/Higher Self would NEVER make such a comment. Your 'wiring' is the DNA block and something you haven't overcome and may not overcome in this incarnation unless you mature enough to override this particular command. This is a whole other spiritual facet you need to understand before you can leave. Unless you understand and live the First Law of the Universe (Like Attracts Like), you are not ready to end the 3rd density cycle. My suggestion is instead of blankly saying 'no way' (DNA command), just leave the door open to whatever may happen. Only you can stifle your growth. The Game will be happy to assist you in stifling, but you are in control. Until you do become free of your DNA wiring, you haven't reached the spiritual maturity of a Final Incarnation. However, be who you are and be true to yourself.

Questioner 116: ... But it is interesting, I find I am less and less controlled by my sexual appetites these days, which used to run supreme. While women still attract me physically (through all the senses), I'm thoroughly tired of the chase...it never did bring me the deep intimacy my soul yearns for. So, I appear to be in 'nowhereland' and can really use some guidance. Thank you for releasing this information. It has stimulated me like I haven't been since reading 'the handbook' a year ago. I know I've shared more than you wish to know...but I would genuinely appreciate your responses...

Answer: That's because the attraction for the opposite gender is artificial and a DNA major command. When, in Ancient Earth, the Earther was split into 2 genders, they were repulsed by each other and had to be forced (by DNA command) to come together. The physical attraction for the opposite gender is a body, Orion DNA command that is NOT of the spirit. It is a powerful command that only the spiritually very mature can overcome or is shorted out as in most gay/lesbian bodies. It is your spirit that is tired of obeying the body. You will not find the deep intimacy you look for when you don't/won't/can't follow the First Law of the Universe. Something for you to think about. Our true form is nothing like these physical bodies and overcoming the artificial whims of the body is something we must do to 95% spirit override.

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**Question 117:** Now then, what about these reptilian critters, who dream of Earth subjugation?

**Answer:** It's not a dream, the Orion Empire has been in behind-the-scenes control, in one form or another, since their genetic scientists created genders on Earth. It's just now that they want to return to OVERT control.

**Question 118:** How can it be that any Being with knowledge of the "higher" dimensions could be so foolish?

**Answer:** You must remember that the Orion Empire's queen is in league with the other Dark forces to try and extend control beyond what they now have (read the 3 Handbooks). It's not as much what they know, it's what they don't want Earthers to know.

**Question 119:** Their reputed technological "mastery" is meaningless if, as has been stated, all knowledge available past-present-future is accessible at Focus 27. It seems to me that a cadre of awake, aware, and pissed Earther's could-would make use of the nonphysical resources available to implement the needed defensive technologies to stomp their leathery reptilian butts. What an exciting thought, eh? Star Wars for real here now.

**Answer:** And exactly how many Earthers do you know who can access Focus 27 AND have the ability to put what they learn there into action? What you propose would be a dramatic change in the Game. As Monroe said, this would not be permitted. The Higher Selves incarnating here have decided to use the Game to rapidly advance. In the future, on New Earth, post-Game, this can become a reality, but for now, we must be in the Game on an individual level (to whatever degree).

**Question 120:** Since, ultimately there is no right or wrong only experience, what a game to engage in! Please tell me, have any of these assertions published on Val's website been discussed with the TMI folks?

**Answer:** They are not interested. I have my own opinions about that but will not make them public. Should we ever meet I'd be glad to share them with you.

**Question 121:** Separately, we employ kinesiologic testing to establish the relative level of Truth for anything "outside" of the Creator's "Heaven". (Refer to David R. Hawkins book "Power vs. Force") Based on our testing, the King James version bible calibrates at 495 on our "arbitrary standard" scale of 1-1000. The highest level we've calibrated previously is the original Jewish Pentateuch at 965. A Course in Miracles calibrates at 660, while the various Seth books from Jane Roberts calibrate from 595-660 depending upon the title. When we calibrated Monroe's Ultimate Journey we were astounded to obtain a 2000 level! Several recalibrations employing different individuals of known "Level of Consciousness" confirmed the 2000 level. Then, we calibrated the truth level of the ROTE given to Bob, when he was at the transfer aperture (we use the terminology of LoC, or Level of Consciousness, where the higher the LoC the higher the "truth" or "knowing"). This ROTE calibrates at 5000! Keeping in mind that our LoC calibrations are log base 10, the difference of a single digit is huge. The "jump" from below 1000 level to a 5000 level is truly staggering, or as we are wont to say "holy shit, this is hot shit!" :-)

**Response:** Monroe's material is amazing. It's unfortunate that he was not able to publish Ultimate Journey in its original form. He told my group that the publishers said the public



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would not be able to handle what he wrote and they declined to publish as it was. I'd love to read the original manuscript, but that won't happen.

**Question 122:** Now then, as you apparently have developed your literal access to the Library, whereas we have not yet done so, are you willing to "check out" whatever may be available to you regarding the Tree of Life Foundation and what we are/will be up to, and when?

**Answer:** You must be aware that the government infiltrates organizations such as yours. They are all consumed with technology. My advancements come from non-technological development. The more technology is used, the less that your spiritual abilities will develop. Technology is a 3rd density manifestation. My goal is to spiral out into the non-technological higher densities with the conclusion of this Final Incarnation. While what you are do is with noble intent, it is *not* part of *my* path. The knowledge you seek from the Library is something you'd have to access yourself. It's just not my thing. You already know what you are and are up to, but when the major changes start, that will all fall to the wayside. Meanwhile, continue to do what you feel pulled to remembering that the Stage is about to change.

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Question 123: Thank you for your recent articulate and helpful response. I have another question that's been going through my mind... somewhere in your text you say something to the effect of: "If you want an easy life, go to Andromeda, if you want the hard test, go to Earth --- as incarnations on Earth progress much faster and further than in other venues". The development of character through the hard experiences of this third dimension make a lot of sense to me. What doesn't make sense to me is this: If our spirits exist outside of time, when what benefit is there to progressing faster than another? If time itself is an illusion, a construct, then to what benefit is 'evolving faster'? And faster and further' connote some kind of competition for an exalted state of being.... is that really the case in the big picture? Of course, trying to comprehend states outside of time is difficult from our 3D perspective, at least for my brain! Perhaps you could clarify?

Answer: While time does not exist outside of 3rd density, there is still the internal necessity of the Higher Selves to progress and mature. Why do some kids take the rapid advancement through schools? Why are there those who graduate college when they should be in high school by age? Each Higher Self is unique with unique requirements. You're looking for conformity (an Earth/Orion curse that everything should be the same). You have to grasp the idea of true uniqueness, individuality and freedom. The benefit knowledge you seek will be revealed to you by your Higher Self when you are ready. If you're looking for a group movement, that's your DNA commands wanting to conform to the Game.

You are still operating on the 3rd density physical mode by these questions. What is going on is beyond, far beyond 3rd density life. Just because the Orion model of control/competition exists here does not make it so to the Higher Selves. You have to realign your thinking to understand. This involves getting instruction from your own Higher Self, accessing the Library on Level 27 and exploring on your own. If you cannot do these yet, it may be you are not quite yet ready or it will not be the matter of your current incarnation. There are several Earth-brain numbing concepts that we, on this planet, just cannot comprehend the mechanics of yet. Not to worry about that. Many questions people have will not be answered or fully answered until you are in Final Incarnation or just ended

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Final Incarnation. For matters of this sort, just push the unfathomable to the side, for now. The unfathomable will not be so forever and you will eventually (if not in this incarnation, then another) get the answers.

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**Question 124:** From the piece *Which Road Are You Choosing?* : While there are many paths to progression, there are basically 2 types of roads - smooth and rocky ... Doesn't this thought process go against most messages about our time here? The positive movement, new agers, etc. all seem to say that if your life is Not going smoothly it's due to you not following your purpose, being too negative, and being out of touch with your inner self. They say that suffering is optional and that the smooth road is your birthright if only you would get with it.

**Answer:** Almost everything I've written about goes against most of what you hear from polaric sources. The smooth road is where you buck higher development and where you conform to the Game and its rules. You will suffer FAR more on the smooth road if you are supposed to be on the rocky road. One person I know had the opportunity to take the rocky road and immense psychic development and learning. It was his choice. Instead he chose the seemingly smooth road of conforming to what was expected of him by others, i.e. marriage to a controlling, restrictive female who deceived him into breeding. Marriage, breeding, etc are all part of the smooth road, smooth because you are participating in what the Game requires. This person has since denied his tremendous psychic abilities. In order for him to progress again, in this lifetime, he has to make major decisions that will set him again on the rocky road.

The rocks, as stated in the material, are the obstacles thrown by the Game at you to try and get you to return. These rocks include disfavor by family and so-called 'friends', the body's desire to override the spirit and drag SHIM back into the Game, and so on. As far as suffering goes, your spirit suffers far more on the smooth path. Your body suffers far more on the rocky path as you struggle to control its desires to be in the Game. The New Age religion is full of, especially, Light polarity traps and lies. The person I mentioned is suffering FAR more by having chosen the seemingly smooth path of the body. His spirit suffers due to his choices. Meanwhile the body has what it wants, the APPEARANCE of conformity (but in private, it's a mess).

New Age lies of 'karma carried over into other lives' is another lie. Karma comes from the Hindu religion, the religion of *minion* spirits. You can't convert to Hindu, you have to be born into it, but that doesn't stop the non-Hindus from taking their control methods. Karma is pretty much an instant event. You go up to a stranger and smile and the stranger smiles back. You hit a stranger, and the stranger hits you back. Instant karma. None of what I heard from one woman is true- "That bitch owes me so much she'll spend 1,000 lifetimes paying me back." That's a lie UNLESS you believe it. Monroe said that believers of the karma myth will make it so ONLY as long as they believe it. Once they advance enough, they realize it just isn't so and the karmic wheel, for them, of debt/get stops. Finally, remember what I said in my material that once you get to *an increasingly spiritually mature state*, the rocks on the rocky road are fewer and fewer until it becomes the TRUE smooth path, which is YOUR progression and spiral out of the Game.

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Question 125: It seems that one constant in existence is change. Why don't the reptilian and other 3rd density cultures change and evolve out of polarity consciousness?

Answer: Experiencing polarity is, for the most part, what 3rd density existence is about. However it is to experience BOTH sides of polarity, then blend them together to find Balance. Balance attainment usually happens in higher densities. That the Orion/Sirian Empires are stuck in Dark polarity is true. The only change that Orion had was from male dominated to female dominated millions of years ago. Now why don't they evolve beyond the Dark, since they are the oldest 3rd density race, is something I can't really answer other than to say they refuse to, being so rooted in the Dark polarity. Reading the 3 Handbooks gives you some insight into the Dark plans.

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**Question 126:** I personally found the material in Jane Robert's books, THE EDUCATION OF OVERSOUL 7 and THE FURTHER EDUCATION OF OVERSOUL SEVEN, very helpful. It is similar to your material if we replace the word 'OVERSOUL' with "HIGHER SELF." Are you familiar with the material?

**Answer:** I haven't read this material, so I cannot comment on it.

**Question 127:** I find that astrology as currently used and taught in our society makes people scared to move a step without consulting their astrologist first. This is wrong. The daily astrology advise in our papers is mostly fortune telling. We create our own reality and if we buy into other people's belief systems, then we no longer create our own reality. I think you might clarify or expand your comments about the validity of astrology in general.

**Answer:** First of all, 'astrologist' is an incorrect term. It is astrologer. If some people become 'scared' because of astrology, it's their problem and not that of astrology. You've played right into the victimhood part of the Game with that comment. As for the astrological snippets in newspapers, they are rarely correct, but then they are strictly for entertainment purposes. No 'fortune telling' there. Astrology is completely valid IF the individual has a horoscope cast specifically for him/her AND the birth data is accurate. If the birth time is 10 minutes off, the horoscope will have inaccuracies. The burden for accurate information lies with the client and not with the astrologer as far as the casting is concerned. Also, there are astrologers (people who have studied for years) and then there are want to be astrologers (buy a computer program and sell charts or one who has never studied, but just read a book or two). It's up to the client to check out the astrologer's credentials before consulting. That you choose to play victim and victim advocate is your weakness. Astrology is the most complicated of the predictive methods and the most accurate when the data is accurate. If you don't care for it, that's one thing, but that does in no way invalidate this science.

**Question 128:** I find that most astrological forecasts for the world on the internet turn out totally wrong. All timelines have been altered and most prophets and astrologists are being proven more wrong than right. Also there are many other systems [non astrological] that can be used to discover what the Higher Self has come to experience in any life. Each of us may use a different system which is more helpful to us.

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**Reply:** I really don't know why you're carrying on so. The second Law of the Universe is Allowance. If you don't like astrology, that's your business. But just because it hasn't worked as you expect it to does not invalidate it for everyone else. Astrology is very complex and you probably are not capable of grasping the complexities of it, which is fine. Stick to what works for you. I haven't read anything on Val's site that says astrology is the alpha and omega of predictive methods. Also, who appointed you to speak for a group?

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Comment 129: I wish I'd come across your material a little earlier as I have been 'trapped' in a situation that, in retrospect, I would never have gotten into had I had the time to sit and contemplate what my inner voice was telling me.

Reply: The inner voice you hear is informational pulses from your Higher Self. Your body's DNA commands overruled your spirit and you conformed. That is the lesson you have been experiencing.

Comment 130: I have never agreed with marriage, I never understood the gender wars and what was happening to females and their controlling tactics and manipulations (this resulted in some very fractious relationships) and I expected never to marry or have children or follow 'the flow' - quite simply it all didn't agree with me and I expected to lead quite a lonely but spiritually rewarding existence despite the pressures from family and peers to "settle down".

Reply: This was your spirit talking. I've observed that once the rare type of person expresses these sentiments, a vibration is put out that those of the Game respond to as a challenge and they begin to actively seek you out to drag you back into the depths. Unfortunately, you weren't spiritually strong enough to resist and you were allowed to experience your current miserable situation to learn from your errors.

Comment 131: A year ago I met someone who very quickly moved herself and her small child into my life along with a huge amount of baggage from the previous relationship with the child's father - they presented themselves as needing 'rescuing' from the fathers' continuous and bitter court cases for custody and I fell into it.

Reply: This is typical victim behavior that females LOVE to use to control males. Unfortunately, you couldn't resist the 'line'. As the very wise Roman poet and philosopher Virgil said, "Foolish is the man who trusts a woman." I'd also add 'foolish is the woman who thinks she can change a man'. It is the woman's desire to change and manipulate man that gets her into so much trouble with men. They refuse to accept him as he is, try to make him into what he doesn't want to be, then wonder why he lashes out. As I've said in my other materials, other than for conception, males and females are totally incompatible. Yes, this goes to Orion DNA commands and is a big part of the Game. Women LOVE to use the 'oh poor me' and far too many men fall for it then see as the manipulative creature begins her manipulations on him!

Question 132: The problem is I now have the responsibility for a 4 year old stepdaughter and my own 9 month old daughter and our family unit as a whole - what should I do about this situation?

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Answer: For your own sake, you need to throw the baggage out! She used deception and manipulation to move in. Now that you're aware of it, you need to summon the courage to throw her out or move out yourself. The stepdaughter is the problem of her mother's first husband. You can field responsibility for your daughter without living with the woman. Being the type she is, she'll put her victim mask on again and find another sucker to drain. However, you'll be free to pursue your own life.

Question 133: Sometimes I have a strong urge to follow what my inner voice says and get out of the situation, but I feel the tug of responsibility for my family and their upbringing - I do love them very much but I feel trapped. Do you have any guidance for a situation like this?

Answer: As I said earlier, your inner voice is your Higher Self. You can choose to ignore your Higher Self and continue to suffer. Yes, if you tell her it's over, she'll carry on and spread the poison only a female can spread. This is part of the price you must pay for your freedom IF it means that much to you. As you say, you're trapped. Being trapped will only stagnate your spiritual growth and shorten your lifespan. It will take courage to embrace your spiritual side and the shrew will warp words to try and place huge guilt on you. You must ignore these comments and consider the controlling source!

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**Question 134:** As a Final Incarnate, what is your perspective on the prayer/affirmation in the Handbook for the New Paradigm which says "I am a human God Man/Woman becoming - help me to become God Man/Woman realized? After connecting to your higher self and knowing who you truly are, would you consider or know that you are God Man/Woman realized?

**Answer:** The Handbook affirmation is a good mantra, but I would alter it slightly to "I am in a human becoming, help me to become". What you have written is not the mantra. Once you have personal realization of who you are and are connected to your Higher Self, you no longer have need of this mantra. Knowing who you are is one thing. Operating in a human body full of alien DNA commands and restrictions inhibits the spirit, but the goal is NOT reversal of ALL DNA commands, but self-awareness.

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Question 135: many eastern philosophies indicate that any kind of sexual activity culminating in orgasm depletes the physical body of its vital essence. Is this part of the Orion or Syrian brainwashing?

Answer: This has already been covered in the material. Many Eastern philosophies are wrong and alien manipulated, getting into the false sacredness of the physical as opposed to the dynamo of the spirit.

Question 136: Do you feel that friendship - be it platonic or otherwise - is truly possible between 'opposite' genders (perhaps in Spirit-dominated incarnations, it is)?

Answer: Of course it's possible. It's easier for a spirit in a male body than one in a female body due to the females Orion DNA activation and desire to dominate and control males. I have a few females who are very good friends, but I also limit how close they can get to me. 2 of them are very Advanced spirits, so it's much easier to deal with. They are far easier to

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deal with than men who 'need' a female. One of my closest female friends has evolved beyond the 'need' for a male and is a lot of fun. Once they have spiritually progressed to overcome this flaw in the body, they become truly liberated and are really pleasant to be around. So, yes, it is possible.

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**Question 137:** Hello, I've been skimming thru your articles on the higher self and I had a question. Why would my higher self appear somewhat faceless in the dreamtime as I believe I have seen on a few occasions. Sometimes I would switch bodies with it as well. I thank you for your work.

**Answer:** You definitely won't get as much by skimming these articles. What many people call their guide or guardian is actually their Higher Self, in almost all cases. You will have to access your own individual Higher Self to get the answer to your question. Read...don't skim!

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Question 138: There is an "apparent" paradox on assuming the position of an observer ... The news elements that you provide (specifically the drugging our our children) begs for response. Almost like a call to action. If we are to take no action against "wrongs;" if we are to observe --not only the dumbing-down of our children, but the absolute conditioning of their capacity -- and regard this scenario as only a "game," then why post this information in the first place?

Answer: Your point is a good one. It's NOT to sit by and allow yourself to continue to be dragged along by the Game. It's to take the *observations* and *apply them to your life*, if you wish, and remove yourself from them. This would include your pre-adult children as well. Using the Second Law of the Universe, you can remove yourself from participation and do only what is necessary. The Game says OBEY. If you choose to separate, you say 'not if I don't have to'. For example, you don't HAVE to brush with fluoride toothpaste...you don't HAVE to get married...you don't HAVE to breed...you don't HAVE to live to please others...and so on. The call to action is to WAKE UP! Once awakened, you withdraw and begin to spiral out. BUT the Second Law says you must allow those who wish to participate in the Game to continue doing so. YOU CANNOT SAVE ANYONE BUT YOURSELF. This should help you gain an important perspective.

Question 139: In Robert Monroe's latest book, there is a pervading thread that somewhat nags Robert about his impulse/desire to "do something" for mankind. This point is finally resolved for him in that, yes, most of these urges are ego driven, but on occasion, there is a "higher" universal motivation for service (when the dog is wagging the tail, and not vice versa). It was suggested that the magnitude of his potential effort was such that it was out beyond the usual egotistical realm. This speaks to my question to you about observing vs. service (and in some cases, I don't regard these two concepts as being mutually exclusive at all). Through trufax, you provide a service; you apparently are doing more than simply watching. You disseminate valuable information and perspectives that have value, and may cause a stirring "in the members." On the face, it appears that your transposing/creating has a non-observational reality. As if this service would not exist unless you responded to it. I would see this as a motivation to participate (not in the game, but in providing the real

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rules of the game so that sentient beings can exclude themselves from further participation). Am I making myself clear to you?

Answer: Your comments are a bit cumbersome, but I think I got your drift. The material I have released will make it easier for the Dominant and especially the Final Incarnations to see the Game for what it is and make decisions, based on the knowledge, to spiral away from the Game and on to higher realms, if they so choose. By excluding yourself from the Game, as much as possible, you are 'saving' yourself. A mature spirit will be able to override the body's DNA commands, realize SHIM's individual nature and act accordingly. This data has been unavailable anywhere public and it is necessary to be made available at this time. Followers are the last things I want. Take what info you can deal with and adapt it to your situation. Most importantly, connect with your Higher Self. By providing an escape hatch, the Game withdrawn from. Monroe provided a very important batch of information in his 3 books, and at the Institute, if one can afford to attend. Unfortunately, his 3rd book is severely watered down as he told my group that publishers wouldn't touch it because the public couldn't handle it. Well, the public can't handle what I've been releasing, but then my material is NOT for the general public, as stated. Observers DO things, watchers don't, but observers also follow the Laws of the Universe, especially one and two.

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**Question 140:** You shouldn't have included all of these question buttons, because people like me will surely push 'em. Shouldn't the most advanced states of enlightenment embody the ideal that "You don't need anyone" Male or female?

**Answer:** Yes, you don't NEED anyone, but unless you're *willing to share experiences*, you miss the point. We are social beings and *not* hermits. Yet, due to Orion DNA, the forced 'need' for the opposite gender is built in and only overcome by failure of that segment of DNA command or the highly advanced spirit who can overcome that command by *will*.

**Question 141:** ... And since we are all diplomats of the higher self, and internally, or rather spiritually we are sex-less ...

**Answer:** We are not at all 'sex-less'. The Higher Self incorporates BOTH genders in one. "Sex-less" is neither genders.

**Question 142:** ... Should not the appeal for companionship apply to the soul or spirit of whomever we so choose. Should we not strive to meet with souls we find enticing (As evidenced through their thoughts and actions) Regardless of their sexuality or sex?

**Answer:** You are correct, but how many people do YOU know who will follow that line *regardless* of gender? Then there's also the built in electrical/chemical shorting out of Higher Self functions built into the physical bodies to keep this from happening. It is not as easy as you would think to accomplish this in a het format. However, do what YOU wish. Time and your Higher Self will set your pace. When you reach a certain level, you will better understand what I'm talking about.

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Question 143: To play the Game and knowing that one rarely meets another player who speaks out freely about it, makes one wonder whether there is more than one Game to play.

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Of course I've read your viewpoints and learned about your experiences, I've been out and in the Game myself, experienced different parts of different lives in and out off my physical body and still I find it not always easy to see my role as a player from the perspective of my Higher Self. That is, continuously. I do have a large sense of tranquility/joy in confronting third/fourth dimensional happenings. Usually the tranquility is intensified after I've touched base with my Higher Self. Why is it, you think, that so many players keep silent so much? Do they all experience a different Game or/and a different awareness of the Higher Self?

Answer: I DO know what you mean about playing with the players. Observers are always gauging reactions, so they can play 'devil's advocate' with those still in the Game by tossing situations at them and seeing how they respond. This is part of the observer experience. You are here to learn. Those you are observing operate under the rules of the Game. It is interesting to see how predictable they'll act even when you've boxed them in with logic and use their own words to do this. Those fully in the Game will not budge from the Game's rules. The Higher Self reveals SHIMself in stages and not until the Awakened Final Incarnation does the incarnated self have full access to the Higher Self, thus varying degrees of awareness and varying degrees of body dominance/ID and Higher Self control.

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**Question 144:** For example, although I am 50 years old I have somehow "known" since I was a teenager that my body is just a "meat suit" that houses the real me, a suit that I have always found heavy, unpleasant and energy-draining to lug around. This is despite having been blessed with a large, powerful and exceptionally healthy carcass. Another thing: As I read about what you refer to as the "game" it resonates totally with my own recent and massive insight into what I am calling the "simulation": a high-intensity total-immersion super-virtual-reality program run by entities not having our best interests at heart. With respect to the meat suit and the Game, these are things that I most definitely want to exit ASAP, so what do you recommend I do? I tried suicide once some 20 years ago and now believe that taking that route is a mistake, that there needs to be a better way. I certainly do not want to make my current dilemma worse by reducing my options or, God forbid, trapping myself in the simulation by falling asleep again indefinitely. What do you think?

**Answer:** Suicide is an experience option of death available to a Higher Self. It's up to that Higher Self whether to choose it or not, but that would have been done before incarnating as your death is set before birth. ONLY someone with a Higher Self will choose suicide. Minions would NEVER choose it. Like you, I find little to stay around here for, but, since I'm still here, there are things for me to accomplish. I have faith in myself and suicide is not an option for me. Trust in your (Higher) self as well. If you would have left, you'd have never run into this material, for one. It's the frustrations of being where you are and finding yourself surrounded with people who want nothing better than to play the Game. Many interesting events are unfolding - you can see them now.

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Question 145: I am vibrating with excitement after "accidentally" finding Leading Edge Research Group yesterday while web-surfing? I have read all of Monroe and lately I been fervently asking my High Self to reveal to me the exact methods/technology for identifying my beliefs, collapsing unwanted/non-useful beliefs, and installing new beliefs that serve me better. The first question (above) is somewhat rhetorical but I would still welcome an

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answer. The second question is: Can you direct me to specific resources that will help me teach and train myself to achieve total management of my beliefs? This is the only goal I currently have in my life, and I will do whatever it takes to achieve it.

Answer: First, read all the books (3-volume *Handbook for the New Paradigm*, and Monroe's 3 books). You will be led to more. Keep watching my updates. Keep up the good work.

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**Question 146:** What is the fate of the cloned or soul-less beings? If all human life forms must be animated, why is cloning allowed? Are cloned beings animated? If so, how are they animated?

**Answer:** The minion spirited beings, as stated in the material, originate in the animal (nature spirit) group soul. Upon death of the physical body, they return to this group soul. Who do you think is going to stop cloning? No one stopped the Orion Empire from altering Ancient Earth humans to what they are today. A Higher Self spirit can animate any type of human on Earth for the experience. It's the overpopulation that has required energy from the animal group soul.

**Question 147:** What of the tortured beings in cages in underground military bases? Did they chose this fate prior to incarnation?

**Answer:** You would have to ask the individual Higher Selves about that. Remember EVERYTHING is an experience. There is no such thing as good/bad, just different experiences. If the comprehension of that eludes you, push it aside and a more advanced incarnation of your Higher Self will.

**Question 148:** Do souls incarnate merely to overcome negativity? Isn't there a difference between negativity absolute evil?

**Answer:** NO! Experiences, experiences evil and good are polarities and value judgments. For example: humans look on reptilians eating them as 'bad', while reptilians look on eating humans as 'good'. An obstacle to overcome is placing polarity values on experiences. This is overcome in the Final Incarnation.

**Question 149:** How does one know if they are in their final incarnation?

**Answer:** You are able to connect with your Higher Self. More on this was covered in the materials.

**Question 150:** Can the dark forces actually capture a soul & prevent it from reincarnating? ("Soul Catcher" microchip)

**Answer:** Yes, but they'd rather toss SHIM back into the physical of their choosing to produce for the Empire.

**Question 151:** Is a soul responsible for their earthly actions when under mind control?

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**Answer:** If one is not choosing the action, but is under command of another, ie mind control, obviously the incarnating spirit is not choosing the action.

**Question 152:** How can humans combat mind control, i.e.. EMFs, subliminal programming ?

**Answer:** This is a better question to ask Val. He's got loads of material. The T-1 device is one excellent protection. Ask Val

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Question 153: I have always admired the work of Robert Monroe and David Icke. Since you met Monroe personally, I was wondering if you might know if he knew of the reptilian influence that is taking place on Earth. You mentioned that his last book, *Ultimate Journey*, was watered down for the public. I have reread *Far Journeys* and in the chapter "Hearsay Evidence" he seems to hint quite strongly of this influence but never mentions anything outright.

Answer: Robert, in public, always denied there were ANY intelligent life-forms in the third density galaxy except here on Earth. Some of us knew that wasn't true. Robert was a Scorpio and knew how to hide things. When someone else, from the program I was in at the time, and I met privately with Monroe, we told him about our alien experiences he didn't comment. We told him we saw the aliens coming. He didn't try to counter that, but wouldn't say more. Just as *Ultimate Journey* was severely censored, so was many of the things he talked about. My opinion is due to secret gov't influence at the Institute.

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**Question 154 :** My question is about what Robert Monroe calls loosh. Can you please clarify this substance called loosh? Thank you.

**Answer:** Loosh is a word that Monroe created. It is not a physical substance. It is not a word that I care for either. Loosh sounds like something you'd flush down the toilet! What it seems to refer to is the Balanced harmony emissions given off by the Earth of the future. Although not physical, it is a 4th density vibration that is, apparently, harvestable. Any more than that I can't add anything significant as I haven't investigated it on my own beyond what I've already mentioned. It's just not something I'm particularly interested in at this stage, but I hope that I've clarified it a bit for you.

**Question 155:** Can members of the same family, say for instance, father, mother, son and daughter be of the same Higher Self?

**Answer:** While just about anything is possible, it is not very likely that what you asked would occur. Not enough variation of experience to make it worth the event. Interacting with yourself is not a new experience. You can always interact with yourself within your Higher Self, but it doesn't expand your growth by doing so on the 3rd density.

**Question 156:** After I had digested all your material and compared it with others from TMI, I went through a depression because some of the stuff disturbed me, and one afternoon, took a nap with all of this on my mind, I didn't use any Gateway tapes, I suddenly felt my body asleep and my mind awake in a "foggy form" going out of my body, as

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I was observing and feeling the process, slowly going out by the head, an outside invisible force suddenly pushed me back inside the body as if it really didn't want me to go ahead, and a sex urge was triggered. I didn't feel any fear nor panic, instead very calmly, I mentally projected a golden energy balloon around my body and all of a sudden everything stopped! I woke up in the body pondering on what had actually happened and my question was: what was that invisible force that pushed me back???? I could not identify it!

**Answer:** That you successfully used the golden shield drove your attacker away. A golden eggshell will never harm any being with an intent that your Higher Self will allow. The spirit transmitted a sex urge to you knowing that a powerful sex thought will send you back to your body (when you are untrained or a novice). Instead, it didn't work and you wound up driving the spirit away. You're learning things you weren't meant to learn (according to those in control of the planet and lower 4th density). They want to keep you from exploring further. The golden globe is an excellent defense. Add a lack of fear and you're unstoppable. You did well and will be better prepared on your next journey.

**Question 157:** I am also a member of the Voyagers Mailing List at TMI, and I realized from the posts there as well as from your material that all this stuff about so called "Ascended Masters" is nothing more than another belief system. THANK YOU for clearing out this point! I had a feeling for some time that all of it was just "crap"! :-)

**Answer:** Yes, you can add so-called 'ascended masters' to the list of those trying to keep Earthers down and controlled. The only 'master' you need to pay attention to is your own Higher Self, hence you. Keep up the good work and keep investigating.

**Question 158:** You wrote a lot about minion incarnations, I'm wondering how a spirit from the animal level can animate a human body. Is there some kind of connection with tampered human DNA (i.e. smaller amount of strands) that permits this?

**Answer:** Animating spirits are the same at the basic level whether group soul or Higher Self. If the over populated planet didn't have access to group soul spirit energies, Earth would be having stillborn births in droves. Earthers are breeding like rats due to Orion DNA commands since Orion demands for food and laborers is quite high. When a minion incarnation dies, the animating spirit returns to the group soul, but it's nowhere near the same as Higher Self. There is another purpose for the nature spirit group soul, but that is not our concern at this level.

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Question 159: After death, which density is usually reached after the end of a reincarnation cycle and what form do we take there, the formless higher self?

Answer: After each incarnation, we go to the 4th density (astral). When the incarnation is finished on the 4th density, SHIM returns to the Higher Self which is on the 5th density. The artwork on the cover of Matrix V pretty accurately shows what our true form is, and you can see the form is nothing like human. After the Final Incarnation, all the incarnational streams are pulled back into the Higher Self and the next move is to another higher than 5th density. The Higher Self is not formless, SHIM is oval in form.

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**Question 160:** Apparently there are various kinds of beings living in higher densities (4-5-6+) who take a form we could characterize as "extraterrestrial."

**Answer:** I have interacted with one type of being well beyond 5th density. They do not look like 3rd density humans or any other 3rd density lifeform. When you are ready, you will meet them. They are very interesting and well worth knowing. It isn't necessary for me to say more at this time on this.

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Question 161: Do the Higher Selves decide what is going to be created in terms of universes and living organisms or does this design come from higher creative sources?

Answer: The Higher Self progresses in stages. Once you are finished with 3rd density incarnations and your Final Incarnation takes SHIM's Higher Self to the next level, that Higher Self of you becomes one facet in the next level of your progression and you have a higher version of your Higher Self to work with and gather new, totally different experiences. Eventually you reach a level where you create galaxies and design 3rd density events. It's super neat, but not of any particular concern at the 3rd density level. When you are ready, your own Higher Self will lead you to further information.

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**Question 162:** Why are most aliens described as humanoid? Is this strictly a 3-4<sup>th</sup> density characteristic?

**Answer:** Humanoid refers, not to human, but basic human form: 2 arms, 2 legs, head, torso. Reptilians are humanoid in shape, but far from human. You can find silicoid incarnations that are humanoid. Yes, this is primarily a 3/4th densities characteristic. The reason it exists on the 4th density is because the spirit is holding the form SHIM had on the 3rd density. If the form was released, the spirit would look like a mini-version of the Higher Self, an oval shape.

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Question 163: In what way does the Orion queen need these social changes? If the Orions are so powerful, then surely they don't have to change our gender relationships.

Answer: Your observations are correct and questions are good ones. Earth is rich in minerals/water. The Orion Empire would prefer NOT to destroy Earth unless Mintaka feels it will lose Earth. Planets belonging to the Orion Empire are all female dominated to mirror the rule of Mintaka. The males are totally subservient to the females. There is much power in the male and this is feared/envied by the female. When you have fear, you try to subdue the external cause of this fear. To keep the males away from their power (something a female cannot have) is paramount. When the Orion Empire deals with other planets in their grip, they do so with female representatives. This is how THEY think.

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**Question 164:** What is the future for men as these changes continue over the next few years?

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**Answer:** I was just talking about this with Val last night. IF the Orion changes kept going without check, Earth men will wind up in the female position and females will complete their quest for dominance. This, of course, is a perversion, but then the genetic scientists loaded Earth humans with lots of perverse DNA commands to weaken the being and keep them from finding out who they really are. Monroe's and my trips to the future both saw an *end* to this cycle. It will not come to the end according to Orion demands. The planet will undergo *MASSIVE population reductions*. Yet, as far as I can tell, unless the DNA is altered, even with a small population, the female will still demand control. I don't have (yet) the final answer to what will end the female Orion quest, but can only give encouragement that it will end. Keep 2012 in mind. Many major events to unfold in the next 11 years. Meanwhile, until your spirit is mature enough to reject the hypocrisy of heterosexual relations (except for procreation), you will continue to be the object of female control. Your choice.

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Question 165: What is the final Orion plan for males, i.e. will males be eventually eliminated like in the SCUM manifesto?

Answer: Males cannot be eliminated, as they have not been able to artificially create the power of life that originates only in the male. This grates on the females like nothing else. They know their eggs only go to enhance the life (sperm) created by the male. This is one of the powers available *ONLY* to males and combined gender beings. They would like to eliminate the male, but they would be unable to create further female life.

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**Question 166:** I'm an 18 year old boy from Australia, and since I have been in my early teens, I have always had these feelings, indicating to me that something is not right here...something is going on, but until now, could not work out clearly what it was. I follow the work of David Icke, Alex Collier, and now your work. I can now see all my life I have been conforming to the Orion DNA programming, whether it be female relationships, driven by Ego etc.. With all the free time I have, I always investigate this sort of information, and I really do feel that I am slowly leaving the game, and getting in touch with my higher self, but as I do this, I see myself closing myself off to all my friends, family etc a lot...I'm becoming more alone, in a sense, at only 18 years old! While I still do the normal "doings" of any teenager, I still feel that what I'm doing is not the way it should be...that I'm here for something else. I really want to spiral out of the game, but am finding it very difficult at the same time. Not difficult in accepting the information, (because I have never believed in religion, or any other belief system), but difficult in over riding the programming, which I really want to accomplish. I'd very much appreciate it if you could give me some advice!

**Answer:** Allowing your Real self, your Higher Self, to override the body is a major event that happens in stages ending with your Final Incarnation where you have overcome sufficient bodily commands to progress beyond the desire to stay in the 3rd density. Just because someone reads the material does not mean they are in their Final Incarnation and *NO ONE* can tell you if you're a Final except your Higher Self. Overriding the programming is more difficult if you're born into a heterosexual body due to the powerful DNA commands the aliens placed in the body. There are distinct advantages being in a gay/lesbian body, but

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those, in and of themselves, are not enough if the spirit hasn't advanced enough to make the best out of these advantages. We have choices...follow your inner self or follow your body's commands and do what society demands. Society is full of alien shit and will do nothing but mold you into conforming. Conforming will NOT advance you spiritually, but is necessary in lower incarnations for the experience. It's breaking the conformity that advances you spiritually.

When you try to break free of conformity, those people you know will try and drag you back. Shamanic vision will show black threads attaching to you and pins/knives in your back as they try to weaken you spiritually and force your return. Smudging yourself with sage is one way to break these poisons. The best thing you can do is to stick to your guns. It isn't easy. It's very lonely. If you're a Final Incarnation, you will succeed. If you're not, you will still make progress according to how advanced you are. Don't despair. Your spirit must be purified in the fire of adversity to get the impurities of 3rd density life out of you. In your Final Incarnation, you see things as they really are and you no longer desire to be part of it.

We're in the season of Capricorn (conform, conform). It is a season of control (diet, fear death). Final Incarnations will look at those who push their diets as so much of the body. Live longer so you can be put in a home. Better to live fully. You can have as many incarnations as you wish. It's the body that fears death, never the spirit who can't die. So if someone is always on their die-et, it's body control and desire to extend its existence. BUT you chose the amount of life your body will have BEFORE you were born. This is why you can die jogging, get hit by a bus (and be in prime condition) or smoke cigars and drink (like George Burns) and live to 98! If you have any specific questions, please ask and stay true to yourself.

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Question 167: Greetings, and thank you for the messages disseminated within these pages, they have been a source of much insight and growth. I am currently an 18 year old female body and have been considering the implications of this choice for several months. I believe that I am awakening to my final incarnation, but will not limit my experience in any way I am aware of to avoid. I seek to become more aware of any and all DNA commands that are inherent (possibly) in the female structure. I will not deny the surge of feminist and women-first organizations, and do not judge them, but do not agree with them, either. I have read two of the three handbooks and am currently enjoying the third. I am familiar with most of the books mentioned thus far, including Robert Monroe (didn't like all the acronyms), David Icke (interesting, but perhaps light-oriented?) and a lot of the Leading Edge Research Group articles. Any other links you could offer to an eager learner or numbers of interest in the trufax website itself?

Answer: Robert Monroe didn't always speak plainly. He was a Scorpio and would hide many things despite all that he did reveal. So acronyms are one of his things. I tell it as I see it. David Icke's material is great, but he is definitely a Light-sider who thinks he can 'save' the reptilians. That, of course, runs contrary to the Laws of the Universe, primarily Allowance. This doesn't negate the value of his material, but knowing he's a Lightsider means you have to peel away Lightsider fog. One book you should also read is The Christ Conspiracy. Even if you're not unfortunate enough to be a christian, we live in a world where christians pollute minds with their mythologies. Cathy O'Brien's Trance-formation of America is another good, but shocking book showing there is no Earth authority figures that

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can be trusted (to say the least). Other than that, you have to see where you are guided for what YOU need to know /experience.

Question 168: As a side comment, I have discovered to my delight that there is a whole community of youth waiting to understand the call to the new paradigm if they are only awakened. while I am not saying I "should" awaken anyone, just mentioning my own beliefs and dreams of the future are generally enough to get someone to open to new ways of thinking for themselves.

Answer: Make sure you don't substitute 'awaken' for 'save'. All you should do is present what you believe or know (they ARE different). If the person is interested and asks for more, give as long as they are receptive. If not interested, then drop the subjects, because if you try to force the matters, you become as bad as the christians, muslims or other 'be like me' religions.

Question 169: I have been interacting with another evolving individual for the last nine months. We are of opposite genders, but we both have come to a point where sex has become a DNA command we recognize and have decided to ignore. We love each other, and are willing to express that love platonically, or otherwise when we are ready. My question here is, what methods could you recommend that we might do together to strengthen our bond as "SHIMs"; to join two spirits, as you have mentioned earlier?

Answer: That is something you'll have to find on your own. That it's opposite genders is so Orion DNA. I hear lofty statements from some about genders, but they always wind up with the opposite gender and will not even consider the same gender. This, of course, would not be an issue with a Final incarnation. You are where you are. There's plenty of material out there dealing with opposite gender crap. I'm not interested in that in the least as I'm positioned to move beyond the artificial (Orion DNA) commands. You're on your own here. If you're in the slightest way uncomfortable with the thought of partnering with the same gender, you have some incarnational growth to go through yet. This doesn't mean to force yourself, as in a Final Incarnation. There is no force, just release.

Question 170: I have experienced great energy and power through physical sex with this man, and believe that a deeper bond would be a blessing to us both.

Answer: Yes, this is very het, very Orion DNA commands. He's feeding you his energy and your physical is sucking it up, as per Orion commands. BUT could you feel the same with a woman and him with a man? At your current level, I'd doubt it. This is not a negative judgment, but rather an observation. You are where you are and that's fine...for you. Changes come with time. Even when you have 2 advancing spirits, if they choose to incarnate in opposite gender bodies, it's because they haven't matured spiritually enough to handle their relationship in same gender bodies. This is, again, NOT bad, but rather a stage we all go through (although it's a LONG stage) before advancing.

Question 171: In context to the others I have met to share my journey, I was hoping you might know of some simple "slogans" or intents to hold as a group focus to further the evolution of ALL that IS. I seek not a polarity, nor a judgment, but honest expansion.

Answer: Judgment is required from your own perspective. This anti-judgment stuff comes from Light-siders and is part of the guilt and other crap they shovel at the world. Judgment is decision making based on your best evaluation of a situation and how it applies to YOU.

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You are seeking *group focus rather than individual focus*. The group thing is seeking to fence in more than one and the fence itself is a limitation. Higher Selves have to experience *individually* as each has SHIMself's own path. Intrusion on this path is regressive. Concern over your own path is primary. Everyone else progresses at their *own* rate. We cannot progress at the same rate on Earth. That reeks of conformity. You will understand this once you have reached Final Incarnation.

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**Question 172:** I need clarification about connecting to my Higher Self. I have always been 'guided', experienced 'miracles' in response to 'prayer' (rejected religion as a child), have always been in the 'right' place doing the 'right' thing automatically. I did the 'learning by experience' bit, woke up, then embarked on a spiritual 'crash course' all information provided as I asked. I've never been in the Game although it's only recently that I've heard that term outside of my own thoughts. I'd like to 'pop off' now but I know there's something else to do. Do I really need to connect? Is there any more to it than I have experienced? I'd love to go 'out of body' but it doesn't happen to me. Why not? Also, I've never been 'attacked' to my knowledge.

**Answer:** The only ones who "really need to connect" are Dominant and Final Incarnations. No one else probably will. It's not something you can force, not even a Very Advanced incarnation. If you're *meant to*, you *will*. Everyone's been attacked, you just aren't sensitive enough to know that. As a shaman, I've never known anyone who is attack free. There's *always* more to what you've experienced. As for out of body, it's something best left to training. There are books out there. I recommend Astral Travel by Gavin & Yvonne Frost who also teach a correspondence course in astral travel. Meanwhile, be content with your particular level of incarnation. Higher Selves only have 2 or 3 Dominants and, obviously, 1 Final Incarnation. Even so, you are all the same Higher Self being.

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Question 173: I am familiar with David Icke's material, and have been reading *Matrix IV* recently - now I will for sure need to read Robert Monroe after going through this material. From *Matrix IV* I've experienced an expansion in awareness. I understand now that what really happens is Responsibility in a way that I have trouble describing. It's not a matter of becoming inactive, but more like continuing to align with my Higher Self and allowing the physical reality to flow as it does, without attachment, but with deep love and understanding. I find as this expansion has been happening in me, my perspective is shifting with regard to how I perceive the world and others. I am quickly losing interest in sex (I'm 44, female, and have 2 children), especially for physical pleasure and have only desired it occasionally recently with my best friend, a man who is also clearly evolving, because I am many times put into a deep state of meditation as a result. But other than this, I don't want it. So what you say is reassuring (i.e., it's not my hormones changing). I seem to have lost all desire to "mate" and feel quite good alone, although at times I wish there were someone I could talk to who would have a clue what I'm talking about (hence this long-winded "question" to you). For about the last two years I've been exploring death, trying to understand how to do it, as I want to be conscious when I die. I've listened to a version of the Tibetan Book of the Dead, and wonder if that, too, is an alien roadmap for the after death experience. It purports to teach you to move on from an earth incarnation and not go back in unconsciously. I understand at this point that death is not an escape and I

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know I need to be just as conscious in my living as in my dying. Please comment on the Tibetan Book of the Dead. Also, I feel in limbo at the moment and have let go of "doing" in a worldly sense, there seems to be nothing that means anything except expansion and alignment with Greater Being. I guess I'm still a little adrift with this, allowing the shift to happen. Thanks for listening.

Answer: I can't comment on the Book of the Dead since I haven't read it nor do I have any desire to read it. Monroe's trilogy is the best 'book of the dead'. Earthers are so use to direction in almost every aspect of their lives to continue conformity to Orion plans that once you try to go out on your own, you find you have to rely primarily on your Higher Self as each path is unique. You have to get use to NOT having people tell you what you should be doing and do what YOU feel you must, especially if it runs contrary to society.

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**Question 174:** Hi, i am an 18 year old male. Ever since i have entered my teenage years i have searched out and studied spiritual matters, i have always felt an innate understanding of these things which goes beyond words. The first time i read your writings, my higher self jumped on me. I was involved in a relationship with a female at the time, and I was torn (between my body/society/obligation and higher self), after much self induced strife, I have recently terminated the relationship.

**Answer:** Congratulations! Your Higher Self has awakened you to the danger of not following the Universal Laws. The urges to satisfy the physical/society/etc IS of the body and the Orion DNA commands. These commands exist to keep you from connecting to your Higher Self and keep you on the wheel of time (repetitive) rather than the spiral (progression).

**Question 175:** Looking back, and even observing now I am amazed at the potency with which the female can poison the mind.

**Answer:** You have gotten that one correct. The reptilian female is equipped with literal poison. The Earth female has manipulative poison to serve her interests. This is something people have to discover and feel the sting of before they realize it.

**Question 176:** She became interested in spiritual matters, but I am uncertain whether she did it to grow or to further an illusion in which I was mired. In any case, I am now confronted with certain psychic bonds and connections from which I am freeing myself. I'm finding this to be complicated, and I get the impression from my higher self, that this is part of my growth.

**Answer:** Earth females excel in spinning webs to further her ambitions. These can be overt or covert, but both have the same ends: to control males, per the Orion command. Their favorite trap is to become pregnant. This usually works, although not always. However even if it fails, they go running to the vicious female talk shows in the US that love to load guilt on males to get them to conform. It's all part of the Orion system. Better to keep them at a distance, but this is only possible with VERY Advanced and Final incarnations.

**Question 177:** However I also get the impression that you might be able to present some advice in dealing with such things. I read the question from the Australian boy, and I have always felt an inner resonance with shamanism/magic, and was wondering if you could

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elaborate on any visualizations/rituals/practices which you think might assist me. By the way, thank you very much for presenting this information, it has been of wondrous service.

**Answer:** It sounds like you've had soul pieces lost to this female and she's probably trapped a piece or two. You do need a shaman to assist properly, although you can try to get them back on your own. I have been Native American trained as a shaman. You could try to call back the pieces yourself by laying down, closing your eyes and talking to any missing pieces by addressing them and asking them to return. Get some sage and smudge yourself with the smoke of the leaves. This will remove negativity around you. Finally, use a gold light to surround yourself and visualize a golden knife cutting any ties you may have formed with this person. Gold light cuts any other color and polarity both Light and Dark. You have started on a spiral up. Keep up the good work!

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Question 178: Could the DNA-"commands" be overcome by 'fully realizing them and their meaning' not only within the head but within each cell of the body? From childhood I hated this classification into genders, had problems during my studies (of science) and still have problems with some bosses (male). They seemingly are afraid of women and I am realizing that there maybe a reason for this. I do not want to control others and have them obeying to anything I may want. I really wish a true equality. From what you are writing about women I feel a lot of bitterness but I can also understand it. I tried to contact my Higher Self - there appeared some bright "energy" being - but I did not see any oval form. Instead I ended with this being in a room crowded with my former "lives".

Answer: What you perceive as 'bitterness' is due to Orion tampering and the arrogance of females as a group. Even though this is built in, that is no excuse on their part. Recognizing the DNA commands is the first step, however if the spirit is not mature enough (through hundreds of incarnations), you will not be able to override the commands. What you see of men "afraid of women" is because of the male DNA command counterpart. Those men who seek the approval of females, as the basis for their actions, are under sway of their own commands as per the Orion model. Awakened Final Incarnations live their lives according to what they know and through the input of their Higher Selves. They tend to avoid the masses and the traps and distance themselves from controlling opposite genders.

That you say you want 'true equality' is noble, however true equality cannot exist under the current conditions as these human bodies are programmed for female domination. Awakened Finals know this and look forward to leaving this perverted climate. By the time you realize you are a Final, you see the current societal model for what it is and are repulsed by the whole thing. It is so contrary to our REAL selves... our Higher Selves. On that level equality does exist as individual genders do not. *If you are in a "room crowded with your past lives", you are within your Higher Self. If you can get outside, you will see the glowing oval. If you are within, you will be either one of the Dominant Incarnations or the Final. If you are the Final, the Dominants will tell you so. If you are a Dominant (only 3 or 4 per Higher Self), you can discuss the Final with the other Dominants. Explore further.*

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**Question 179:** If freedom is the basis for spirituality, then any entity or group who uses their will to control another, is committing the Number One Act of Violence. Aside from directing a child, there seems to be NO reason to control anyone. We are so incredibly

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conditioned to accept such a violation. Energy vampires seem to be everywhere. Experience with the supposed freedom loving groups, like the New Agers, one would conclude that they are just another control obsessed mass, with a plethora of mini-masters for every occasion. To reflect on the word 'master' leads to the question: Is there any difference between a controller and a master?

**Answer:** The word 'master' has *more* than one meaning. I avoid seriously using that word. Someone can be a master of their talent, such as a master composer or a master carpenter, but when someone who desires to teach requires the student call him or her 'master', then you have a controller problem and a big ego. Master, being used as controller, has several other names too: governor, congressman, mayor, minister and so on. They control people unless they piss them off to a great extent and the people rebel. The controlling comes from the reptilian part of the brain humans were cursed with. Control is ruled by the planet Pluto and where you have it in your horoscope says where you want control. *We need control of self because if you won't control yourself, someone else will.* The so-called masters of the Light and the Dark societies are controllers. Being aware is a major part of recognizing when you're talking to a controller or not.

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Question 180: I have been reading your take on the "human being experience" and am very much in alignment with your explanations across the board. I too have a strong awareness of these truths albeit derived from my own journey to awareness. I have been to Monroe for the gateway program back in 95 and still use the Hemisync tapes for meditations. Although I have never had a OBE. Perhaps that is not within my journeys script. I have done just about every clearing, awakening meditation process available along with thousands of hours with psychics, shamans, healers, etc. As a result I still witness dysfunction and inefficiencies that continually show up in my experience.

Answer: Anyone who spends "thousands" of hours with shamans, psychics, etc is wasting his time and money. These are for consulting and/or healing. If that much healing is needed, there are even deeper problems.

Question 181: My moment-by-moment attention to the Universal Laws of Attraction, non-judgment and allowance are a great concept however I observe that some patterns continually appear in my life. I ask that you give me your view on them. I have been a Cross dresser since an early age(12). I am now 50. I lived with this as shame for most of my life. Looking at it from past life regression, bleed through energy from other life times, control by reptilian implants to early beliefs of not being safe as a male (prenatal origins). I accept all of these as part of the experience. Yet bringing my self into a balance has been the challenge. I witness a total dysfunction, emotionally when this cycle shows up. When I express myself in the feminine I feel very relieved yet still I know of the illusion. This is quite acute in the now time. As much as I allow and accept this as part of my experience, the dysfunction of my daily life has grown old and weary.

Answer: Cross-dressing is a symptom of gender identity problems (unless strictly for fun or for shocking others). As all spirits are male and female in one, not male OR female, you seem to have other problems. Since you've had no listed success with your 'thousands' of hours with psychics, you probably need some type of analyst. The problems seem to be centered within self. I can't say more on that.

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Question 182: Creating and manifesting: In my early years 20 - 45 I created several companies from inventions I developed. The products were useful. The projects were fun and they all had limited success, prior to ultimate sabotage and failure. Two of them reached \$30 million in value before collapse. In 95 I turned in the keys to business and started on a more intense journey of self (higher self) discovery. During this time including the present I have not been able to create new companies. I have attempted to start four company's with four different ideas and they all failed to materialize, I looked for work and no response or answers to my intentions. I have been living on credit for 5 years and am in debt over \$150K.

Answer: It sounds like you'll have to go the route of bankruptcy. Such a huge debt is unlikely to be resolved otherwise. You say you 'turned in the keys to business and started an inner journey', yet at the same time you tried to start 4 companies. Hardly eliminating business. You seem to want both the material and the spiritual. *They are mutually incompatible.*

Question 183: Something isn't right in the mix. If it is outside influence (dark forces at work) I wonder why all the work I have put into clearing this hasn't worked.

Answer: Yes, you're trying to have it both ways, material and spiritual. This has set up a conflict. You're trying to do too much in two opposite directions.

Question 184: I am working on a new start up now and have been since May 2000. The results are still showing up as not being successful at raising funds and continued frustration. The project is in a hot market (energy) and the demand is there for the product, I have the intellectual tools and knowledge to put it together, yet I am continually met with resistance. I hope stating my observation is not attracting more of the same. I really choose to discover my blocks to manifesting and my gender balance. Any suggestion on a consular or coach that may be effective in guiding me?

Answer: In order to break a cycle, it must be a *clean* break. Clinging to business (an Orion trap) will keep you from spiritual development. That's on purpose and why it's a curse from Orion. You have to let go in order to progress.

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**Question 185:** The information on your web site has helped me to seek information only from my higher self. I am attending a Gateway Voyage Seminar next summer to increase this higher self contact. Robert Monroe seemed to be experiencing a Final Incarnation in his last life time. The fact that he was married to a woman for many years seems to conflict with your experience that final incarnations will not be in a relationship with a person of the opposite gender.

**Answer:** Your assumption that Monroe was in his Final Incarnation is incorrect. He told us of a parallel incarnation he has in Russia doing things similar to what he was doing here. He was not interested in contacting that incarnation. While VERY Advanced, Robert knew his Monroe incarnation wasn't his Final. The Russian incarnation at the same time verifies it. Robert also admitted he had no interest in the occult. A Final Incarnation would never

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say this. Assumptions, like the ones you made above, are a minefield waiting to be exploded. Now you know better.

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Question 186: I have just finished "Astral Travel" by Gavin and Yvonne Frost, and sure enough, I have had a remembered astral dream already and am expecting I will figure the rest out soon enough. My question is about protection. They have some elaborate protection mechanisms that sound like belief systems to me - especially considering the wicca background of the material. I don't recall Monroe discussing protection at all. What's the deal on this? Do I need to make a salt circle etc. to be sure that I won't be "possessed"?

Answer: The Frosts have LOADS of protections in their material. They are very ceremonial. These protections are called *keys*. The more you do, the more keys your mind has registered protecting you. This is really for novices. The more comfortable and advanced you become with astral travel, the *fewer* protections you will need. You will know *why* once you get there.

Question 187: Is it my belief in it that will make it work? I am also interested in the effects of wires, springs, synthetic materials, facing east etc. More belief systems?

Answer: Actually here, electricity (currents passing through wires/circuit breaker boxes) can definitely interfere with your attempt, especially as a novice. They don't give you these guidelines just to talk - they are very valid. Again, when you become advanced in astral travel, you can overcome these interferences with connections to your Higher Self.

Question 188: In my astral dream, I met a lower being who I recognized, but could not place. I went up to him, shook his hand and asked where I knew him from, and suggested a few sources. I must have figured it out, and it must not have been good, because I was immediately slammed back into my body, and I was very uncomfortable for about ten minutes, my astral body not quite reconnecting properly. Although I can't remember our connection, it had a big impact on me, and it wasn't positive. Now I want to go back and find out the deal. Any ideas?

Answer: This is your journey. I have no answers for you on this. Your path and journey is VERY individual. This is one reason why dream interpretation books are of very limited value. Enjoy your discoveries both good and bad...they're all *experiences*.

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**Question 189:** A comment you made awhile ago leaves me puzzled, and I'd like to get an expanded explanation about it: "What has the polarities on edge is they know that once the densities begin to pull up, they will eventually be absorbed into Balance. For example, when the 3rd density ceases to exist, polarities will lose their major playing stage." Does 3rd density actually cease to exist, or is it just that 3rd density extensions get pulled into the 5th density higher self after completing their 3rd density experiences?

**Answer:** 3rd density exists only in 3rd density. 4th density (astral) is a mirror, in many ways, of 3rd. There will come a time when 3rd density as we know it, will cease. The EXPERIENCES of 3rd will never cease. The original David statue by Michelangelo will eventually end as a 3rd density creation, but will exist forever as it is stored in the Higher

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Selves and can be recreated or visualized at will. So, what gets 'pulled up' into higher densities are the experiences. The physical was only a *vehicle to create those experiences, a means to an end and not the end itself.*

**Question 190:** Would spiritual energies that complete another spiritual path come to experience 3rd density at another point in the cycle? Or maybe ALL these paths are just extensions of the ONE prime source, ~~and thereby each~~ are part of an infinite evolutionary feedback system, so trying to understand this from 3rd density perspective is fruitless... (the ceasing to exist of 3rd density seems to be a linear statement)

**Answer:** ALL paths ARE extensions of the Source, but no need to concern yourself over that at this stage. There is FAR more to accomplish here and, even more, on higher densities.

**Question 191:** Also, you indicate that those consciousness units who go beyond 5th density would be involved in creation of 3rd density scenarios, which, if 3rd density ceased to exist, would mean that these higher density spirits are extended themselves "backwards" in time from 3rd density perspective.

**Answer:** By 3rd density, from our perspective, I mean OUR 3rd density. You are touching into areas that are quite advanced and more than I want to cover now. However, ALL (in time) will be made quite clear to everyone involved. It's best to go in stages. Yes, at some time, *we will have the option to create worlds.* Monroe talked a bit about this as well. It'll come to you in time.

**Question 192:** Prior to the 2000 election you indicated that both major candidates represent dark polarity alien interests on Earth. Based on my own research and observations I'd come to the same conclusion, although I'm not fully clear how this control is accomplished. Ordinary Earth humans, it would seem, have free will to choose dark, light, or balance paths of action.

**Answer:** We have to walk BOTH Dark and Light experiences in order to reach Balance. Unless you've had incarnational experiences in both, you could not find Balance. Dark and Light are opposite expressions. Both are rabidly controlling as they fear Balance most of all. While the choice to choose is part of the Higher Selves incarnational path, the polarities have been trying to circumvent that choice, especially since all this alien technology has been turned against the populace to get them to conform to the polarities. Control is Dark, but the Light uses it (iron fist in velvet glove, sin/guilt, etc). These are VERY dangerous times due to this - electronic mind controls, fluoride and other chemicals, etc. This is also what is behind the End of the World AS WE KNOW IT. Dark would like us to be like a Star Trek Borg world. Light would like us to be like sheep, mindless followers. BOTH are anti-Higher Self.

**Question 193:** In your comments, you said the major candidates will NEVER represent Earth humans' interests on vital issues rather than the ET dark factions. There's lots of information floating around that could explain this, such as the stuff about mind control through ritual abuse & electronic means, 4th density "reptilian" consciousness overshadowing people, blackmail and bribery, and the information about clones and doubles from the Andromedans/Collier and the late Dr. Peter Beter. I'd like to hear your take on what 3rd & 4th density means are used to control the puppets who many Earthers ignorantly look to as leaders.

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**Answer:** Val covers lots of this on his site, in Leading Edge materials and in Matrix 2 and Matrix 3. Polarities are all about control and denying you freedom of choice. There are different factions within each of the polarities who have their own agendas, so we can see clashes between them fighting over the planet. ALL factions are Orion/Sirian controlled and are looking out for their good, not Earthers. Even if someone who wants to be a politician has good intent, that intent is mutated by lobbies who shower them with money. These people are quickly bought or find themselves not re-elected or dead. Americans are very foolish believing in ideals for this country that are pure illusion. As long as Americans cling to their national illusions, changes cannot be made to make the illusions into reality, but then that's the way Dark designed it and Light is in league with them. Read Val's *Matrix 3* volumes for all those mind controls, *Matrix 2* for aliens.

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Question 194: If Orions removed 10 of our 12 DNA strands and left us with 2 remnant shreds could not spirit recreate the 10 strands based on memory and operate with them on spiritual level? Once spiritual knowledge is gained of our 12 original DNA strands could these strands be reintroduced in physical form? What would prevent access to imprint memory of the original 12 strands? Orions were not great neurophysicists or metaphysicists: they were gene splicers and thieves. The encoding of the original 12 strands is imbedded somewhere in memory... do you know where? A meta-neurogeneticist could access these strands. Has anyone accessed these 12 strands and published. The encoding on all 12 strands seems to point to multidimensional functioning and knowledge. Thank you for your comments.

Answer: Besides the 2 strands of DNA we now have, we have shreds of the other 10 called "junk DNA". They are anything but junk. Due to the genetic tampering by the Empire, there are many Higher Selves (Monroe talked about this to a certain extent) who choose not to accept the Earth incarnational challenge. I've talked about that already. There is some talk about the spirit reforming the missing 10 strands, but then these people are more into being their body, which is also a trap. The goal is remembering/rediscovering who you are while still handicapped with 2 strands of DNA. Not until the Game here is over will a restoration, of sorts, occur. The Empire knew what it was doing, but would return and eliminate humans on Earth and, having learned from their errors, create a new human for this planet. This will not occur. You'll have to stay tuned and watch Events to get an understanding of that. Meanwhile, develop connections to your Higher Self and try to overpower the Orion commands. You WILL do it as ALL your incarnations are you. It doesn't matter where you are in this one, ALL ARE YOU.

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**Question 195:** Although you have addressed the issue on vegetarianism, can one assume that the Hindu religion is the one responsible for preaching specifically that if you eat meat you will acquire the Karma of that animal, which in turn will set you back in your life's purpose and any spiritual gain will be lost in this life?

**Answer:** The Hindu religion is minion oriented and its karma, caste system and vegetarianism all have roots with the minion incarnations. You can dabble there if you like, but it is a dead end for those with Higher Selves. Notice how Native Americans eat the meat

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to get the power/abilities of the animal in order to advance spiritually. How do you reconcile this with Hinduism? The Native American is Higher Self oriented, while the Hindu is minion group-soul oriented in these matters.

**Question 196:** Also, what about the Karma issue in general? If karma is a bogus concept, would that be why those damned Reptilians have gotten away with screaming bloody murder for all these thousands of years?

**Answer:** As Robert Monroe said, karma is a wheel you can *participate* in if you *believe* it. Once you realize that it is just *another belief system* and *withdraw your participation*, it can no longer affect you. In reality there is no karma of the type the Eastern religions toot. It is a trap based on ancient reptilian controls to keep Earthers in line. You are correct as to why the reptilians and masters of Earth keep getting away with all their shit. The only type of what you would consider a karma is really instant. For example, stick you finger on a hot iron. Instant karma, you will get burned. There is NO such thing as karma to last into lifetimes. If you believe you are paying for some non-existent past life event, you're only deceiving yourself. Once you dump the karmic belief, as well as guilt/sin, you can progress much faster.

**Question 197:** And last but not least, what do you think of Yoga as a spiritual discipline? All of my yoga friends preach and believe the above aforementioned with regard to being strict vegetarians, no meat whatsoever because of the bad karma thing?

**Answer:** Yoga does have its benefits, for those inclined to adhere to some of its tenets. With all belief systems, you have to use your Higher Self to sift through the good and the trash in these systems. The mistake is to take the whole, lock, stock and barrel as true. These systems are mixed with some truths and LOTS of untruths. You will have to decide what is for you and what to discard.

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Question 198: What about the term "Soul Mates"?

Answer: The use of the term 'soul mates' is totally erroneous as your only 'soul mate' can be *you* in another incarnation, which is *not* going to happen, since you are to gain experiences by interaction with *others*, not yourself, in the 3rd density experience.

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**Question 199:** How do we reconcile the idea of business and spirituality being mutually exclusive? I have been self employed my whole life, and now that I am getting closer to connecting with my Higher Self, my business is crashing in around me. While I am confident in the ability of my Higher Self to guide me where I need to go, I can't help but wonder how I am going to live without caving in to the Orion commands to make money. I've never been very good at business, and have really embraced it as a means to freedom more than to money. Now the Orion commands are kicking in big time (gotta pay the mortgage!, the health insurance!) and I find myself on the fence, not wanting to go there but not seeing much alternative either. How have you reconciled this?



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**Answer:** The work I do was chosen by me before I was incarnated. I don't have a reconciliation problem to deal with. I've passed that in previous incarnations. Only your Higher Self can give you the answers you seek on this matter. Don't use my path as yours. Each is individual. What I've done is give *my* observations and advice. Everyone else is free to accept or reject any of it. What you learn/experience with *your* current incarnation will help *your* Higher Self decide future matters.

**Question 200:** I am hoping for some guidance on the astral, but I haven't really gotten there yet (damn those mattress springs!). Perhaps I should separate "business" from "money". Can a rich person still be spiritual? Thanks!

**Answer:** Materialistic pursuing people, their goal in life is to be 'rich', is their drive for this experience. *You can't do everything in one incarnation.* Ultimate *maturity* for one's *path* comes in their Final Incarnation. Do what you feel comfortable doing most and what other things you wish to do at the level you can. By the way, mattress springs never got in the way for me to astral travel.

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Question 201: It had occurred to me that all incarnations are happening/experiencing simultaneously. Therefore, during these simultaneous incarnations, I am experiencing (as another physical body) a number of low and mid, one or more dominant and a final incarnation simultaneously. Time is not linear but we perceive it to be linear. When I die as Joe, it is part of a number of incarnations not the last incarnation except for the incarnation closest to it in a physically perceived time period after Joe's incarnation. Furthermore, if incarnations occur simultaneously and time is not linear, I have already had completed my cycle of experiencing, learning and growth. Thus, my final incarnation, which is the greatest sum of my incarnations is already completed as well and I (true self) will move onward. What do you think? Can you carry this a step forward?

Answer: The ONLY final authority on your incarnational path can be you (your Higher Self). Others can offer you a perspective and opinions, but they are just opinions. It's up to you whether or not to accept any of their ideas. There are certain characteristics to Dominant and Final incarnations. If the only reason someone says they are currently one of these incarnations is because they want it to be, it is far from enough. *Dominant incarnations meet within the Higher Self to decide the Final Incarnation's composition.* Remember these are *all* part of *you*, like you considering data in your mind when making a decision. The Final Incarnation is the Omega of all *your* 3rd density experiences and is one's Higher Self in optimum control of the final incarnation before leaving 3rd/4th density for new territories.

We have only one incarnation as the personality of Joe, Mary, Val or whoever, BUT the intelligence/immortal giving life to those incarnations lives forever. None of these has more than 1 lifetime (hence the 'you only have 1 life' phrase which is not correctly understood by those who use the term). None of these return, but all of them make up the whole of the Higher Self.

If you are a Final Incarnation, you WILL have access to your Higher Self during this incarnation. It may come early, it may come later, but it MUST come if you are a Final. This is something an Awakened Final will fully agree with and understand, so be careful of self-deceptions. No matter what incarnation you are, that's where you need to be at this time. If

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you are processing this information written for Dominant and Final Incarnations, you are, at least, in a very Advanced incarnation. Meanwhile, keep learning and keep trusting in your Higher Self, the REAL you, who has the map of YOUR path.

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**Question 202:** I am new to your information and at the same time I have known it all along. Anyway, I went through hell to bring myself to this point to finally receive such clarity, as you have obliterated all the bullshit. At the moment I am in a het relationship, and I do admit love and all the rest of the crap still has its hands all over my throat. I've managed to get myself out of numerous dysfunctional friendships and relationships) father of two (6 and 9), happily divorced and satisfied (thanks to your info) have had bisexual experiences and actually never gave a shit about sexual preference or even elevating sex as a primal life initiative ( in fact I am sick of the weight everyone puts on it, it's only one small aspect of the shit we're dealing with). At the moment I am battling with the "save the fucking world" complex (actually you "blew that all to hell") and all the baggage that comes along with it.

**Answer:** You have a most interesting situation. You are struggling to dump the garbage of 3rd density while trying to be open to your Higher Self. I'm glad you appreciate my directness in writing. There are several keys and clues in my material that only those of Dominant or Final Incarnations will respond to. Words are like tools in your toolbox. Those who would prefer not to hear direct or explicit language are limiting their use of the language. If someone fears/disdains to hear certain words, it's their problem. Conformism is limiting, but yet independence must be properly channeled into constructive (for YOU) outlets. You also have Dark forces trying to manipulate you and keep you from progressing. The 'kill everyone' thoughts are Dark oriented. These must be pushed away. Everyone has their own path, Higher Self or minion, and you must not let them get in the way of YOUR path. They'll try, but you have to rise above them.

Channeling your new desires into your music is an excellent outlet. You'd do well to smudge yourself with sage, in the way of the Native Americans, to cleanse your aura. Then you need to become relaxed and centered so you can connect with your Higher Self. Black tourmaline is the stone of protection and I recommend people to carry it in their left side or on a silver chain around their neck.

Your Higher Self *knows* what you need, but you need to be centered to get the impulses to help you. Run with the ideas that flow into your mind. You'll know the difference between the polarities and your Higher Self's flows of info. You are also correct in seeing the far too great attention that sex has with people. Sex, without the proper emotion behind it, is empty. Sex is best with a person you have a spiritual connection with and the connection is made before the sex, not after. You are definitely NOT "fucked". You are trying to come out of your cocoon, trying to shed that which has kept your in the dark and away from your true self. You can't save the world! You can ONLY save yourself. Once you have 'saved' yourself (read: awakened), your example will interest others. You have to allow others to follow their own path. Don't let the others get to you. Right now, you need time to yourself to sift through your head and your Higher Self. This requires an inner calm. You have my support!

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Question 203: Is it possible to meet the astral body of yourself from a past or future timeline?

Answer: An interesting question, but, unless you are a Final Incarnation, you would not even recognize the incarnation. Each incarnation is very into himself and his mission. I have met my Dominant incarnations WITHIN my Higher Self (2 of the 3 are female!). This is above the astral. So, my answer would be it is POSSIBLE, but not likely.

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**Question 204:** I feel abortion is a "necessary evil", as anyone can see the world is overpopulated and people don't take responsibility for their actions. You can't kill a soul but christians can't understand that as they miss the concept of multiple lives. Comments on this?

**Answer:** As I've said earlier, the incarnation does not move into a baby's body until first breath. In stillborn, there was never a spirit. When in the womb, the fetus is connected and dependent on the mother's system. First breath is the action of the Higher Self's energy stream moving into the baby.

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Question 205: In questions 181 and 182 you point out that the spiritual and material are incompatible. I am involved in a field that can offer fame and fortune, yet that is not my motive for being involved in it. I love writing and sharing news and information with people, but most of my colleagues appear to have no interest in spiritual things. I am now 22 and, since the age of 11, I have been trying to find my higher self. I've never associated with any religious organizations because I feel they offer a support group, but not much in the way of spirituality. Are there any publications I should keep a look out for that addresses spiritual issues? We all need a livelihood in this GAME. I am not looking for an external savior, just a little advice.

Answer: I don't know of any publications, beside Monroe's trilogy and the 3 Handbooks, that I can recommend. Materialism will counter spirituality if you let it get to be the major drive in your incarnation. BUT do what YOU feel you have to at this stage of your incarnational cycle. Keep checking back to this site. My observations will continue to be posted and my advice is strictly that...advice based on my observations and experiences. Take it or leave it. It won't matter to me.

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**Question 206:** I wanted to know, what all this about minions means and the answer was, that, in a way, they are also our brothers and sisters.

**Answer:** I've covered minions in my writings, so I won't repeat that here. The response that you got refers to *all spirit being connected*. Not really brothers/sisters as that's gender and *not* of the spirit but of 3rd density. We are all related is better. The nature spirit realm (animals, plants, rocks, etc) have a *very different path to follow* than those with a Higher Self. In time, when you progress beyond the difficulties of 3rd density, you will come to understand that better.

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Question 207: Hello. Thank you for your many wisdoms. Most recently you verified what I was only just becoming aware of, the fact that I don't have to take a voyage at TMI to reserve a spot on Focus 27. My place is already there and always has been, thank you! I find myself becoming more and more detached from everything. Sometimes still it is an uncomfortable place to be. Are you ever affected by the moon or coronal masses hitting the earth or HAARP technology?

Answer: Thanks for your comments. I'm glad you're progressing on your Path. Electronic/chemical technologies are intended to control people. Val's *Matrix III Volume One* deals with this in great detail. I recommend the T1 takyon technology that you can wear around your neck to deflect most of the electrical interference meant for you. Information on the T1 is found in the back of Matrix V. As far as planetary ejections, lunar or solar, there is not much that can be done. It's all part of the changes happening. Continue working on what you are doing. Your Higher Self has the info you need, so while being aware of the problems you asked about, don't let that stop your progress. As for the chemical controls...avoid fluoride, artificial sweeteners and MSG, just to name some. Val's site has more info on these matters.

Question 208: I've been experimenting with Hemi-Sync and find now that it may not be compatible with me, maybe due to Reiki attunements which is my latest theory. My aversion is to Hemi-Sync not to Robert Monroe. Do you have any thoughts on why this may be? Thank you for your time.

Answer: Yes I do, but can't really give details on this here. In my opinion, changes have been made since Monroe left 3rd density. The current Hemi-Sync may not be for you. Have no concern. Your Higher Self will lead you to what YOU need. Keep up the great work.

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**Question 209:** Interesting addition here on the shaman/animal spirit thing. It brings up something that I've currently been dealing with: I am a genderless spirit currently occupying a 46 year old male body.

**Answer:** You CAN'T be a genderless spirit and have a Higher Self. It's not the rejection of gender but rather realizing you are BOTH genders. In the Higher Self, both genders are blended into one just as Balance is the blending of Dark and Light.

**Question 210:** I recently had a shamanic session with a woman to assist me "cut cords" of past entanglements (marriage/control). The session went well until at the end I was told I had to go find a snake and hold it because it was my "medicine". I instinctively recoiled at the thought because, 1) I HATE snakes, and 2) most importantly, my inner voice said this was just another religious belief system that was being presented me. I have sat with this a couple of weeks now, and have not proceeded with the snake thing as I was told. However, I was wondering if my revulsion of snakes is simply a fear I have to get over and if there really is something to me going out and finding a snake to pick up and "be with" that would be spiritually beneficial to me. (maybe something to do with facing a fear directly). Again, my own take on this is "NO". But I'd like another independent opinion, and yours is one I've come to respect. What do you think? If you have more to share here I'm open.

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**Answer:** I would never recommend someone find a snake in the wild and grab it and I am Native American trained as a shaman. That you need to eventually overcome your fear of snakes is true, but it should be overcome from within. For example, dumping someone, who has a fear of water, in the deep end of a pool is foolish. It'll only increase their fear. I think the fear of snakes is an ancient fear connected with the reptilians on Earth. That bad advice could have caused you to lose another soul piece just from the shock of what was told to you. To overcome the fear of snakes, read about what they are first. Find out their benefits. Once you have that, if you're up to it, go to a zoo that allows people to touch a snake. I did that in Kentucky years ago. The park ranger held a harmless snake and allowed people to touch it (feels like a leather wallet). That would help you tremendously. Once you understand snakes and their behavior, your fear will be overcome. It is NOT necessary to find one and grab it. They don't like that.

**Question 211:** I find the info here fascinating and look forward with each new update, which I digest with great interest. I've witnessed much correlation in my own life with personal events and I definitely feel I am seeing the game for what it is now. Regrettably, I continually see much truth to the female/poison/control phenomenon and definitely don't want to participate in that game. But the fact is, I'm not at a point where I can fully embrace a same-sex sexual orientation for myself.

**Answer:** That's fine and you may never get to that point in this incarnation. Be who you are and proceed accordingly. Don't force something you're not ready for yet. You are where YOU are and that's fine for you.

**Question 212:** This is simply where I'm at and I accept where I am at. The site of a woman's nude body makes me very hot! Men I feel completely neutral about. The sight, the smell, and the moves...of the female, I just find very beautiful, and it's something I love.

**Answer:** Yes, this is due to the Orion DNA command structure. This command was *not* included in the *original* genetic splitting of Ancient Earthers and had to be *added* (strongly) in order to *get the genders together*. Once your spirit advances enough to override this section of the command, you will think differently. Remember, if it's contrary to the First Law of the Universe, it's a perversion. BUT this is something you understand with spiritual progression. Meanwhile be who you are.

**Question 213:** Now, you have told me in the past that these reactions are strictly of the body and the Orion/DNA programming. And I suppose that makes sense intellectually. Yet I wonder, as a male, and having a highly developed feminine side (I am very artistic, affectionate, sensitive, feeling oriented, etc.) might I find this strong attraction to females as part of like attracting like???? In other words, I seem to love those qualities in women that I possess myself.

**Answer:** You are comparing spiritual qualities. If this were true, you'd be gender blind and bisexual which is one step towards the First Law. You aren't ready for that yet. The problem is not with the spirit, it's with the physical. Reread what I've written on that. You don't need to justify your position, be happy with who and where you are.

**Question 214:** I am seeking more clarity on where I am at and what my true identity is, and more and more I identify myself as beyond gender entirely. Yet, otherwise, I seem to have all the tell-tale signs of a final, or at least a dominant incarnation. This seems true for

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me as I'm sure getting tired of the game, and feel ready to move on and would take that option in a heartbeat if given the conscious choice, as my life has become a very lonely one and there is almost nobody I can discuss these things with. And I do hunger and thirst after connection and guidance from my own higher self more than anything, and find myself moving more and more into an observer mode of being. I have written to you before and got good advice of just being neutral and open-minded and see what comes to pass, so I am living my life daily with that attitude. Thanks again for this incredible disclosure!

**Answer:** Whether you're a Final Incarnation or not is something your Higher Self will let you know. EVERYONE here wants to be considered a Final and that just isn't true. One can be an un-awakened Final, true, and the awakening can come at any stage in life but not before the Higher Self intends. Unless you get proof from your Higher Self with direct contact and more, you are a wanna-be. That in itself is not bad. It gives you something to aspire to. Being Awakened is a major step and you look at everything differently, including genders, society, sex, fears, etc. See where your path takes you. Each path is very individual.

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Question 215: You recently stated that the seat of the rebel queen power is based in England. This is the first reference that I have seen regarding this. Is it possible to expand on this a little, also I would be interested in your views on David Icke's believe that the royal family are shape shifting reptilians. Is there perhaps a connection?

Answer: Yes, there is a HUGE connection. David Icke's material is excellent even if it is tainted by a Light sider viewpoint. I do recommend his books: Robots' Rebellion, I Am Me, I Am Free and, especially, The Biggest Secret. I recommend bookmarking his web site as well: www.davidicke.com. On David's site, you'll see material available by Cathy O'Brien, Arizona Wilder and Credo Mutwa. These contain more information. Go to www.transformation.com for Cathy O'Brien's site. In her book, when George Bush Sr. turned into a reptilian in the White House, Cathy believes it was a hologram projection. The other way around is more likely. The Arizona Wilder video is the MOST revealing of all with details on the British royal family's shape shifting selves. That the queen of England is the ninhursag (representative) of the rebel queen is found in Robert Morning Sky's material. Robert seems to have vanished off the face of the Earth. If you wish to get deeper into reptilians, I'd suggest getting David's books, Arizona Wilder's video tape, Cathy O'Brien's book and any Robert Morning Sky materials you may be able to find.

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**Question 216:** Hello. Thanks can't express it! When will I accept that I already have the answers? Your article on the concept of power animals once again explains why I could never get in to that. I was wondering if the same would apply to the mineral world?

**Answer:** The nature spirit/elemental realms can be worked with. The problem comes in trying to either dominate them or give away your power to them. There are plenty of books that give qualities for minerals, for example: rose quartz is a loving vibration and black tourmaline will protect from magical/psychic attacks. This is part of their purpose. People don't seem to have problems working with minerals, but many do with animal guides. This is because of incarnated animal group soul beings, as I've discusses in the materials.

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**Question 217:** I can't say I was surprised to learn that Hemi-Sync was changed after RAM's death, but I can say I do feel bitterness about it. You don't want to give details here, please direct me to where you will.

**Answer:** The 'details' are my opinions. On this matter, I am guarded. Only those who know me, and are interested, know. Don't be concerned about that, just follow your Higher Self.

**Question 218:** Although I think Edgar Cayce channeled many truths, your article about thee and thou explains why he irritated me. Thank you.

**Answer:** I can understand your position. Take what you can, if anything, from the irritable sources and move on. Don't let them sidetrack you.

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Question 219: I am still confused by loosh. Isn't Dark the creator of the beings who produce loosh? I'm not clear on what you mean by Earth planetary spirit. And my question isn't very clear. I see that it is because we are coming from different directions. Can you expand on the subject of loosh?

Answer: Loosh is a confusing topic because the word usually sets people off, including me. It is strictly Monroe's term. I have explained the Earth spirit in my material. Dark has nothing to do with Monroe's 'loosh'. It is generated by the Earth spirit when in harmony/balance with himself. You need to go back and re-read about the Earth planetary spirit. This is the being wrongly called "Mother Nature". As far as more on the topic of 'loosh', well, that will have to wait until you get to that phase of your progression. As the shamans who taught me said, 'you must learn patience'. You'll understand eventually.

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**Question 220:** Where can I locate black tourmaline? Most all inquiries are met with various: I've never seen that, It's rare, No value as a gem so its "rare". And this is creating curiosity in people I ask.

**Answer:** Black tourmaline is NOT rare. I have several pieces that I only paid a few dollars for. Look for rock shops in your area or do an internet search. As far as I know, tourmaline comes mainly from Brazil. Unlike other stones, tourmaline (all colors) has vertical lines on the outside. It rarely has a point. They can be small or large. My biggest piece is 5 inches across and the smallest is 1/2 inch. You can go to Maine, but I doubt you'll find any there. In a nutshell, black tourmaline is quite strong. When carried on your left side (incoming energy), it reflects it back to the sender. If the attack is strong enough (usually by a Dark or Light professional), it can cause the stone to break. I've just talked with someone that this has happened to. Other black stones, like obsidian, absorb dark energies, but once saturated, they radiate the energy if not cleaned. This is what makes black tourmaline so impressive. If you ever watch Babylon 5, Mr Morden wears a black tourmaline around his neck. If worn, black tourmaline should be wrapped in silver, the protective metal.

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Question 221: I have just recently checked up on your updates, I do so every month, I really appreciate your work, and saw the new coloured drawing of the higher self which is great. But you strongly advise us not to use "white light" and the picture of the higher self appears in luminescent white light which tends to confuse me when I work on my connection with it, could it be possible that this could be otherwise, for instance as you suggest for more protection, in golden light?

Answer: You're comparing apples to oranges. The Higher Self is pretty much as depicted in the drawing, but the glow of the Higher Self has nothing to do with protective auras in the 3rd/4th densities. If you want to use white light here, go ahead. Dark will attack white light auras around physical bodies as you're stating you align with the Light polarity. Likewise, Light goes after Dark and their auric color. When one uses gold light, the polarities avoid it as it is polarity bane. Your current incarnation may desire white light for the experience. There is NO protection with white light, just a beacon of alignment.

Question 222: Also, about simultaneous incarnations in our space/time illusion which is circular as explained in CWG (book 2 or 3 can't remember) as well as in Monroe's books, and not linear as it appears to us on the 3rd density plane, how about an explanatory image of this "circular space/time with different incarnations of a higher self in different times periods", I believe that a picture is worth a thousand words. I have shown your past bigger drawing of the higher self to some of my friends and it has really hit them!!!! It rang a bell in them. But some of them do have some trouble understanding the past/present/future being in the same space and how other incarnations of their higher self are actually now in it. True, they have been into the belief system of reincarnation & karma like myself, but this would really help for a clearer view of the whole thing. Hope you will bear with my suggestions. Unless my understanding of "circular space/time" is wrong then correct me, please.

Answer: I didn't do the Higher Self drawing BUT the various incarnations are depicted. Each strand of Higher Self is in a different time period (vibration). There are well over 1,000 strands per Earth-incarnating Higher Self, but the drawing does an excellent job. This is VERY high material for Earther incarnates and if it can't be grasped, the incarnation is not yet ready to understand the whole of it. Once ready, the knowledge will unfold like a flower blooming. There is more to that drawing than the obvious for those ready to grasp. Hang in there.

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**Question 223:** It was mentioned that when it is your time to die nothing can change that. Well, I don't understand that because what if the human free will does not accept it, does that mean that it is so called overridden? We do have free will choices don't we?

**Answer:** You don't understand probably because you're not quite ready for it. The Higher Self chose the death experience for that body, BUT the body has it's own plans and survival instincts (greatly increased due to Orion tampering). It's never been "human free will" and the human body is far too greatly controlled by DNA commands. Free will comes from the spirit. Until the spirit has sufficiently matured, the body is in control, BUT the body cannot override the Higher Self's choice of death for that incarnation. The body knows it's a one time fling for it. The Higher Self knows the body is just the costume of the current



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incarnation. If you STILL can't understand, you should push the material aside until you're ready for it.

**Question 224:** And also could you give me your opinion on being a healer. Whether its Holistic or otherwise, Does that mean that if a person is to translate that no form of therapy should be recommended? Even if they come to you for assistance? Appreciate your opinions!

**Answer:** Your last question is unclear and poorly formed. Healers do what they feel they must. Spiritually advanced enough healers know when there is nothing further that can be done for a person except to make the person as comfortable as possible. There is NO override of the Higher Self in matters of death.

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Question 225: I have visited the Andromedan Web site and I believe that this saying is one of their recommendations. They have some good points, but to sum it up, is this a flaw in giving Terrans help with their Planet or is it a deliberate excuse? Appreciate any info and also what about the Andromedans? To me they feel like a credible bunch! I enjoy their information. What do you think of them?

Answer: You'll have to ask Collier about his Andromedans. So far, they're all talk and no action. You can't have credibility when you have no results or actions. SOUNDING credible is not the same as BEING credible. They need to be judge by their *actions* NOT their words. I remember the great fly-over that never was. You need to direct further questions about them to Collier.

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**Question 226:** Can the human body support more than one soul at the same time and is this the norm? The reason comes because I recently had a "soul reading" from a psychic and she told me that I had '2 souls'.

**Answer:** The answer to your question is NO! Beware of psychics, even well meaning ones. You don't know where they come from. If 2 souls were *contending* for the same body, you have *possession* and in this one spirit is overpowered and pushed out to give the second control. "Soul readings" sound scamish to me. The ONLY person who can read *you* spiritually is *yourself* and *you must connect to your Higher Self to do that*. NO ONE else can enter your Higher Self but you.

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Question 227: I have recently read the Books by Lee Carrol on the *Kryon Channelings*. Kryon is suppose to be the entity that is "responsible for realigning the Earth's Magnetic Grids to be in Balance with the so called change in consciousness that is to be taking place at the moment". One of his many points is that "with this new energy shift comes many changes, some that include getting Earth humans to hook up with the missing 10 strands of

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DNA” that I believe you mention that were disabled from us. Also he talks about our so-called contracts in this life and how they can be CHANGED and ALTERED with the proper intent. This would able us to cancel any so called deaths (by contract) as well as disease. Are you at all familiar with these writings and if so can you comment on them? I should mention to that Kryon is mainly concerned with the magnetics of our existence and is very much against the HARRP project in Alaska. Would be great to get your comments on these channels.

Answer: Material given through channelers is VERY suspicious because you don't know what kind of spirit is going through the medium. This doesn't comment on the intent of the medium, but spirits can (and do) say just about anything. The Seth material is one of the better ones, but when it comes to channeled stuff, you wind up giving away your power to the spirit. This is something you have to overcome. If I want to find out something bad enough, I do it myself. Kryon (cry on and on) is a favorite of Light-siders. If that's your path for now, do what you gotta do. This clown is too body centric (replacing the DNA strands). It's not about the body or your over concern with death, which is also a body issue, it's about you and your connection with YOUR Higher Self. Unless and until you make this connection, all else is giving away of your power.

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**Question 228:** *The Course In Miracles* is a mind programming course, by its own admittance. What I like about it is that it admits that the world and all manifest appearance is a dream, of sorts. This corresponds well with the Advaitic point of view and that of my previous Master, Sri Adi Da (Da Free John, Da Love-Ananda). The Course attempts to get us to realize that we are merely dreaming, that we are Perfect in actuality, that the body does not matter, that we are merely having a hallucination. And that the ego is just a small part of the Mind (lower part of mind, which at some point had an insane thought, that of separation), a fragment that has created an insane point of view, of separation and separateness. The Holy Spirit lives in the Higher Mind (vs. the Lower Mind). That Jesus Christ via the control of miracles collapses time and so connects us to God or Causes a direct connection to the Creator, even if momentarily. And when there is no need for lessons time will cease. But we must give up our will to Jesus Christ and the Holy Spirit and allow Jesus to direct the course of the Miracles (which are a collapse in time and are under the direction of Jesus Christ). So we are to give up our will, our desires, and become Miracle Minded (and the internal voice we come to here is Jesus's). And the Atonement is the correction of mere error, not sin. as there is no sin. Just error in our own judgment. And we are to view all of our brothers (and sisters) as perfect, as God has created them, otherwise all we see is the reflection of our own errors and faults, thus reinforcing them in ourselves and our brothers. But if we overlook them when we see our brother, then we are in a sense, allowing a miracle to happen, and our brother is strengthened. You know? I have come off the course and back to the course now three or four times. I can accept it at a certain level. But it still takes a lot to admit that all of this manifestation here in front of my five senses is not real. In the sense that it is a mere projection by our Higher Selves (and the description by one of the students of Monroe in her book portrays this). Instead, I tend to think that it is real, being parts of the Higher Self experiencing actual reality at certain densities and in certain dimensions. Well, the Course, tends to do away with all that kind of theory. It seems to want to bring you to a place where you mistrust your senses and have the "spiritual" sense open up and see reality. And in many ways I want to believe this. But I have no confirmation from anyone that's done it!

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Yet, I do with Robert Monroe.! (Well, not yet. I still have to get out of the damn body and notice it!) So...what can you say about all this? Now that you have more data about A Course In Miracles???? Thank you. (The Course will have you forget about all that's happening in this world, just focus on yourself, your ego, the lessons, and so on. Quite isolationist I would say.)

**Answer:** First of all, it hasn't *dawned* on you that "Jesus Christ", as an individual, never existed. He was a *literary creation* of the Romans who began the historical process of *transferring power from secular to religious manipulation*, a *more effective social control tool*. Finding that name connected with the Course tells me a lot. LOADS of christian icons here besides the non-existent Christ, holy spirit, etc. The "god" referred to here is the alien genetic scientists who engineered the current Earth human body. References to being as "god" wants you to be is obeying the Orion/Sirian genetic commands. So, my FINAL comment on this would be "not for me." Giving away your power to ANY fictional or real creature(s) is something you must learn to overcome as all you need is within you.

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Question 229: I have read some Seth Material and It was good for back then but I'm wondering if it still applies today. I'm sure the basics change very little but I'm assuming that much has changed since the 80,s. The fact that their are wonderful Web sites like yours tells me that a lot more information is getting to people who it appears are ready to hear the truth. With this abundance of info makes me wonder who to believe and who not to believe. I try to go with my intuition for starters and without a doubt not everyone supposedly has all the answers. From your perspective was there a group of people or a particular belief system that might have a compendium of knowledge that a person could go to and acquire anything they desired to know without referencing many hundreds of links or different paths. Possibly something along these lines in some of your Web material that I have not come across as of yet?

Answer: There is no such organization. Both Dark and Light groups that have knowledge, that counters their positions, is kept secret. This makes what I put on Val's site quite unique in the physical.

Question 230: I read some years ago that there was this museum on the astral plane where everything that was and is to be invented is on display there. Is it true? I never been there so I can't talk.

Answer: This is the Library on Monroe level 27. It does exist and can be used by anyone who goes there.

Question 231: As far as this channeled Kryon material I mentioned to you, I am not a follower of this path. This channeled stuff is not about that. To me its *just* information or knowledge. I certainly do not agree with everything I read there. For example there is mention about children born after 1987 who are labeled INDIGO children. I've seen this name on some Native American related links and these children are supposed to have special spiritual qualities. Well nothing against kids but I have yet to see that personally. It seems to me that the kids nowadays are less than spiritual. Spoiled, overweight, watch to much T.V. Sorry but I just can't buy it. At any rate I think you get my drift. I have no children of my own and do not want any.

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Answer: The "indigo children" stuff is pure crap. Kids today are the most self-indulgent ever. The keys lie not with them, but with certain of the baby boomer generation. The indigo stuff is a false trail.

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**Question 232:** Hello, I written a couple of questions to you before, I'm learning a lot of things from me since my last couple of questions and I wanted to ask you something that is happening with me to see if you have anything to say about it. Since I've read your material, I begin to read the Handbooks, I traveled far to the north of my country on vacations and I devoted that time to introspection, I'm finishing the third volume of the Handbook and some things are changing inside of me. A lot of times when people come to ask me I have a strange feeling, when I begin to speak, either by voice in face to face conversations or by chat, on ICQ or discussion forums I feel a strange sensation of being here and somewhere else, I can't describe the feeling very precisely with words, but in that moment I say things that later when I read it I can't understand quite well, I feel like I'm definitely say THIS things, and I know that I say this things but I get very confused about the things when later I read it, I surprise of myself saying this things because it seems far more clear than in daily life experience. I am really aware that don't have any kind of medium power, I am pretty sure that this things that I say are from within me, but I just wanted to know if this kind of behavior is normal, I mean, who is talking WITH me when I feel so SECURE to say things that later I'm not so sure? Is it other incarnations of mine? My higher self? Can other parts of me transmit messages to me like this? Or it can't be like that in any way? I appreciate your help.

**Answer:** Although only YOU can answer this correctly, it seems that your Higher Self is coming through. If the Higher Self has something to give you, shim will. This type of communication is very different from a channeled one. Your Higher Self is VERY potent and when you reach very Advanced incarnations, shim can pulse information to you easier. Enjoy your development.

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Question 233: Does everyone have a Higher Self?

Answer: Everyone does NOT have a Higher Self, but that is covered in my materials. MOST are minion incarnations. You must carefully read ALL my materials for that. Keep researching.

Question 234: What is the purpose of the Dark type? I guess I'm just trying to figure out what the dark type is trying to do? Do they think they are on a winning side? Are they using the dark for power?

Answer: You might as well ask what is the purpose of Light. In a Higher Self's progress, shim has been BOTH Dark and Light. In order to become Balance, you MUST have been both polarities. Power is like electricity, it is. HOW it is used depends on the user. Both polarities believe they are THE winning side. In reality neither can win since both will eventually merge to become Balance. Also, there are Dark and Light shamans and even a

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(very few) Balance shamans. Don't be fooled by someone using the word. Judge people by their actions, not their words.

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**Question 235:** I am in the process of completing my reading of Monroe's second book of the "Journeys" trilogy (*Far Journeys*). I have read much of Icke's "*Biggest Secret*" book. I feel as if I am in limbo at present. A deep state of depression has set in, though not to such an extent as to want to induce suicide. I do feel like 'spiraling out', but for what reason? To end the pain? That isn't exactly a constructive excuse. Something in me just says I don't really care if I were to die on the spot or whenever. And thus, after reading Monroe's two books, it becomes more blatant to me that fear of death (and the consequential 'survival' drive that arises from it) is what motivates me to keep the body alive, but it must also provide a buffer against soul impulse and intuition (for the want of a better term). I also read with interest the following passage from an article called *Fear The Mind Killer*:

"Making a somewhat desperate end run around this problem, shamans figured out that by tracking back through human fear they could find the big one, which, if eliminated, would make the most difference. Needing to understand themselves and their world they sought outside its normal parameters, they flew in the face of death and learned something very important to the way of the shaman. They found that death itself was the big enchilada. Coming back from that doorway to eternity they discovered that coming face to face with their own physical annihilation had brought them to a place of profound detachment. The intimate knowledge and acceptance of their own deaths had erased fear."

Is this what is necessary for so-called advanced souls after a certain point of seeing the Game for what it is and wanting to spiral out? I don't feel particularly moved to do so at this stage of the journey.

**Answer:** You didn't say why you are depressed, although indications are because you've discovered that things aren't what you thought they were. You have to examine if this state is caused by the body or by the spirit. The physical will react in such ways to an advancing spirit. I wouldn't care if I dropped dead today, but my reasons are I have MUCH better things to accomplish without the body and 3rd density Earth. By the time of Final Incarnation, after the Awakening, there is no concern for death. It's the body that has this tremendous fear as it realizes once dead, *that's it* for the *physical*. It will NEVER come back, *hence* the survival instinct. This was heightened by alien genetic scientists in a *move to suppress the spirit*. As the spirit progresses AND receives higher information (that shim can handle at the stage shim is in), the spirit starts to override DNA/bodily commands. Everyone's path is unique set by your Higher Self. You can gain guidance from without, but your ultimate source is within. That you are not yet ready to spiral out of the Game is fine...for YOU. When you read material you are, at present, unable to handle, just push it aside for another time. Reading it, becoming aware of it, has started an irreversible process within your Higher Self, however, and manifestation WILL occur.

**Question 236:** Years ago, I used to think that maybe a Near-Death Experience was what I needed to alter my perspectives on life and death. But that seems to place dependence on randomness, chance and externals, rather than taking the "road less travelled", taking responsibility and trying to induce OOB similar to what Monroe has done, IF that is what

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someone feels called to doing in order to assist in overcoming fear of death. Perhaps at this stage, it is necessary for me to simply 'unplug' from attachments or addictions to physical manifestations (e.g. feminine beauty), and try to live more in the present.

**Answer:** So-called 'feminine beauty' is a HUGE illusion. Females in the West, and especially in North America, are illusion - make-up/glitter/dyes/colors/shavings/nail polishes/enhancements, etc. Females live a lie in this. They conveniently blame males. This is victimhood. That you believe in such a concept as 'feminine beauty' shows you have not yet learned to strip away the illusion. Also, anyone hung up on physical beauty IS still body ruled. This becomes totally clear by the Final Incarnation. Move at YOUR pace and NOT anyone else's. Don't compare your progress, or even lack of progress, to anyone else. It's not a matter of conformity, but of individuality.

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Question 237: I need to have some clarification, this time about the subject of Reiki. I have been a reiki practitioner since '94, passed the 3 levels, and along the way, also attended a number of workshops with a " Certified Body Mirror System Healer" trained by Martin Brofman (a light sider). Been a member of TMI for a number of years as well , never could afford to attend one their programs, being from overseas, but worked at home with the Gateway Experience tapes, so far only completed Wave I, starting Wave II, read RAM's trilogy, Far Journeys (8 times), Ultimate Journey (6 times), ROMC's Cosmic Journeys, Bruce Moen's three books, as well as all of his website, and thanks to VML was recommended your web pages last year. Now, about Reiki, when I first started to receive reiki energy for a very painful sciatica, I was at first very skeptical about all this, but anyway the result was that my sciatica completed stopped after two weeks of treatment, although I had tried all sorts of anti-inflammatory medicine.

So I decided to pass my attunements. Started to practice in a reiki center, belonging to an association of which I became a member. But I could not go along with the cult personalities about the Grand Reiki Masters, this annoyed me! I had already broke away from the catholic religion, and was very wary of any other belief systems. While practising regularly reiki on people, I slowly notice a change, every time I started to put my hands on the patient, a vibration would run through me, I even looked at my hands to check if they were shaking, but no, this was internal, I could feel the energy passing through strongly, asked the others if they had observed the same phenomenon, and was just told "that this was only because I just came from the outside, and it was stress", I thought "bullshit". Then I started practising with my inner guidance and this annoyed the others because I was not doing this "the way the masters taught it & the way it should be done" I got disapproving looks! So I quit this reiki center, and decided to explore further the effects of reiki or whatever channeled energy it was at my place. Arranged a room specially for this and continued with a very few friends of mine. I also started to experience vibrations going all through the body and going out by the feet to the floor. I felt as if all of the body cells were vibrating, then this kept happening especially when I woke up at night or in the morning. Every time I started a reiki treatment, I felt/saw this "milky golden" energy ray coming down through the crown chakra and passing through my hands onto the patient along with the vibrations. Now I got used to this. The vibrations are within me all the time. Then I read your material, and I thought, aha, where does really come this energy????

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So I changed my approach & intent last year before each reiki treatment. I mentally visualized myself and the patient, first, each in a golden resonant energy balloon, mentally connected myself to the Source, then told the person to mentally connect himself with its Higher Self while I did the same after I had shown him/her the higher self drawing, used the affirmation "What's next for me? Show me what I need to know & experience, & lead me to whom I need to meet", and called our friends THERE/other aspects of us to guide me during the treatment, well, WOW, the energy was so different, so much more powerful that even at times it became almost unbearable for my physical hands. The receiver also felt a lot of difference compared to "before", and I noticed inner transformations of the different persons that came regularly for balance. I asked them to give me some feedback if they noticed any changes in themselves after these. Now I am thinking of wearing a black tourmaline at my left side & putting one on the patient's left side as well during a treatment. Only a very few persons come to me for these reiki treatments, about five (I don't charge for treatments or attunements). I got rid of the others who use to come only to be pampered and did not make any changes in their way of thinking, directed them to other reiki practitioners, which is fine with me & them. I feel as though I am connected to another level of energy than before. I would appreciate your comments on what is really happening. It's been a very lonely rocky road for years for me, getting smoother now but still lonely at times. Apart from doing this energy work and taking time to have fun, I have become quite bored with THE GAME. Thanks for taking the time to read this long post and to reply to it.

Answer: Since everyone's Path is different and tailored to them, all I can say is you're having experiences unique to you. Since they are not *my* experiences, I can offer no other comment except to keep moving in the direction you are and rely on your Higher Self. See where you are taken. Yes, the rocky road is MOST lonely...I know. You seem to be surrounded by people who prefer the Game to spiraling out. Now, it's ok that they want to do this, but they also seem determined to keep you on THEIR lower path, which is not ok. Knowledge is one thing, but unless that knowledge is applied, it is of minimal use. The "oh, I know about that, but I just can't apply that to my life...what would my partents/partner/friends/etc think?" If one is STILL living their life for others, they have far to go. Keep up the good work.

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**Question 238:** Could you elaborate on transitory a little more? And how that relates to Dominant or Advanced (think that's the word you used) incarnations.

**Answer:** Transitory refers from one stage (mid-levels) to a higher stage (Advanced). Not 'dominate' but Dominant. I cannot say if anyone is Dominant or Final except with my own Higher Self. My comments on incarnational stages are guidelines. ONLY you can find out where you are in relation to YOUR Higher Self. Transitory does NOT relate to Dominant or Advanced Incarnations. Transitories can be from low to mid-levels as well as from mid to Advanced levels. A transitory indicates a difference from where you were to where you are now. An Awakened Final incarnation has THE major transition from pre and post Awakening. You must commune with you own Higher Self for more information on this.

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Question 239: I'm a 48 year old female with a 5 and 8 year old, gone in and out of the polarity game all my life (mostly for trying to please family/friends). Religion never made any sense to me, still does not. I've read all the Handbooks, Transformation of America, have been on Achyara's list since before she wrote the book, never read any of Monroe's books (although now that I've read your material, I will), been perusing Leading Edge site for over 4 years now (it was one of the first I found while surfing) and always "felt" the balance in Val's work. Purchased and read Alex Collier's book and found some new material that was helpful, been receiving David Icke's E-Zine since it's inception, nearly 2 years ago. The previous said to give a bit of my background of understanding, I know I'm not a final since I still find sex with a woman distasteful, but I'm finding sex with men also distasteful which will probably end my current het relationship (not the kids' father) in the near future. I've always thought the manipulative ways women deal with men very disgusting and never developed that ability or desired to (grew up in a very patriarchal family), have never fit in, never followed a guru or wanted to, been in a variety of life situations, followed my own nose through it all and after having my second child, found myself spiraling up, out (had another series of awakenings) and losing all my material accumulations (good riddance), and coming back home to Mom (rather than be homeless with 2 kids). I now realize the spiritual drain having children is, yet I made that choice (their dad doesn't help...he didn't want them, I did). What I really want to do now is to have time alone, contemplate, meditate, contact my higher self. Yet with children who I now homeschool (true to Cathy O'Briens unveiling of the Global Education 2000, dumbing down the kids...public school is becoming very bizarre), there is no time to do this even though the time now is so very critical (2012) in this Earthly existence. Now I know I would not be in this scenario had my higher self not wanted this experience, yet I feel so not a part of this world and have no interest in the game. I do want to have my own cash flow (and am furiously working at that currently) so as not to be dependent on anyone to take care of my children and myself, beyond that money holds no fascination for me.

Answer: You are in a transitory incarnation, from what you said above. You are experiencing the *consequences* of breeding and *must* see that through. Yet, you have new desires to progress. This is very transitory. Time IS short. You will gain what you need to influence other incarnations of you in other time streams. Your Higher Self needs some of this information, so you are pulled to the site. The information needed is being sent to your Final. Keep progressing at YOUR rate and not what others may seem to be doing.

Question 240: My higher self prompted me to look at Val's site for 5 days and as soon as I found your materials, knew that was the purpose. I get promptings but not clear contact. Now I realize, I had been falling back into a light polarity as has happened quite often in this lifetime. Thanks to reading your material, I have come back to my senses. Val's site (and David Icke's info) has done that for me many times. I find it difficult to get into anything or accomplish anything and would like to know how to obtain clear messages from my higher self to know where I'm to head with the rest of this lifetime (currently practicing your method of connecting). Is the search for our life's purpose another deceit we've been fed by the light polarity? I've always felt as though I had a purpose in this lifetime, but it still eludes me. I've honed my discernment but as you say, our own higher self is our best source of info. Without the ability to have true communication with our higher self, what is the next best way to learn our own truths? Hope this doesn't sound like whining, your material prompted so many questions. Thanks again, for sharing your observations and insight. Wanda

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Answer: Only a Final Incarnation has 'on demand' access to the Higher Self. Other incarnations are busy doing their thing. Dominant incarnations have limited access to the Higher Self, but not always consciously. Remember you are ALL your incarnations, so don't be hard on yourself for what you perceive as inabilities or limited abilities, at this time, in the current incarnation. Be happy being you and doing the best you can. Your Higher Self can communicate to you when shim feels it necessary. This is your real guide. Continue to learn and experience. You will definitely know if you get into a wrong area for you as much seems to go bad if you make a 'wrong' decision. I'm glad my observations have got you thinking. I'm sure your Higher Self appreciates that. You've done more to assist yourself by reading the materials than you can currently grasp. Keep in pursuit of your interests.

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**Question 241:** The other day I had a dream, in this dream the earth was going to its limits. I feel, from this dream and things that I been feeling that the Earth will be part if (not all) responsible for human reduction, I almost can feel a red, hot, and vague image/sound of the time coming, I could feel it in my dreams, yesterday. I woke up pretty scared and wrote the dream on paper. Is this just a dream or maybe I'm paranoid, but will be earth responsible for the things that are coming? (I know that humans and controllers are the responsible ones. I'm talking about the situations that are coming). The last but not less important question, there will be a war soon? I hope these feelings of mine are wrong, but I got used to listen to it.

**Answer:** MANY people are having similar dreams, including me - tidal waves, quakes, volcanic eruptions, etc. The Earth spirit is VERY pissed and is one of the Wild Cards I've talked about. Time will tell if your dream will come true, and time is short. A major war is another Wild Card. That you fear war shows you are body attached. When you become detached from the body ID, you will not fear anything.

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Question 242: I've read all your articles and have found them to validate my own Inner experiences of the high Self. I have a question for you. On the Inner Levels are you getting the information about the Alien stuff, or is it from Zechariah Sitchen, and David Icke?

Answer: All my information has been verified by my own experiences. David Icke, Credo Mutwa, etc (who I refer to) have much important information in print and are good sources for those who cannot astral travel and discover on their own.

Question 243: I have Past Life memories, of manipulating what I now know as DNA, also remember having what I call my "consciousness" extracted from me. I have meditated for over 30 years. I was trained to be a Past Life Reader, in the 3 year program in the School of Metaphysics. I taught & directed the Chicago school back in the 70's so inner work is not new to me. And doing it with conscious awareness and trance state, writing etc, I have done for over 30 years also. But on the inner levels I've never "seen" a sign that says "you are now on the 20th level" etc. I may get in a dream or meditation that "I'm working from a certain level", so I trust that information when I receive it. So I'm curious how it is seen for others who do these reading too.

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Answer: Monroe designated the levels with his numbers. He said they could be called anything, but these are his. You won't see any signs for these levels unless you put a personal marker on them as we did in our trainings at the Institute. Unless someone has been through the Monroe materials, the levels will appear purely arbitrary. I relate very well with Monroe's levels. As far as others who are not using Monroe's materials, you'll have to dig them up on your own.

Question 244: I've read Robert Monroe's books long time ago, would like to re-read them now after all these years. I prefer Etheric Projection to Astral Projection. Also from focus on the High Self I don't need to "leave" my body I can "tune" in with "Mind" & "Source".

Answer: Robert preferred 'scientific' labels. I prefer common levels as this is what people relate to. Call it what you like. It's 'astral travel' for me.

Question 245: I still would like to know more about the numbering of the levels if you see that or know that? And more about the ET Plan stuff, if you really experienced it or is it from authors who have published that information? Please I am asking this for my information, from the heart and for conscious education.

Answer: I'm not going further into Monroe's level designations. If you're interested in knowing more about them, beyond what he has in his trilogy, you'll have to contact the Institute or check their web site. I suggest several other sources to read on material that I've mentioned because they have written about segments of what I've seen on my own. If you can astral travel, you can discover the same for yourself.

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**Question 246:** Concerning the protective rituals in Gavin and Yvonne Frost's book *Astral Travel*: Once the circle has been drawn, having conducted the accompanying ritual, and you place your mattress over it; is one to stay strictly inside the circle or does the mere presence of the circle serve as the protective force? In other words, is it safe to allow a part of your body, say your feet for instance, to extend beyond the perimeter of the circle while you are astral traveling?

**Answer:** Obviously if you have drawn a protective circle, and you dangle beyond the circle, you are outside its protection!

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Question 247: I had an experience a few years back and have been seeking answers about it.... I was trying for an OBE lying in bed, then I felt like I was leaving my body, then I saw a type of monsters face something like the creature in the movie " Big Trouble In Little China. The face was frightening and in my mind I cried out for Jesus Christ. After that episode I felt for a day or so like I had some essence of Christ. I was not into Christ but guess I used him to help me. You say and I believe the Christ thing to be bogus.

Answer: The whole 'christ' thing is pure bullshit and, like karma, exists ONLY if you believe it. The lower and mid astral has lots of minor entities created from fears. If you got into the astral with your fears, you will be confronted with them. Any more than that and you'll have to discover on your own. The Q&A's are for *further clarification of the material*,

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not for personal interpretations. Overcoming your fears is paramount. You cannot advance to higher realms or spend any serious time in the astral as long as they control you.

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**Question 248:** In the text, you mention the division of the bodies in 2 genders as an invention of the Empire for the slavery of humankind and to prevent spiritual advancement. Why is that all and every animals on this planet has 2 genders?

**Answer:** Animal spirits come from an entirely different type, a group soul, rather than a Higher Self being. Each has a totally different area of experiences. You will only understand this when you have reached higher densities and advanced in them.

**Question 249:** Did the empire divided the animals into genders on this planet also?

**Answer:** No, it is the way of the nature spirit group soul.

**Question 250:** Where all Animals here come from? Or, there are animals here from other parts of the universe?

**Answer:** There are animals native to Earth and there are creatures that are genetic experiments (mosquitoes, for example) by aliens. There are also a few that originated on other systems. It is popularly believed that dolphins are one of these.

**Question 251:** Is the belief that dolphins are “spiritually advanced teachers” true?

**Answer:** No, dolphins are not what they say they are. People should be more concerned with their Higher Selves and their own Path and not be so wrapped up in the nature spirit realm.

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Question 252: Yesterday I had a lousy day, and I really sorry about my behavior, I would like to comment on something and just see what do you think about it. Recently, and I mean the last couple of days, my life turned from happiness to something really painful and sad (that's something I would take responsibility on, I'm not going to deny my actions) but MAINLY people from work, friends, all around me, just TURNED TOO VIOLENTLY against me. I don't know how to say it correctly, I'm still learning English, in work in the last recent days I worked MORE than I do in the past and PEOPLE are MORE aggressive with me than before, my partners in work are trying to manipulate situations, of course, I'm the ONE with 'all the problems'. In my daily life, my EX-friends don't talk to me either, and later I've been told that they are making fun of me and my statements of aliens, higher self and even my own dreams. So I would like to ask you, is there any reason why the behavior of people turns out too aggressive with me? It is really hard to manage to overcome all this aggressiveness all around me sometimes. Thank you so much for listening to me.

Answer: As I've said in my materials, once you start to process the information I've given AND change your life accordingly, those who wish to remain in The Game will turn on you. It is a very lonely path once you decide to walk it. They will be terrible to you until either conform or they *know* you don't care what *they* think. Spiraling out is not easy. Everyone I know who is has similar problems then spends most of their time alone. If you can find

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people, even just one, who thinks like you, then you will do better. I have no one in my area and spend most of my free time alone.

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**Question 253:** Hi!! Great stuff (AS USUAL) I have a question. Which technique do you recommend for confronting fears or changing them or transforming them?

**Answer:** First you must understand *what* you fear. Next is *why*. Read up on the topics that cause you fear and go from there.

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Question 254: You've mentioned Robert Morning Sky's LA Transcript several times but I've still not found the link or anything about it?

Answer: Morning Sky's web site is <http://home.earthlink.net/%7Emorningsky> . There is no new material there but he has his materials there and you should be able to get the excellent LA Transcript from him here.

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**Question 255:** Concerning Dr. Steven Greer's Disclosure Project, it seems as though he's failing to consider the presence of the negatively polarized Orion faction and has overlooked their preference for subterfuge, as you've revealed. Be that as it may, is the May 9th media event and May 12<sup>th</sup> symposium some manner of conspiracy disinformation/misinformation ploy ushering in the inevitable overt presence of these beings?

**Answer:** I am unfamiliar with Steven Greer or his Project, so I don't know what you're talking about here.

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Question 256: I have read all the material and it is fantastic. You have spoken about certain "wildcards", which brings me to the sensitive nature of my questions. I feel, not by ways of Orion programming --- but rather, thought the HS, that I am one of the "wildcards". This is the clarification and/or assistance I require (confirmation). Your information has thrown a wrench in the works (an impressive one at that), which has sent me spinning deeper into the outer edges of the game. I am on a very strict path, by ways of the HS --- stricter than most other HS, and I require some insight to help "fine tune" this fine line I am walking (experiencing). It appears that you have come across my path at this time and the timing is right on the money (if only there were any -- HA!) as I am ready for the material and more of what you have to share. "All in due time" as they say. Now is the time.

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Answer: My use of the term 'wildcard' refers not to any individual person, but to events, such as alien, Earth changes, etc. I would not consider any person alone to be a wildcard. Something also to consider, if you were to do something requiring money, your Higher Self would see you had the way open to you. If it were not something your Higher Self required, it is an option apart from your Path. If the time is 'now', the way would be available.

Question 257: Your material has altered my consciousness quite fruitfully and has now brought me to a crossroad. It is a matter of continuing on in my journey, which at times I feel is a waste of my valuable time and energy due to the muggles (minions) inability to use their brains and think for themselves --- and dropping it all while leaving the responsibility well enough alone cause it really isn't my problem -- this floating prison colony we so bravely call our home -- HA! I have, on numerous occasions, told my HS to go fuck itself due to the painful and suffering-filled pressure of the narrow path I am on. I am sick and tired of having no choice and to know that I can really drop everything gives me great relief, if this is something I really can do. The only problem is, and what I mean by having no choice, is that each time I step off this narrow path, be it intentional or un, I get stung. What the fuck gives? I can't win! This issue is SO COMPLEX.

Answer: Everyone always has a choice, except in the manner of death which YOU chose before incarnation. You have to avoid being the victim and wearing the mantle of 'oh poor me'. Examine your choices and desires. If you're doing something for others because of them, at your expense, that's Light polarity. But, even so, it still may be part of your Path and experiences. I'm glad my material has helped you. Work with it as much as you feel drawn to it.

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**Question 258:** When you traveled to 2200 and beyond and saw oceans and land but no plant or animal life on the land, is it possible that there could still be life in the oceans at this point? Also, what about inside the Earth's crust (so called center of the Earth)...is it possible that there are still beings residing there (humanoid type and others....example: the beings spoken of in the ancient "Shamballah" stories) at 2200 and beyond? I'm looking forward to 2012 (not sure if there will be a meteor/comet, mass consciousness shift or whatever...I will see)...I want to see what happens in this "experience".

**Answer:** I didn't move into the oceans, so I can't say. Same with the Earth's interior. My opinion is that all life has been removed from the planet to make way for the return of pristine Earth.

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Question 259: Regarding moving to level 27 and beyond to 34/35 (where the Higher Self resides)...I can tell that the Monroe tapes/institute would be a good way to achieve that. However I'm not sure what types of costs we're talking....I know that I'm talking a limited budget for myself. I am currently reading his book(s) and find them extremely helpful. Are there other ways to achieve "controlled" experiences with the library on 27 and beyond to 34/35, other than Monroe's materials/institute? I do have many astral experiences but would like to master the control of these experiences. I am being very patient with myself and I know that all things/answers come when I am truly ready. Thanks again for the Matrix V material...it's needed NOW. Feedback is appreciated.

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Answer: The Institute does not sell tapes that will take you higher than level 12, which is what is needed to access the Higher Self IF you are meant to. Monroe blazed the trail on the astral, so his tapes serve as road maps. You can't get to somewhere unless you know how to do it OR have someone take you there (don't ask). You can try willing yourself there just based on Monroe's books that you've read. Your Higher Self will assist IF you are to succeed. Don't get frustrated with yourself. If it doesn't work now, don't give up, but don't stress about it.

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**Question 260:** I recently ran across an 'interesting' person by the name of Stewart Swerdlow, who claims to be one of the Montauk "boys". His website is [www.stewartswerdlow.com](http://www.stewartswerdlow.com) He has a "Healers Handbook" and details the use of colors. Some alarm bells were going off when he said "white is the highest color, and can be used for protection"! Also he says the best form of protection is a bubble of violet light around you with a mirror covering. My discernment tells me that The Gold bubble is the best for me, and I have had great success with it as well as with sage. Additionally he says that green is the color of the heart chakra and that one should visualize green when breathing in. This seems wrong to me intuitively, especially with the fact that green is often associated with attacks of the solar plexus. Do you have any opinion on Stewart Swerdlow and his information or possibly dis-information. I believe he is aligned with the government (still) and is sprinkling truth within his lies. Also do you have any comments on his color work? I would truly appreciate your perspective!

**Answer:** I wrote to Swerdlow once on the gay issue. I use that to test self-proclaimed pillars of knowledge. He gave me such a nebulous answer that I knew he was most likely being used. I, too, find his colors off. Why would someone do that? The best way to halt your progress is to feed you disinformation. Take his "white is best" example. That indicates polarity. Green is the color of the solar plexus and pink is for the heart. Of course people can use whatever colors they feel comfortable with, but I've found these are standard and always work for one's benefit. Go with what works for you, but keep a wary eye out for people like Swerdlow. Another one to beware of is Cosmic Awareness. I call that person "Unawareness" and is definitely a manipulator even if the human channelers are wonderful people. Unless information is verified by your Higher Self, be cautious.

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Question 261: Are there deeper allegoric meanings here? I am a polygamous man searching for truth, and have two wives, one of 30 years and one of 2 years. All of us are fifty-two years old. The thirty-year marriage is in trouble, very sick from many things, especially the wife's resistance to nonconformity and her lack of "demonstrated" spiritual growth despite the rhetoric that comes forth from her mouth. The wife of only two years is the woman I was always searching for. She is also just as accepting of change as I am and just as diligent in her search for truth. I have continually been sexually active with both women, being with one or the other of them almost every day. The sexual intercourse with my wife of two years has been far more frequent, sensual, erotic, inventive, open, and free. The wife of two years bought Matrix 5 for me and I have been studying it with her. I fully understand what I have read so far, and comprehend its sexual implications, as does the wife of two years once I explained it to her. Now for the rest of the story. Since beginning to read M5 with my wife of two years, and learning of the First Law of Creation, the Law of

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Attraction, I have been much slower to get erections, and have frequently lost them during intercourse with my wife of two years. However, with my wife of thirty years who has no knowledge of M5, sexual intercourse has remained unchanged with firm, hard erections that consistently lead to normal ejaculations. Any ideas about what is going on here? Is this the power of M5?

Answer: Yep, the power of M5 on those who read it. M5 will strengthen ties to the Higher Self and you will look at everything differently. That an erection is possible with the one who hasn't read M5 is significant. The body ID is still there. All this is VERY good as progress and outward spiraling is evident. Hang on, it's going to get even more interesting. This is VERY good.

Question 262: Is it "NECESSARY" or beneficial to experience, even if only for a short time, these alternative lifestyles in order to accelerate getting to the Higher Self?

Answer: Each Higher Self has shim's own individual Plan for experiences desired on 3rd density. Each plan is unique. Everyone can have some similar experiences but no one has the exact same experiences or growth. You can be a mid-Advanced level hanging with a Final and an upper mid-level. The combinations are endless. The error is to compare where you are in this incarnation to someone in a seemingly more Advanced incarnation. You, at some times in your incarnations, will be gay, lesbian and bi. If you are not now, don't be concerned about it. Don't play a 'keeping up with the Jones'. All things work for you when you are ready at the time appointed by your Higher Self. Don't force an issue, let it unfold when you are ready for it.

Question 263: Is it necessary to experience homosexuality before achieving asexuality?

Answer: There IS no asexuality in the spirit world. That is a lie started by Eastern religious myths. You can have asexual incarnations, but they are dead ends. This will become clearer as you progress. Remember all the readings of M5 are registering with your Higher Self and this vibrates through all your Advanced incarnations wherever they are in 'time'.

Question 264: Is asexuality even a final endpoint for the spirit in this third density incarnation?

Answer: To progress you will eventually discard the idea that 'asexuality' is advanced.

Question 265: From what you have been told, does it seem to you that my newer wife is progressing to higher spiritual levels?

Answer: Progress is very individual. She is doing it at her own pace, but has body control issues. The succubistic nature of clinging to a man shows MAJOR body ID and body domination over spirit. When the spirit is Advanced, shim knows no body dependency is needed for you are whole in yourself. She should not judge where she is by where you or anyone else seems to be.

Question 266: What kind of incarnation does she seem to be to you?

Answer: A developing one, BUT she has interests in advancing and should pursue them at her own rate. You can't 'save' anyone. They must 'save' themselves, as I say in M5.

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**Question 267:** Tattoos would seem to be a "body (physical) thing". I have a close friend with whom I exchange information on our search for truth. She has always wanted a tattoo, but did not do it because of fear from religious and biblical teachings. We now understand that all religion is about mind control and deception, and have recently gotten away from it. To destroy our tampered DNA codes, we are both on a quest to become as nonconforming as possible. What is your opinion about tattoos as an act of "non-conformity" and rebellion against such religious mind control? Would you consider this to be a valid form of "un-programming" for her?

**Answer:** I would never get a tattoo due to the needles and injections. If you wish to get one, that is totally your decision. No right or wrong there. I would not get one on any chakra point (front or back) as that can interfere with the chakras operation, especially the major 7.

**Question 268:** Are you aware of any little known effects from tattoos that would interfere with her energy fields or hinder the process of getting to higher states of consciousness and awareness? Specifically, she is considering a large tattoo in the small of her back.

**Answer:** The small of her back is close to the genital chakra. It may interfere with the operation of it. If she's down that far, she might consider, IF she really wants one, to get it on her butt. But do whatever you like. It's all about experience.

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Question 269: You state that the Higher Self reaches a state where It designs galaxies and 3rd density events. If 3rd density is a level where the Game (the illusion) takes place, why would the Higher Self want to create it?

Answer: You will be given this information when you have advanced to the point where you are ready to receive it. The answer will come from YOUR Higher Self.

Question 270: Where can I find information on the history of DNA sequencing in regards to the Orion (female) and the Sirian (Male) Empires?

Answer: The only place I know who had published any material on that is Robert Morning Sky and the book you'd want is: *Eden, Atlantis & the UFO Myth* - Book II of the World's Oldest Religion. This has been out of print for some time now. You might want his 'LA Transcript' which does talk a lot about the genetic scientists manipulation of Earthers from the Orion point of view.

Question 271: I have never had a conscious Soul Travel experience. I have ordered the Astral Travel course by your friend's the Frosts. I greatly desire the experience, any advice?

Answer: It was Gavin & Yvonne's course that helped me learn to astral travel. PATIENCE is a key. Patience with yourself. It took me 6 months before I got the breakthrough.

Question 272: The Higher Self Meditation (in Matrix 5), the Crown Chakra mantra (CONNECT) is very powerful. Can you provide additional techniques for connection?

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Answer: Nope...that's all I can share at this time. That meditation is what I use every night no matter where I am. Keep up the progress.

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**Question 273:** I couldn't help wonder if your visions/inner plane experiences were influenced by Monroe's work. That is, auto-suggestion. I wonder if you would've "seen" This multidimensional schematic without having read his books?

**Answer:** That could be considered IF I only saw what he saw. When I send people up to the Greek pantheon of Focus 25, I tell them some of what they see. They report much more than that. This is when I know they've been there as they tell me things I've seen there but didn't tell them before their journey. Monroe blazed the trail and placed guideposts. That's enough to tell you. You're on the right track.

**Question 274:** The concept of minion spirits sounds so cool...even though it's to our detriment. But how/where do "indigo children" fit in (if this is a real phenomena)?

**Answer:** I think the phony "indigo kiddies" began with Michael Scallion, who has since disappeared, so it seems, as no one hears of him any more. The key people do not inhabit this group, but rather the Baby Boomers group. The indigo bullshit is a red herring. Today's children are the most violent/disturbed ever, as a group.

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Question 275: The specific information regarding genders/gender splits very clearly states the conflicts caused as a result of the gender split and I have noticed this for a long time and the Matrix V information brings things into even better focus. It is time to move past the bullshit and the agendas being pushed by the polarities (whether terrestrial or extraterrestrial) of this planet ("alien invasion", "aliens running the planet", "follow me I'll save you", "this group is right/this group is wrong", etc.). I am very aware that my true nature is unlimited and that through my experiences. I will continue to access more of my "potential", which is unlimited. Ancient Earthers were split into two genders. They contained the "parts" for both male and female and produced at will (containing both the life giving sperm and the egg "matrix"). The ancient Earthers appeared similar to the current male bodies except for the genital area, which appeared similar to the current female vagina, except the being contained active/working parts of what we today call male/female. When these beings made decisions to reproduce, how did they "nurse"/feed their newborns? If the beings appeared as males and did not have the swollen mammary glands of today's female; how were the newborns fed?

Answer: I have not investigated that. Since I received all the information that I was interested in, I am satisfied. If anyone wishes to pursue questions like yours, you can get your answers either from astral time travel or in the Library on 27.

Question 276: You state that certain countries (ex. India/Africa) contain a lot of minion incarnations. I can see this clearly by the "out of control" birth rates in these poor nations. Regardless of the conditions, people keep having babies. It is obviously minion reproduction for "food", "slaves". However I do have a question about the subject of "blacks". The author does make it known that blacks are being destroyed/killed in large numbers by the controlling forces of the planet. Many 3d beings "destroy" something out of

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fear or because that "thing"/"being" is blocking the way to a specific goal. For what reason are the controlling forces destroying "blacks"?

Answer: From their point of view, it would be like throwing away something that is of no use to you any more. The black race was engineered for manual labor, necessary at the time. While the aliens and their allies are concentrating on the blacks at this time, it's just the beginning. They would like to eliminate all Earther humans and replace them with a totally different kind of being that will obey AND not allow Higher Self incarnations.

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**Question 277:** Could you comment on the Native custom of smudging?

**Answer:** The vibration of the sage smoke will drive away polarity energies, primarily Dark. Both Dark and Light attacks are black in color. Sage smoke disperses these black energies.

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Question 278: I am reading the Handbook and was wondering your take of the words/titles the writer uses; god, highest of highs, creator. You don't really go into this in your stuff.

Answer: My material does not go into detailed commentary on The Handbook. I was originally put off by his use of those terms, BUT as you continue to get into the material, he switches those terms off. I believe he used them to reach to the lowest of the Advanced level, far lower than my material is geared for. Since you're asking about these words, you haven't gotten far enough into the trilogy. Hang in there, it gets much better.

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**Question 279:** First, so that you know where I stand...I KNOW (inherently) that all the information that you have presented in your writings are facts....very true and provable from so called "spiritual" and/or 3D perspective. Thank you for the information. Now, I would like some feedback. I know that the time for "masters", "gurus" and all of that is gone. I do realize that all the answers and power lie within myself, not external sources. I feel as you do, in that I enjoy the company of people spiraling out at the same rate as me and who are at a point in their life that is compatible with me. You are obviously there. Throughout my life, most of my "astral" experiences have been in the state between waking and sleep...usually late at night (between 12am-5am)....I see everything from glowing spheres of energy, to reptilians to "ghosts" and other human type figures appearing similar to a hologram. Lately this has sped up...I get these "sightings" even more and more often. It does not scare me...it intrigues me...and frustrates me that it seems that as I notice and begin to interact with other realms, I'm often pulled back into a "waking" state and become fully conscious but have a full recollection of what I just experienced. Is the frequency of these "experiences" increasing because we are nearing some type of "apex"...possibly the apex of "NOW" that is often spoken of by many aware authors? (By the way, I'm currently reading Monroe's "Far Journeys" ... I believe that is his second book...very good reading...although wordy (I prefer the simple, direct style in which you write) it gets the point across. Any insights or feedback would be greatly appreciated.

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**Answer:** Thanks for you comments! You seem to be doing quite well. Yes, the frequency of 'unusual' events IS increasing rapidly due to the rapidly approaching end. Continue to read. Monroe's trilogy will do you much good with tremendous information of the higher densities, primarily astral. Monroe chose NOT to give some details that I thought are necessary, hence I've made them known in M5. Also, be patient with yourself. All will come to you as you are ready.

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Question 280: What about feeling as though you are neither male or female... you just are. You have not been drawn to homosexuality although appreciate the beauty in the bodies of both male and female. You have used the female body in the past - had lovers, had children, used the breasts to feed these children ...in fact, utilized the female vehicle with no waste. But then you feel neither. Or is it really an equal blend of the two(?) A way of being that does nothing for heterosexual relationships where the female/male games reside. Any comments?

Answer: Very perceptive of you. Recognizing the gender problems is one thing, but MANY incarnations in both ARE required. They are what they are. Adjusting one's life to it is a goal. Observe the mess that genders have become due to alien genetic scientists and, in today's world, Dark/Light manipulatives. BUT don't get side-tracked with them. Watch them as if you were on a bus looking from the window. Take note, but don't get off!

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**Question 281:** Are Higher Selves responsible for positive remote viewing results? Maybe, I should ask, responsible for all psi activity? Or is there phenomena that's mainly about auric transceiving and the inter-connection of the ether/astral/'3d holograph and info?

**Answer:** I am very unimpressed with 'remote viewing'. It's like something some people do who can't astral travel. ALL psychic activity is connected with the Higher Self and is part of being.

**Question 282:** Have you ever perused the runes? If more than an alphabet they can be used as a tool.....without all the deity-groveling. Each rune supposedly (more than just an intellectual presumption) taps/is tuned into a specific "flow" of creation. this system(s) is rather unique as it seems to have originated with peoples isolated from the System. (probably pretty watered down now though)

**Answer:** Different predictive methods for different people. I've seen runes work, but have no desire/pull to deal with them. I prefer astrology (best) and tarot. I've been read by tarot readers but, with one minor exception, no one has been able to 'read' me. Drop the deity stuff you hear of (I hadn't heard that before but don't doubt you).

**Question 283:** Minion spirits...what a thought! Well we all have chakras....what about a minion spirit who develops their higher chakras? Hope you don't say, " they wouldn't desire to."

**Answer:** The Nature Spirit group soul has a totally different Path to follow than ours. Earth's Planetary Spirit is pissed that minion spirits have to inhabit Earther bodies. As far as their Path goes, it's not our concern at this stage, so don't concern yourself about them.

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**Question 284:** Remember I mentioned "seeing" an off white looking liz? would you know WHY I/anyone would have something like that pop into their hypnagogia? Feel funny here but.....when I relieve myself and depending on what I'm fantasizing about (regular romantic copulating as to self indulgent un-natural pleasures). I keep seeing these guys in my hypnagogic field....when dwelling on the latter fantasies. I can't tell if it's all my past conditioning (praise god) and alternaive book reading. or I'm now (these visions started about 6 months ago) see them feeding on my energy or who knows what. Right before this I used to see all kinds of neat trails/phosphenes and geometries and again the tone would change depending on what I was fantasizing about. Very odd but I think this is pointing to some kinda big time truth.

**Answer:** You MAY be picking up on 4th density reptilians.

**Question 285:** So is Tantra not as cracked up as it is portrayed?

**Answer:** I was asked to write (and did) the gay/lesbian supplement to a Tantra Yoga book that is now in 3 languages. First ever for a gay translation of Tantra that I've ever known. Tantra is for those who wish to use it. After writing that material, I can't see any reason for me to get involved with that.

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Question 286: Is it possible from the material of Monroe to get to focus 27?

Answer: You cannot purchase tapes to take you beyond focus level 12. Monroe did this on purpose and, even when I was there and requested certain higher tapes to be released, he said no. There are NO commercial tapes from them that will take you to higher levels (27 & 34/35) unless you've been to those weeks. I have audio tapes for these levels since I was there, but they would mean nothing to any listener who hasn't been there since no instructions are included on these tapes. I will say that the first time I took the journey to levels 34/35 (where the Higher Selves reside), it was a fantastic event that catapulted me over level 27 with a rush. It would make a great Disney ride attraction, I told them.

Question 287: What is the "energy Balloon" that the tape talks about on Sync Wave "Exploration Sleep"?

Answer: What Monroe calls an 'energy balloon' is actually a protective aura they have you place around yourself before the journey. Unfortunately Monroe wasn't into the psychic, so he is handicapped in this explanation.

Question 288: what is the exercise to "remember" that the person is talking about in that exercise?

Answer: Since you have those tapes, I suggest you direct your question to the Institute. Their customer service can assist with their products.

Question 289: Anything you can tell me about getting to Focus27? Any exercise?

Answer: No! And one more thing, if your Higher Self wants you to have that information, money would NOT be an issue AND you would have either been born in another, area of the

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world OR had the funds you need. We don't get everything we want JUST because we want it. You get what YOUR Higher Self needs in the incarnation shim has, for you, in Argentina. So, don't worry about what you can't get/do, just do what you can. If you are meant to get more, a way will open up for you.

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**Question 290:** There is this Cassiopeian group and their contacts on the internet. I have read over their information, and it is very interesting, and a lot of great truths there, but also pretty screwy and wrong. It conflicts directly with the Andromedan information on the number of levels of existence, and also directly about the nature of existence.

**Answer:** What you run into, with any "Follow Me" scenario is truth heavily coated with outright lies. This is because Higher Self incarnates will be drawn to the truths BUT, unless they are Advanced enough, they will not be able to discern some or all of the lies and just presume it to be all truth. We've ALL been there and it's part of the learning process. Remember: ALL alien groups have their agendas. I will have more to say on this in the near future.

**Question 291:** It really seems to be the product of a group of minds who have come into this "non-duality" mindset. It seems wrong to me. I'm not at the 5th right now, and I can't remember having been there, but still I can't think that this is the right way to view things, even if it is existentially possible (or common) to maintain this, I just don't like it.

**Answer:** It's a pulse coming to you from YOUR Higher Self that results in your being uncomfortable with the many "party lines". As you continue to progress, your connection to your Higher Self will improve and strengthen. I recommend the easy meditation I gave in M5 for increasing your Higher Self connection. I've been using it for well over a year since developing it.

**Question 292:** How common is it for us to feel this anger against "5th dimensional non-duality beings who are a little bored"?

**Answer:** You will eventually get to the best place for these feelings when you realize AND accept that this is ALL a Game. Once you move beyond majority body control, it will take on a whole new concept to you. As with above, I will be releasing more on this in the near future (in Second Edition of Matrix 5). You are where you are and that's OK. You WILL move beyond it, so keep reading and researching and become an observer.

**Question 293:** I would assume that there are 5th density and upward beings who DO see the value of separating good and evil? Should we ask them for assistance, or what?

**Answer:** NO! The only higher density being to ask assistance from is your Higher Self, the real you. This information is in M5.

**Question 294:** If we did send destructive energy at 5th and upwards beings that had messed with us, would it really do anything?

**Answer:** You would have NO effect on the Game. As Monroe said, when you try to work against the Game, it will notice you and deal with you. Is that what you want? You want to war against those who have set the Game. This is impossible with success. Don't worry

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about the externals. Instead concentrate on your internal development and let the Game do it's own thing. All will be made clear to you in your Final Incarnation.

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Question 295: Ok, so I have been working on contacting my higher self, but have been unsuccessful as of yet, at least in that completely assured, jaw dropping way described by some(never been to the big jelly fish in sky, basically). I do meditation for an hour or so each day, and generally, I work on expanding my perceptive abilities and connective sensitivities. I believe that this is the first step towards a solid link to my higher self.

I am aware of many 'forces' that try to impede me, due to my beginner status, and so occasionally have difficulty discerning what is really coming from the higher aspects of myself. Basically, I wanted to preface the major points I focus on, and see if anyone has any advice. There are three main things I work on: The first is to slow my brain waves down to theta or deep alpha (which is different than just relaxing the mind b/c you try and keep your conscious self aware, just refocused on deeper levels). This expands perception greatly. Second, I believe desire, will, intent, whatever you want to call it is important in calling the results you want into manifestation Third, I try without trying. Sort of like hitting the zone or pocket, just kind of letting things flow unimpeded. So far, I am seeing results, but not always as fast or effective as I would like. I am just thinking, does what I describe sound like I am putting up any blockages? OK, and lastly, does love have anything to do with contact between your higher self? I have heard from a number of sources, and believe to some extent, that love is one of those all pervading universal influences that allows growth and learning to take place, and I am not talking about that all is love, thank you sir can I have another slap in the face, light-sider kind. Rather, I refer to the love that allows a deeper understanding of the world and wondrousness that surrounds oneself through a sort of universal empathy. I have heard that a person needs to have their heart chakra open to properly communicate with the higher aspects of themselves b/c that love is the medium through which it can truly take place. Now, I believe this to some extent, but you, The Author, have constantly warned against falling into the trap of the light-side, which I am desirous of avoiding. So do we do as Don Juan, and have affection w/out attachment? I believe so, but sometimes I get the impression from The Author that we should regard everything indifferently as experience and learning, apart from emotions, when I believe that feeling is an integral part of incarnation. Forgive my assumptions, and don't brand me as a halo happy love trumpeter, but I have to ask, you know?

Answer: My comments on your 'love' dilemma is that you are trying to force yourself to find a single correct path based on others' experiences. Take what I say as guidance and not 'the only way'. Your incarnational level is not mine. Work at YOUR pace and don't compare what you are able to do or not do with what I have succeeded with. Your Higher Self has the Plan all set out for you. You can't force yourself to be a Final or a Dominant if you aren't meant to be, and if you are one of those incarnations, you will Awaken when it is your time. THEN you can have the big AH-HA! So learn what you can at your pace and don't be concerned with the level of others. You probably won't get to, what you see as the 'indifferent' level (it's not, but, from where you're at, I'm sure it seems so), until you are a Final incarnation. You MAY become so in certain areas with different VERY Advanced incarnations, but it won't really hit you (and you'll embrace it) until you're a Final. Enjoy learning and your incarnation, but being OVER anxious can set its own blockages.

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